**The University of Texas at Arlington**

**College of Nursing**

**N5390 Special Topics in Nursing Advanced Practice: Women’s Health**

**Winter Intersession 2013**

**Instructors:**

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| **Jackie L. Michael PhD, RN, WHNP-BC**  *Clinical Assistant Professor*  Office Number: Pickard Hall 628-A  Office Telephone: (817) 272-2776  Office Fax: (817) 272-5006  Email Address: [michaels@uta.edu](mailto:michaels@uta.edu)  Office Hours: By Appointment  Faculty Profile: <https://www.uta.edu/mentis/profile/?316> |
| **Beth McClean, PhDc, MSN, RN, FNP, APRN-BC**  *Clinical Instructor*  Office Number: 626 Pickard Hall  Office Telephone: (817) 272-2776  Office Fax: (817) 272-5006  Email Address: [mcclean@uta.edu](mailto:mcclean@uta.edu)  Office Hours: By Appointment  Faculty Profile: <https://www.uta.edu/mentis/profile/?1668> |

**Section Information:** NURS 5390 Section 002

**Time and Place of Mandatory Class Meetings: Wednesdays (12-18-13 and 1-8-14) 9:00am -5:00pm Pickard Hall, Room 220**

**Description of Course Content**: Addresses concepts of health care of female patients throughout the life span. Explores the physiology of the reproductive continuum, including childbearing and clinical management approaches specific to the health care of women.

**Requirements:**

Completion of N5418 by permission of instructor.

**Student Learning Outcomes:** Upon completion of the course, the student will be able to:

1. Analyze advanced issues in women’s health care across the lifespan.
2. Provide appropriate counseling about women’s health care, using resources of and a multi-disciplinary team approach.

3. Assess and manage multiple dimensions, including physical, physiological and psycho social, to improve quality in women’s health care.

5. Utilize evidence-based approaches in the treating health problems of women across the life span.

6. Coordinate care for females with diverse cultural and spiritual beliefs and customs.

**Required Textbooks and Other Course Materials:**

As this is an Elective course, we plan to bring the suggested textbooks to class on 12-18-13 so each learner can decide which book(s) may meet their learning and practice needs.

**Descriptions of major assignments and examinations with due dates:**

**Evaluation Methods:**

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| **Test 1** | **20%** | **12.29.13** |
| **Test 2** | **20%** | **1.7.14** |
| Evidence based Topic  **Online Discussion** | **10%** | **1.5.14** |
| Media and Women’s Health  **Online Discussion** | **10%** | **1.5.14** |
| Cultural influences and considerations in Women’s Health  **Online Discussion** | **10%** | **1.5.14** |
| **Individual Presentations** | **20%** | **1.6.14** |
| **Panel Presentations**  ( to include Portfolios) | **10%** | **1.8.14** |

**Grading Policy:**

Students are expected to keep track of their performance throughout the semester and seek guidance from available sources (including the instructor) if their performance drops below satisfactory levels.

Course Grading Scale

A = 92 to 100

B = 83 to 91

C = 74 to 82

D = 68 to 73 – cannot progress

F = below 68 – cannot progress

The existing rule of C or better to progress remains in effect; therefore, to successfully complete a nursing course, students shall have a course grade of 70.00 or greater.

**Grade Grievances:** Any appeal of a grade in this course must follow the procedures and deadlines for grade-related grievances as published in the current graduate catalog. <http://grad.pci.uta.edu/about/catalog/current/general/regulations/#gradegrievances>

**Expectations of Out-of-Class Study:** Beyond the time required to attend each class meeting, students enrolled in this course should expect to spend at least an additional 6-9 hours per week on their own time in course-related activities, including reading required materials, completing assignments, preparing for exams, etc.

**Accountability for Online Participation**

Online activities can be completed from any computer with internet access. Computers are available in the Learning Resource Center, the main library and through campus computer facilities. In the event of technical difficulties, students are responsible to inform the co-lead teacher via email and/or telephone within 24 hours. The student remains responsible for all assigned work, regardless of technical difficulties on a remote computer.

**Policy for Missed Unit Examination**:

Students that miss a scheduled test must notify a faculty member prior to the scheduled exam and make arrangements to take the test within 7 days of the test day. The make-up test will be at the discretion of the instructor. No assigned work will be accepted beyond the date and time due unless prior arrangements have been made with the faculty.

**Attendance Policy:** Regular class attendance and participation is expected of all students. Students are responsible for all missed course information.

**Drop Policy** Graduate students who wish to change a schedule by either dropping or adding a course must first consult with their Graduate Advisor. Regulations pertaining to adding or dropping courses are described below. Adds and drops may be made through late registration either on the Web at MyMav or in person through the student’s academic department. Drops can continue through a point two-thirds of the way through the term or session. It is the student's responsibility to officially withdraw if they do not plan to attend after registering. **Students will not be automatically dropped for non-attendance**. Repayment of certain types of financial aid administered through the University may be required as the result of dropping classes or withdrawing. Contact the Office of Financial Aid and Scholarships at <http://wweb.uta.edu/aao/fao/> . The last day to drop a course is listed in the Academic Calendar available at <http://www.uta.edu/uta/acadcal.php?session=20136>

1. A student may not add a course after the end of late registration. August 23-29, 2013.
2. A student dropping a graduate course after the Census Date but on or before the end of the 10th week of class may with the agreement of the instructor, receive a grade of W but only if passing the course with a C or better average. A grade of W will not be given if the student does not have at least a C average. In such instances, the student will receive a grade of F if he or she withdraws from the class. Students dropping a course must:

(1) Contact course faculty to obtain permission to drop the course with a grade of “W”.

(2) Complete the form, sign electronically, (available at <http://www.uta.edu/nursing/msn/msn-forms/> ) email to the course faculty for their electronic signature using the envelope located in the toolbar at the top of your screen and copy your graduate program advisor using the appropriate email: MSN-NP – [sdecker@uta.edu](mailto:sdecker@uta.edu)

(3) Contact the graduate program advisor to verify the approved form was received from the faculty, the course drop was processed and schedule an appointment to revise student degree plan.

1. Students who drop all coursework at UTA must check the RESIGN box. Students staying in a least one course and dropping other coursework will check the DROP COURSE(S) box.
2. In most cases, a student may not drop a graduate course or withdraw (resign) from the University after the 10th week of class. Under extreme circumstances, the Dean of Graduate Studies may consider a petition to withdraw (resign) from the University after the 10th week of class, but in no case may a graduate student selectively drop a course after the 10th week and remain enrolled in any other course. Students should use the special Petition to Withdraw for this purpose. See the section titled Withdrawal (Resignation) From the University for additional information concerning withdrawal. <http://grad.pci.uta.edu/faculty/resources/advisors/current/>

**Census Day: December 17, 2013**

**Last day to drop or withdraw: January 3, 2014**

**Americans with Disabilities Act:**  The University of Texas at Arlington is on record as being committed to both the spirit and letter of all federal equal opportunity legislation, including the *Americans with Disabilities Act (ADA)*. All instructors at UT Arlington are required by law to provide "reasonable accommodations" to students with disabilities, so as not to discriminate on the basis of that disability. Any student requiring an accommodation for this course must provide the instructor with official documentation in the form of a letter certified by the staff in the Office for Students with Disabilities, University Hall 102. Only those students who have officially documented a need for an accommodation will have their request honored. Information regarding diagnostic criteria and policies for obtaining disability-based academic accommodations can be found at [www.uta.edu/disability](http://www.uta.edu/disability) or by calling the Office for Students with Disabilities at (817) 272-3364.

**Academic Integrity:**  All students enrolled in this course are expected to adhere to the UT Arlington Honor Code:

*I pledge, on my honor, to uphold UT Arlington’s tradition of academic integrity, a tradition that values hard work and honest effort in the pursuit of academic excellence.*

*I promise that I will submit only work that I personally create or contribute to group collaborations, and I will appropriately reference any work from other sources. I will follow the highest standards of integrity and uphold the spirit of the Honor Code.*

Per UT System Regents’ Rule 50101, §2.2, suspected violations of university’s standards for academic integrity (including the Honor Code) will be referred to the Office of Student Conduct. Violators will be disciplined in accordance with the University policy, which may result in the student’s suspension or expulsion from the University.

"Scholastic dishonesty includes but is not limited to cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts."

As a licensed registered nurse, graduate students are expected to demonstrate professional conduct as set forth in the Texas Board of Nursing rule **§215.8. in the event that a graduate student holding an RN license is found to have engaged in academic dishonesty, the college may report the nurse to the Texas BON using rule §215.8 as a guide.**

**Plagiarism:** Copying another student’s paper or any portion of it is plagiarism. Copying a portion of published material (e.g., books or journals) without adequately documenting the source is plagiarism. Consistent with APA format, if five or more words in sequence are taken from a source, those words must be placed in quotes and the source referenced with author’s name, date of publication, and page number of publication. If the author’s ideas are rephrased, by transposing words or expressing the same idea using different words, the idea must be attributed to the author by proper referencing giving the author’s name and date of publication. If a single author’s ideas are discussed in more than one paragraph, the author must be referenced, according to APA format. Authors whose words or ideas have been used in the preparation of a paper must be listed in the references cited at the end of the paper. Students are expected to review the plagiarism module from the UT Arlington Central Library via <http://library.uta.edu/plagiarism/index.html>

**Student Support Services**: UT Arlington provides a variety of resources and programs designed to help students develop academic skills, deal with personal situations, and better understand concepts and information related to their courses. Resources include tutoring, major-based learning centers, developmental education, advising and mentoring, personal counseling, and federally funded programs. For individualized referrals, students may visit the reception desk at University College (Ransom Hall), call the Maverick Resource Hotline at 817-272-6107, send a message to [resources@uta.edu](mailto:resources@uta.edu), or view the information at [www.uta.edu/resources](http://www.uta.edu/resources).

**Electronic Communication:**  The University of Texas at Arlington has adopted “MavMail” as its official means to communicate with students about important deadlines and events, as well as to transact university-related business regarding financial aid, tuition, grades, graduation, etc. All students are assigned a MavMail account and are responsible for checking the inbox regularly. There is no additional charge to students for using this account, which remains active even after graduation. Information about activating and using MavMail is available at <http://www.uta.edu/oit/cs/email/mavmail.php>. If you are unable to resolve your issue contact the Helpdesk at [helpdesk@uta.edu](mailto:helpdesk@uta.edu). ***Students are responsible for checking their MavMail regularly.***

**Student Feedback Survey:**  At the end of each term, students enrolled in classes categorized as lecture, seminar, or laboratory shall be directed to complete a Student Feedback Survey (SFS). Instructions on how to access the SFS for this course will be sent directly to each student through MavMail approximately 10 days before the end of the term. Each student’s feedback enters the SFS database anonymously and is aggregated with that of other students enrolled in the course. UT Arlington’s effort to solicit, gather, tabulate, and publish student feedback is required by state law; students are strongly urged to participate. For more information, visit <http://www.uta.edu/sfs>.

**Emergency Exit Procedures:** Should we experience an emergency event that requires us to vacate the building, students should exit the room and move toward the nearest exit. When exiting the building during an emergency, one should never take an elevator but should use the stairwells. Faculty members and instructional staff will assist students in selecting the safest route for evacuation and will make arrangements to assist handicapped individuals.

**Librarian to Contact:**

**Antoinette Nelson**, *Nursing Librarian*

Phone: (817) 272-7433

E-mail: [nelson@uta.edu](mailto:nelson@uta.edu)

Research Information on Nursing:

[**http://libguides.uta.edu/nursing**](http://libguides.uta.edu/nursing)

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| **Antoinette Nelson, MLS - Department Head: STEM Outreach & Scholarship**  Science & Engineering Library  Nedderman Hall BO3| Box 19497 | Arlington, TX 76019  817.272.7433 (W) | 817-235-4411 (C) | 817-272-5803 (F)  <http://www.uta.edu/library/sel/> | [nelsona@uta.edu](mailto:nelsona@uta.edu)  <http://libguides.uta.edu/profile/nelson> |

Library Home Page <http://www.uta.edu/library>

Subject Guides <http://libguides.uta.edu>

Subject Librarians <http://www.uta.edu/library/help/subject-librarians.php>

Database List <http://www.uta.edu/library/databases/index.php>

Course Reserves <http://pulse.uta.edu/vwebv/enterCourseReserve.do>

Library Catalog <http://discover.uta.edu/>

E-Journals <http://liblink.uta.edu/UTAlink/az>

Library Tutorials <http://www.uta.edu/library/help/tutorials.php>

Connecting from Off- Campus <http://libguides.uta.edu/offcampus>

Ask A Librarian [http://ask.uta.edu](http://ask.uta.edu/)

**UTA College of Nursing Additional Information:**

**Status of RN Licensure:** All graduate nursing students must have an unencumbered license as designated by the Texas Board of Nursing (BON) to participate in graduate clinical nursing courses. It is also imperative that any student whose license becomes encumbered by the BON must immediately notify Dr. Mary Schira, Associate Dean- Department of Advanced Practice Nursing. The complete policy about encumbered licenses is available online at: [www.bon.state.tx.us](http://www.bon.state.tx.us)

**MSN Graduate Student Dress Code:** The University of Texas at Arlington College of Nursing expects students to reflect professionalism and maintain high standards of appearance and grooming in the clinical setting. **Clinical faculty has final judgment on the appropriateness of student attire and corrective action for dress code infractions. Students not complying with this policy will not be allowed to participate in clinical.**

**Please View the College of Nursing Student Dress Code on the nursing website:** <http://www.uta.edu/nursing/msn/msn-students> **.**

**UTA Student Identification: MSN Students MUST be clearly identified as UTA Graduate Students and wear a UTA College of Nursing ID in the clinical environment.**

**Blood and Body Fluids Exposure:** A Health Verification form was signed by all MSN students at start of the program documenting personal health insurance coverage. All MSN students have mandatory health insurance and will need to manage exposure to blood and fluids. Current CDC guidelines can be found at:<http://www.cdc.gov/>

**Graduate Student Handbook:** Students are responsible for knowing and complying with all policies and information contained in the Graduate Student handbook online at: <http://www.uta.edu/nursing/msn/msn-students>

**Student Code of Ethics:** The University of Texas at Arlington College of nursing supports the Student Code of Ethics Policy. Students are responsible for knowing and complying with the Code. The Code can be found in the student handbook online: <http://www.uta.edu/nursing/msn/msn-students>

**No Gift Policy:** In accordance with Regent Rules and Regulations and the UTA Standards of Conduct, the College of Nursing has a “no gift” policy. A donation to one of the UTA College of Nursing Scholarship Funds, found at the following link: is <http://www.uta.edu/nursing/student-resources/scholarship> would be an appropriate way to recognize a faculty member’s contribution to your learning.  For information regarding Scholarship Funds, please contact the Dean’s office.

**Online Conduct:** The discussion board should be viewed as a public and professional forum for course-related discussions. Students are free to discuss academic matters and consult one another regarding academic resources. The tone of postings should be professional in nature.

It is not appropriate to post statements of a personal or political nature, or statements criticizing classmates or faculty. Inappropriate statements/language will be deleted by the course faculty and may result in denied access to the Discussion boards. Refer to UTACON Student Handbook for more information.

***For this course Blackboard communication tools, discussion boards, and UTA MAV email will be used extensively and should be checked often.***

**Writing Center:** The English Writing Center, Room 411 in the Central Library, provides support to UT-Arlington undergraduate and graduate students and instructors. Undergraduate and graduate student consultants in the Writing Center are trained to help student writers at any stage in their writing processes. Consultants are trained to attend to rhetorical and organizational issues that instructors value in student writing. Although consultants will assist students in identifying and correcting patterns of grammatical or syntactical errors, they are taught to resist student entreaties to become editors or proofreaders of student papers.

The Writing Center offers tutoring for any assigned writing during enrollment at UT-Arlington. Individuals may schedule appointments online by following directions available at [www.uta.edu/owl](http://www.uta.edu/owl), or by visiting the Writing Center.

The Writing Center Director, Assistant Director, or tutors are available to make classroom presentations describing Writing Center services. The Writing Center also offers workshops on topics such as documentation and will design specialized workshops at the request of instructors. To schedule a classroom visit or inquire about a workshop, please e-mail or call Tracey-Lynn Clough, Writing Center director, at [clought@uta.edu](mailto:clought@uta.edu) or 817-272-2517.

Departmental Office/Support Staff for Advanced Practice Nursing

**Mary Schira,** PhD, RN, ACNP-BC

Associate Dean and Chair; Graduate Advisor

Email: [schira@uta.edu](mailto:schira@uta.edu)

**Sheri Decker**, Assistant Graduate Advisor

Office # 606-Pickard Hall, (817)-272-0829

Email: [sdecker@uta.edu](mailto:sdecker@uta.edu)

**Rose Olivier**, Administrative Assistant I

Office # 605-Pickard Hall, (817) 272-9517

Email: [olivier@uta.edu](mailto:olivier@uta.edu)

**Janyth Arbeau,** Clinical Coordinator

Office # 610- Pickard Hall, (817) 272-0788

Email: [Arbeau@uta.edu](mailto:Arbeau@uta.edu) or [npclinicalclearance@uta.edu](mailto:npclinicalclearance@uta.edu)

**Sonya Darr**, Senior Office Assistant

Office # 609-Pickard Hall, (817)-272-2043

Email: [sdarr@uta.edu](mailto:sdarr@uta.edu)

**Kimberly Hodges,** Senior Office Assistant

Office #610 Pickard Hall, (817) 272-9373

E-mail: [khodges@uta.edu](mailto:khodges@uta.edu) or [npclinicalclearance@uta.edu](mailto:npclinicalclearance@uta.edu)

**Timara Spivey**, Admissions Assistant

Office # 602, Pickard Hall (817) 272-4796

Email: [tnspivey@uta.edu](mailto:tnspivey@uta.edu)

**Class meeting dates which are Mandatory: Wednesdays (12-18-13 and 1-8-14) 9:00am -5:00pm Pickard Hall, Room 220**

**Course Content and Topics**

Module 1: Introduction to Women’s Health/Reproductive Cycle

Module 2: Gynecologic Problems across the Lifespan

Module 3: Normal Pregnancy and Problems in Pregnancy

Module 4: Contraception

Module 5: Sexual function and disorders

Module 6: Urogynecology

Module 7: Breast Function and Disorders

Module 8: Bone Health

Module 9: Cultural Beliefs and Women’s Health

**Course Overview, Syllabus, Test 1 and 2, Presentation and Portfolio, Online Discussion topics and Assignments with Rubrics will be discussed in orientation to the course scheduled on 12-18-13.**

**N5390 Women’s Health Elective: Special Topics**

**2013 Winter Intersession**

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| **12-18-13 (Wednesday): PKH 220: INTRODUCTION** | | |
| **0900-0930** | Introduction to Syllabus and Assignments | Beth Mclean and Jackie Michael |
| **0930-1020** | Introduction and Overview of The Female Reproduction | Jackie Michael |
| **1030-1120** | STD: Infections and Inflammatory conditions  diagnosis  management  treatment | Beth Mclean |
| **1130-1200** | Cytology: Recommendations for Screening across the Lifespan | Jackie Michael |
| **1200-1230** | Abnormal Cytology Counseling Management of Abnormal Cytology  Colposcopy  Microscope-Cytology Slides | Jackie Michael |
| **1230-1330** | **Lunch** | |
| **1330-1430** | Contraceptive Overview and Decision making | Jackie Michael |
| **1430-1530** | Contraceptive Management | Beth Mclean |
| **1230-1330** | **Lunch** | |
| **1330-1430** | Contraceptive Overview and Decision making | |
| **1430-1530** | Contraceptive Management   * IUD * Implanon * OCP Management | |
| **1530-1630** | Project Demonstration and Discussion of Assignments and Due Dates | |
| **1630-1700** | Open Discussion and Q&A | |

**Descriptions of major assignments and examinations with due dates and Evaluation Methods:**

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| --- | --- | --- | --- |
| **Assignments and Tests** | **Due Dates** | **Grade** | **Method of submission for Grading** |
| Test 1 | 12.29.13 | 20% | Online |
| Test 2 | 1.7.14 | 20% | Online |
| Evidence based Topic | 1.5.14 | 10% | Online Discussion Board |
| Media and Women’s Health | 1.5.14 | 10% | Online Discussion Board |
| Cultural influences and considerations in Women’s Health | 1.5.14 | 10% | Online Discussion Board |
| Individual Presentations | 1.6.14 | 20% | Online Discussion Board postings with Power Point Slides with detail content with references and content in the speaker notes in |
| Panel Presentations  ( to include Portfolios)  and Participation Grade | 1.8.14 | 10% | PKH 220 |

*As the instructor for this course, I reserve the right to adjust this schedule in any way that serves the educational needs of the students enrolled in this course. –Jackie L. Michael.*