



## Syllabus

**THE UNIVERSITY OF TEXAS AT ARLINGTON  
COLLEGE OF NURSING  
RN to BSN ACADEMIC PARTNERSHIP PROGRAM**

N3325 Holistic Care of Older Adults

### **Course Description**

Introduction to principles and standards of gerontologic nursing. Selected concepts and issues related to aging and its impact on society and health care. Registered nurse students only.

### **Credit Hours and Clock Hours**

Credit hours (3-0)

### **Placement in Curriculum**

Flexible in the RN-BSN program

### **Course Prerequisites**

N3645 Transition to Professional Nursing

Composition I & II

Technical Writing (or co-requisite)

### **Course Professor**

Janet McLean, MSN, RN  
Clinical Instructor

[jmclean@uta.edu](mailto:jmclean@uta.edu)

Cell: 817-480-6233 (please do not leave messages on office phone- use cell phone if you need to make contact with instructor **after contacting Academic Coach**)

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## Course Outcomes

Course Performance Outcomes <i>At the end of this course,            the student should be able to:</i>	Performance Measurement
<ul style="list-style-type: none"> <li>Promote adherence to the evidence-based practice of providing restraint-free care (both physical and chemical restraints).</li> </ul>	Quizzes, and Assignments
<ul style="list-style-type: none"> <li>Implement strategies and use online guidelines to prevent and/or identify and manage geriatric syndromes</li> </ul>	Quizzes, Discussion and Assignments
<ul style="list-style-type: none"> <li>Recognize the complex interaction of acute and chronic co-morbid physical and mental conditions and associated treatments common to older adults</li> </ul>	Quizzes, Discussion , Assignments
<ul style="list-style-type: none"> <li>Identify actual or potential mistreatment (physical, mental, or financial abuse, and/or self neglect) in older adults and refer appropriately</li> </ul>	Quizzes, Discussion , Assignments
<ul style="list-style-type: none"> <li>Assess barriers for older adults in receiving, understanding and giving of information</li> </ul>	Life Review Assignment and reflections

<ul style="list-style-type: none"> <li>Facilitate ethical, non-coercive decision making by older adults and /or families/caregivers for maintaining everyday living, receiving treatment, initiating advance directives and implementing end of care</li> </ul>	<p>Discussion and assignments</p>
<ul style="list-style-type: none"> <li>Recognize and respect the variations of care, the increased complexity and the increased use of healthcare resources in caring for older adults</li> </ul>	<p>Quizzes, exams</p>
<ul style="list-style-type: none"> <li>Incorporate professional attitudes, values and expectations about physical and mental aging in the provision of patient centered care for older adults and their families</li> </ul>	<p>Quizzes, exams, discussion</p>
<ul style="list-style-type: none"> <li>Implement and monitor strategies to prevent risk and promote quality and safety (eg., falls, medication mismanagement, pressure ulcers) in the nursing care of older adults with physical and cognitive needs</li> </ul>	<p>Quizzes, exams, assignment</p>
<ul style="list-style-type: none"> <li>Utilize resources/programs to promote functional, physical and mental wellness in older adults.</li> </ul>	<p>Quizzes, exam, assignments</p>

## Teaching Methods

## Readings and online videos

### Video Lectures

### Written Assignments

Each student will conduct an interview with an Elder for the purpose of assisting that person in performing a **Life Review**. The guidelines for the interview and paper, as well as the grading rubric will be available ONLINE. Students are expected to work independently on this project. The Life Review Analysis will count as 20% of the total course grade.

Other assignments must be completed and submitted as directed in the courseware:

#### Self-Assessment

#### Life Review Interview Consent Form/Schedule

#### Life Review Ego Integrity Research

#### Life Review Interview

#### Discussions

***All written assignments must be completed in order to pass the course. If assignments are not completed a grade of "F" will be assigned to the final course grade***

### Discussion Boards

The discussion board should be viewed as a public and professional forum for discussion. Students are free to discuss academic matters and consult one another regarding academic resources. The tone of postings on the discussion board should remain professional in nature. It is not appropriate to post statements of a personal or political nature, or statements criticizing classmates or faculty. Inappropriate statements will be deleted by the course faculty.

### Quizzes

As nurses, we are guided by a set of practice expectations. A very important part of these expectations is appropriate moral and ethical behavior. Therefore, it is expected that you will work alone and without notes to take each of the online quizzes. You are expected to maintain test security by not discussing the questions with your peers or attempting to copy the quizzes in any way. If you discuss quiz questions or content of quizzes with others this is a violation of test security, and will result in being reported for academic dishonesty. We take test-security very seriously at the College of nursing. Violations in test security are considered not just academic violations, but ethical violations, which is unacceptable behavior for nursing professionals.

Course quizzes will be posted online. Quizzes will be available to students during a specified time period listed on the course schedule. Quizzes will include information from the assigned course content/slide presentations and readings. Please review the online quiz

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instructions prior to attempting the quiz. Since the quiz is timed, you will be unable to return to any skipped items and the instructor/coach will be unable to restart the quiz for you. Remember to save your answers. The quiz will not be available online after the deadline and students not completing the quiz at that time will receive a "0". Quizzes may be multiple choice, fill in the blank, or short answer. There will be no makeup quizzes.

**Five online quizzes will be given, one at the end of each week's content..** Before taking an online quiz, you must acknowledge you have read, have understood and will comply with the following statement:

*I certify these responses are entirely my own work. I have not copied the work of any other student (past or present) or collaborated with anyone on this quiz. In addition, I will not share the questions or answers from this quiz with other students. I understand that academic dishonesty is grounds for dismissal from the program.*

All students are expected to take the quizzes during the scheduled time. In the event a student anticipates that he/she will not be able to meet the deadline for taking a quiz due to circumstances beyond his/her control, the student is expected to notify the Academic Coach **before** the deadline.

### **UTA College of Nursing Grading Criteria**

In order to successfully complete an undergraduate nursing course at UTA, the following minimum criteria must be met:

70% weighted average on proctored exams (there are no proctored exams in this course)

70% weighted average on major written assignments  
(i.e. non-written, computerized assignments, etc.)

90% on medication test and practicum check off (if applicable)

**In undergraduate nursing courses, all grade calculations will be carried out to two decimal places, and there will be no rounding of grades.** Letter grades for tests, written assignments, end-of-course grades, etc., shall be:

A: 90.00 - 100.00

B: 80.00 - 89.99

C: 70.00 - 79.99

D: 60.00 - 69.99

The existing rule of C or better to progress remains in effect; therefore, to successfully complete a nursing course, students shall have a course grade of 70.00 or greater.

Students are expected to keep track of their performance throughout the semester and seek guidance from available sources (including the instructor) if their performance drops below satisfactory levels.

## Evaluation

Components to Be Graded	%
Quizzes (5)	25% (5 at 5% each)
<b>Participation</b>	<b>55%</b>
Self-Assessment	1%
Discussions (5)	25% (5 at 5% each)
<b>Life Review:</b>	
Interview Schedule Form,	2%
Ego Integrity Research,	7%
Interview Reflection	6%
Consent Form	2%
Life Review Analysis	20%
<b>Reflections</b>	
Immobility and Functional Decline	6%
Grief and Final Reflections	6%

TOTAL	100%
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Successful completion of the course requires reading the readings, viewing the videos, interacting in the online discussions, completing the required assignments, and participation in course activities.

All participation will be electronically monitored. *Late papers may be penalized up to 5 points for every day late after the date and time due unless **prior arrangements** have been made with the faculty.* Exam questions will be oriented toward evaluation of application and analysis as well as knowledge acquired. Failure to complete an exam as scheduled may result in an “F” for the exam unless **prior** arrangements have been made with the faculty. Students not taking the exam on the designated day and time will be required to notify the faculty **on or before** the test day and make arrangements to take the test. The makeup test will be at the discretion of the Instructor.



**Course Planning Calendar : All Due Dates and Times are Central Standard Time. If you are working from another time zone, please be sure to adjust your working schedule to accommodate these deadlines!**

	<b>Assignment</b>	<b>Due Date/TIME</b>
<b>Week 1 1<sup>st</sup> Assignment</b>	Attestation Statement to be completed and submitted before any other assignments will be graded, which could result in points deducted from them for "late" submission.	WED 2359
<b>Week 1</b>	Discussion	First post by 2359 WED Week 1; Reply by 2359 TUES of Week 2
	Self-Assessment	<b>WED 2359 WK 1</b>
	Week 1 Assignment – <i>Interview Schedule Form for Life Review with Appointment Date confirmation</i>	<b>MON 0800 Week 2</b>
	Quiz	<b>MON 0800 Week 2</b>
<b>Week 2</b>	Discussion	First post by 2359 WED Week 2; Reply by 2359 TUES of Week 3
	Week 2 Assignments 1 & 2 – <i>Immobility and Functional Decline and Ego Integrity Research for Life Review</i>	<b>MON 0800 Week 3</b>

	Quiz	<b>MON 0800 Week 3</b>
<b>Week 3</b>	Discussion	First post by 2359 WED Week 3; Reply by 2359 TUES of Week 4
	Week 3 Assignment – <i>Reflections on Life Review Interview</i>	<b>MON 0800 Week 4</b>
	Quiz	<b>MON 0800 Week 4</b>
<b>Week 4</b>	Discussion	First post by 2359 WED Week 4; Reply by 2359 TUES of Week 5
	Week 4 Assignments – <i>Life Review Analysis Interview Consent Form submitted</i>	<b>MON 0800 Week 5</b>
	Quiz	<b>MON 0800 Week 5</b>
<b>Week 5</b>	Discussion	First post by 2359 <u>WED</u> Week 5; Reply by 2359 <u>SAT</u> of Week 5

	Week 5 Assignment – Assignments and test are due over the weekend in order for grades to be calculated by the end of the course	<b>SAT 0800</b>
	<i>Grief and Final Reflections</i>	
	Quiz	<b>SAT 0800</b>
	Course Evaluation	<b>SAT</b>

### **NO REQUIRED Textbook**

If the student wants to purchase a textbook , then the following ***optional*** book is recommended:

Touhy, T & Jett, K. Ebersole and Hess' Gerontological Nursing & Healthy Aging, 4e , Mosby **ISBN-10:** 0323096069

### **Student Evaluation of Teaching**

At the end of the course, you will be asked to complete an evaluation form of the course content and the faculty's effectiveness.

### **Faculty Responsibilities**

The faculty will provide learning experiences designed to meet essential course content; collaborate with students to facilitate the learning process; support creative, independent learning; and provide guidelines for students in the pursuit of professional development.

Students will receive immediate feedback about exams, and timely feedback about written assignments.

### Faculty Philosophy

The faculty believes in personal responsibility for learning. Every effort will be made to make your experience interesting and enjoyable, however you will only be successful if you participate fully in the readings and assignments. It is our intention for the student to immerse her/himself in the material and begin to imagine how it feels to age and how aging can affect the quality of our lives, for better or worse.

### **Student Responsibilities**

The student is responsible for reading assigned materials, viewing the lecture videos, participating in the course discussions, completing assigned work, and reviewing other materials as necessary to support comprehension of course content. Students are responsible for all

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material provided online, including lecture notes, announcements, and material that results from group discussions. Students are responsible for communicating needs/concerns to their Academic Coach. As necessary, the Academic Coach will communicate with the course faculty member.

Students are expected to participate in the online discussions and students' comments/responses should reflect academic preparation. All written presentations should follow APA format guidelines, using correct grammar, spelling, and punctuation.

## Library Information

**Antoinette Nelson – [nelsona@uta.edu](mailto:nelsona@uta.edu) / 817-272-7433 – Nursing Librarian**

Research information on Nursing: <http://libguides.uta.edu/nursing>

## UTA Information

### Academic Integrity

All students enrolled in this course are expected to adhere to the UT Arlington Honor Code:

*I pledge, on my honor, to uphold UT Arlington's tradition of academic integrity, a tradition that values hard work and honest effort in the pursuit of academic excellence.*

*I promise that I will submit only work that I personally create or contribute to group collaborations, and I will appropriately reference any work from other sources. I will follow the highest standards of integrity and uphold the spirit of the Honor Code.*

Instructors may employ the Honor Code as they see fit in their courses, including (but not limited to) having students acknowledge the honor code as part of an examination or requiring students to incorporate the honor code into any work submitted. Per UT System *Regents' Rule* 50101, §2.2, suspected violations of university's standards for academic integrity (including the Honor Code) will be referred to the Office of Student Conduct. Violators will be disciplined in accordance with University policy, which may result in the student's suspension or expulsion from the University.

### Plagiarism:

Copying another student's paper or any portion of it is plagiarism. Additionally, copying a portion of published material (e.g., books or journals) without adequately documenting the source is plagiarism. If five or more words in sequence are taken from a source, those words must be placed in quotes and the source referenced with author's name, date of publication, and page number of publication.

If the author's ideas are rephrased, by transposing words or expressing the same idea using different words, the idea must be

attributed to the author by proper referencing, giving the author's name and date of publication. If a single author's ideas are discussed in more than one paragraph, the author must be referenced at the end of each paragraph. Authors whose words or ideas have been used in the preparation of a paper must be listed in the references cited at the end of the paper. Students are encouraged to review the plagiarism module from the UT Arlington Central Library via <http://library.uta.edu/tutorials/Plagiarism>

## Statement for Americans with Disabilities Act

The University of Texas at Arlington is on record as being committed to both the spirit and letter of all federal equal opportunity legislation, including the Americans with Disabilities Act (ADA). All instructors at UT Arlington are required by law to provide "reasonable accommodations" to students with disabilities, so as not to discriminate on the basis of that disability. Any student requiring an accommodation for this course must provide the instructor with official documentation in the form of a letter certified by the staff in the Office for Students with Disabilities, University Hall 102. Only those students who have officially documented a need for an accommodation will have their request honored. Information regarding diagnostic criteria and policies for obtaining disability-based academic accommodations can be found at [www.uta.edu/disability](http://www.uta.edu/disability) or by calling the Office for Students with Disabilities at (817) 272-3364.

## Online Conduct

The discussion opportunities should be viewed as a public and professional forum for course-related discussions. Students are free to discuss academic matters and consult one another regarding academic resources. The tone of online postings should be professional in nature. It is not appropriate to post statements of a personal or political nature or statements criticizing classmates or faculty. Inappropriate statements/language will be deleted by the course faculty and may result in denied access to the discussion board.

## Electronic Communication

UT Arlington has adopted MavMail as its official means to communicate with students about important deadlines and events, as well as to transact university-related business regarding financial aid, tuition, grades, graduation, etc. All students are assigned a MavMail account and are responsible for checking the inbox regularly. There is no additional charge to students for using this account, which remains active even after graduation. Information about activating and using MavMail is available at <http://www.uta.edu/oit/cs/email/mavmail.php>.

## Student Feedback Survey

At the end of each term, students enrolled in classes categorized as lecture, seminar, or laboratory shall be directed to complete a Student Feedback Survey (SFS). Instructions on how to access the SFS for this course will be sent directly to each student through

MavMail approximately 10 days before the end of the term. Each student's feedback enters the SFS database anonymously and is aggregated with that of other students enrolled in the course. UT Arlington's effort to solicit, gather, tabulate, and publish student feedback is required by state law; students are strongly urged to participate. For more information, visit <http://www.uta.edu/sfs>

## Student Support Services

UT Arlington provides a variety of resources and programs designed to help students develop academic skills, deal with personal situations, and better understand concepts and information related to their courses. Resources include tutoring, major-based learning centers, developmental education, advising and mentoring, personal counseling, and federally funded programs. For individualized referrals, students may visit the reception desk at University College (Ransom Hall), call the Maverick Resource Hotline at 817-272-6107, send a message to [resources@uta.edu](mailto:resources@uta.edu), or view the information at [www.uta.edu/resources](http://www.uta.edu/resources).

## College of Nursing Information

### Student Code of Ethics

The University of Texas at Arlington College of Nursing supports the Student Code of Ethics Policy. Students are responsible for knowing and complying with the Code. The Code can be found in the UTACON Student Handbook.

### APA Format

All nursing papers are expected to follow American Psychological Association (APA) format. In addition to the APA manual, a brief summary of commonly used APA information may be found under the UTACON Student Handbook.

The Student Handbook can be found by going to the following link: <http://www.uta.edu/nursing/handbook/toc.php> or by going to the nursing website [www.uta.edu/nursing](http://www.uta.edu/nursing) and using the link provided under Current Students.

### Policy on Retaining Student Papers:

According to policy in the UTAN Faculty Handbook, all examinations and other written work on which grades are based, unless returned to the student, will be kept for a period of one semester or summer beyond the end of the semester in which the work is performed. The decision whether to return written materials is the prerogative of the professor.

Faculty members reserve the right to make photocopies of student written materials for accreditation and other school-related purposes.

## Classroom Conduct Guidelines:

The Faculty of the RN-BSN Program believes that classroom teaching has two goals: the provision of content pertinent to the discipline of nursing and the socialization of students into the professional role. We are committed to providing the curriculum in an atmosphere conducive to student learning and in a manner that will prepare graduates to be successful in the health care workplace. Refer to the Student Handbook for more information.

## Professional Conduct on Blackboard and Social Media Sites

The Blackboard Discussion Board is to be viewed as a professional forum for student discussions. Students are free to discuss academic matters and consult one another regarding academic resources. The tone of postings on the Blackboard Discussion Board is to remain professional in nature at all times. It is not appropriate to post statements of a personal or political nature, or statements criticizing classmates or faculty. Statements considered inappropriate will be deleted by course faculty.

Announcements from student organizations may be posted to the designated level discussion board (not associated with this course). Students are to refrain from discussing this course, including clinical situations, written assignments, peers, or faculty on all social networking sites such as Facebook, Twitter, etc.

Failure to comply with these expectations may result in further action including but not limited to removal from the discussion board.

## Computer Requirements:

All computers on campus will access Blackboard. If you choose to access from home you must have a computer and a quality Internet provider such as DSL, Cable, or Satellite (regular telephone is not adequate). Questions about adequate computer hardware should be directed to the UTA help desk at 817-272-2208 or [www.helpdesk@uta.edu](http://www.helpdesk@uta.edu). They are open the same hours as the Library.

**Your home computer's compatibility with Blackboard is your responsibility. Neither the helpdesk nor your instructor is responsible for the functionality of your home computer's configuration.** If you have doubts about your own equipment you may wish to work at the many UTA Computer Labs on campus. **Please do not bring your technical problems to class. Your instructors are not available for technical support please call or contact the helpdesk.**

### Word of caution:

**Do not** rely on employer's computer system to access Blackboard. Students have encountered various problems (such as dropping them in the middle of an on-line quiz) due to the special filters, fire walls, program blocking programs, and barriers they put on their systems. It is advised to not take any on-line quizzes on a wireless system as students have also been dropped and used up their time trying to reconnect. Use a more stable system.

### Software:

Your software (WORD, POWERPOINT, EXCEL and WINDOWS) should be up to date. As a student you may purchase the latest WINDOWS XP and OFFICE from the Computer Store in Ransom Hall for a very nominal fee. Please take advantage of this opportunity.

### **Observance of Religious Holy Days:**

Undergraduate Nursing faculty and students shall follow the University policy regarding Observance of Religious Holy Days:  
[http://www.uta.edu/catalog/content/general/academic\\_regulations.aspx#6](http://www.uta.edu/catalog/content/general/academic_regulations.aspx#6)

### **Drop Date**

The drop date for this course can be found on the following link:

[http://academicpartnerships.uta.edu/documents/UTA\\_Drop\\_Dates.pdf](http://academicpartnerships.uta.edu/documents/UTA_Drop_Dates.pdf)





## No Gift Policy

In accordance with Regents Rules and Regulations and the UTA Standards of Conduct, the College of Nursing has a “no gift” policy. A donation to the UTA College of Nursing Scholarship Fund would be an appropriate way to recognize an Academic Coach or faculty member’s contribution to your learning. For information regarding the Scholarship Fund, please contact the Dean’s office.

***The Student Handbook can be found by going to the following link: <http://www.uta.edu/nursing/bsn-program/> and clicking on the link titled BSN Student Handbook.***

# Holistic Care of Older Adults- AP3325

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>WEEK 1</b>	1 <sup>st</sup> day of class		Attestation due Wk 1 Discussion- 1 <sup>st</sup> post due by 2359 Self Assessment due 2359	Wk 1 Quiz opens at 0800		
<b>WEEK 2</b>	Wk 1 Assignment due 0800 Wk 1 Quiz to be completed by 0800	Peer reply to Wk 1 Discussion due 2359	Wk 2 Discussion- 1 <sup>st</sup> post due by 2359	Wk 2 Quiz opens at 0800		
<b>WEEK 3</b>	Wk 2 Assignments due by 0800 Wk 2 Quiz to be completed by 0800	Peer reply to Wk 2 Discussion due 2359	Wk 3 Discussion- 1 <sup>st</sup> post due by 2359	Wk 3 Quiz opens at 0800		

UNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>WEEK 4</b>	<b>Wk 3 Assignments due by 0800</b> Wk 3 Quiz to be completed by 0800	Peer reply to Wk 3 Discussion due 2359	Wk 4 Discussion- 1 <sup>st</sup> post due by 2359	Wk 4 Quiz opens at 0800		
<b>WEEK 5</b>	<b>Wk 4 Assignments due by 0800</b> Wk 4 Quiz to be completed by 0800	Peer reply to Wk 4 Discussion due 2359	Wk 5 Discussion- 1 <sup>st</sup> post due by 2359  Wk 5 Quiz opens at 0800			<b>Peer reply to Discussion due 2359</b> <b>Wk 5 Assignments due by 0800</b> <b>Wk 5 Quiz to be completed by 0800</b>

