**NURS 3333:** Health Promotion Across the Lifespan

Fall 2015

**Instructor:** Janelle Hennes, MSN, RN

**Office Number:** Pickard Hall 616B

**Office Telephone Number:** 817-272-2776 (please do not leave voice mail messages)

**Email Address:** Blackboard (BB) Email availability: I generally respond to Blackboard email at least once in a 24-hour period Monday-Friday, excluding weekends or holidays. While I may respond more frequently please do not view anything other than the 24-hour period as the expectation.

**Office Hours:** Monday 12:00-1:00 pm (face-to-face)

Others available by appointment; please email via BB to schedule

**Time and Place of Class Meetings: 212, Pickard Hall**

**Section 001:** Course meets weekly all semester from 1:00-3:50 pm. on Monday.

**Section 002:** Course meets weekly all semester from 8:00-10:50 am on Monday.

**Description of Course Content:** Focus on health promotion and disease prevention strategies that can reduce morbidity and mortality, promote healthy lifestyles and empower individuals and aggregates to become informed health care consumers. Prerequisite: Acceptance into the nursing program.

**Attendance Policy:**

#### At The University of Texas at Arlington, taking attendance is not required. Rather, each faculty member is free to develop his or her own methods of evaluating students’ academic performance, which includes establishing course-specific policies on attendance. As the instructor of this section, below are attendance requirements.

#### Lecture: Students should refer to the UTA Classroom Conduct Guidelines.

**Course Content:** Students are expected to attend all lectures and complete all course modules and online learning activities on Blackboard. The student is expected to be on time and ready for class at the scheduled time. Students are responsible for missed course information.

**Student Learning Outcomes:**

* Assess learning needs and risk factors of individuals, families, and groups to provide health promotion, illness prevention, and healthy self-care practices.
* Coordinate resources in planning health promotion programs to individuals, families, and groups.
* Design health teaching plans in collaboration with others.
* Examine methods and strategies for teaching and learning.
* Examine the professional nursing role in the promotion of healthy exercise, stress management, holistic health and healthy nutrition.
* Incorporate current research findings into health teaching.
* Use cultural and age appropriate information for planning health promotion programs.

**Required Textbooks and Other Course Materials:**

**Fahey, Insel & Roth. (2015). *Fit & well: Core concepts and labs in physical fitness and wellness.***

(Connect Access Card). (11th ed). McGraw Hill.

ISBN: 9780077770372.

***Note:*** *Includes a print upgrade option, loose leaf color copy of the textbook available -$15.00.*

**Leifer. (2013). *Growth and development across the lifespan.*** (2nd ed). Saunders.

ISBN: 9781455745456

**Req. for all Junior 1 students:**

iClicker2 ISBN 1429280476

***Note:*** *If you have an iClicker from a previous class, do not purchase a new one.*

HESI Case Studies: Complete RN Collection – ISBN 9781455727063

**Descriptions of major assignments and examinations with due dates:**

Course Schedule with dates and assignments available on Blackboard

**COURSE TOPIC OUTLINE**

1. FOUNDATIONS FOR HEALTH PROMOTION

Health Promotion, Wellness & Healthy Lifestyles

Healthy People Initiative

Prevention Levels

Future Direction for Health Promotion and Disease Prevention

1. ASSESSMENT & INTERVENTIONS FOR HEALTH PROMOTION

Wellness Diagnoses & Screening

Holism & Self-Care Strategies

Stress Management

Health Teaching

Healthy Nutrition

Healthy Exercise

1. APPLICATION OF HEALTH PROMOTION

Health Promotion & Care of the Family

Health Promotion & Care of Children

Health Promotion & Care of Adolescents

Health Promotion & Care of Women & Men

**Grading Policy**: Students are expected to keep track of their performance throughout the semester and seek guidance from available sources (including the instructor) if their performance drops below satisfactory levels; see “Student Support Services,” below.

Exam I 20%

Exam 2 20%

Final Exam 20%

Online Quizzes and/or Unannounced Classroom Quizzes 10%

Wellness Contract *(Initial form=2.5%; Progress form= 2.5%)* 5%

Group Health Teaching Project (one assignment submitted per project group) 15%

Course Participation Activities 10%

**There are no options for extra credit in this course.**

A minimal weighted exam grade average of 70% for 3 proctored course exams are required to pass the course. The online and/or classroom unannounced quizzes are not included in the weighted exam average.

In order to successfully complete an undergraduate nursing course at UTA, the following minimum criteria must be met:

70% weighted average on proctored exams.

70% weighted average on major written assignments.

90% on math exam (if applicable).

90% on practicum skills check offs (if applicable).

In undergraduate nursing courses, all grade calculations will be carried out to two decimal places and there will be no rounding of final grades. Letter grades for exams, quizzes, written assignments and end-of-course grades, etc. shall be:

A = 90.00 – 100.00

B = 80.00 – 89.99

C = 70.00 – 79.99

D = 60.00 – 69.99

The existing rule of C or better to progress remains in effect; therefore, to successfully complete a nursing course, students shall have a course grade of 70.00 or greater.

**FAILURE TO ACHIEVE AN AVERAGE OF 70% ON Three (3) EXAM GRADES WILL RESULT IN D/F IN THE COURSE. A GRADE OF D/F WILL RESULT IN FAILURE TO PROGRESS. ANY STUDENT WHO MAKES LESS THAN 70% ON ANY EXAM MUST SEE LYNN COPE IN THE STUDENT SUCCESS OFFICE IMMEDIATELY FOR REMEDIATION.**

**Evaluation Methods:**

**Exam #1, #2, and Final Exam**

Satisfactory performance on three proctored course examinations (Exam #1, #2 and Final Exam) must be met to pass the course and progress in the nursing program.

**Examinations:**

Exams are typically given via computer. In the event that technical issues occur, exams may be given via traditional paper/pencil method. The selected format will be announced to students as early in the course session as possible. Exams are given at UTA only and are proctored. Students must bring their UTA ID Mav Card for all exams. For grading information, please see the grading section of this syllabus.

**Exam Integrity:**

In order to maintain the integrity of the exams, instructors may choose not to allow a student to enter the testing area if any student tester has already completed the exam and left the testing area. A student tester that arrives late to the testing area, if allowed in, will only have until the pre-determined end time of that exam to finish.

Additionally all students in this course must read, sign and submit the **Class Honor Code** on the first class day. This Honor Code is attached as the last page to this syllabus. Terms related to Scholastic Dishonesty have been described below. Students should also refer to the UTA Academic Integrity and Plagiarism policy included in this syllabus.

SCHOLASTIC DISHONESTY (CHEATING\* AND/OR COLLUSION\*\*) ON EXAMINATIONS/QUIZZES WILL RESULT IN A N3333 COURSE FAILURE (“F” FOR COURSE). THE STUDENT(S) WILL ALSO BE REFERRED TO THE UTA OFFICE OF STUDENT CONDUCT.

**\*Cheating:** copying the work of another; allowing someone to copy your work; engaging in written, oral, or any other means of communication with another OR giving aid to or seeking aid from another WHEN NOT PERMITTED BY THE INSTRUCTOR; using material during an examination that is not authorized by the person giving the examination/quiz such as electronic or digital devices such as cell phones, camera phones, scanner pens, PDAs, or flash drives, etc; taking or attempting to take an examination for a student; using, obtaining or attempting to obtain by any means, the whole or any part of an examination that is not provided for your use by your instructor; any act designed to give unfair advantage to a student of the attempt to commit such an act.

**\*\*Collusion**: Unauthorized collaboration with another in preparing work that is offered for credit.

**Exam Remediation**:

As adult learners, students are responsible and accountable for their own achievement, including seeking consultation with the instructor about concerns related to the course. Students are responsible and accountable for their own achievement. However, if a student is facing difficulty with exam. preparation, test-taking, or unhealthy coping behaviors, it is the student’s responsibility to make an appointment with the lead teacher and/or Student Success Office immediately. This will allow assistance to be arranged, if necessary. **If a student achieves a 70% or below on any individual course examination, they are expected to consult the Student Success Office to arrange a testing appointment within one week of examination grade notification.**

**General Testing Guidelines:**

1. Examination items will cover lecture content, including lecture notes & power point slides/ modules, class handouts, and assigned readings, related learning links, and other activities.
2. Students should refer to the weekly content objectives (posted on BB) for each lecture to direct them with exam preparation. However, the content objectives/outlines are not an **all-inclusive** guide of examination content.
3. For the Jr. I level student, the testing period will allow 1.5 minutes per question.
4. Exam scores will be made known to students no later than one week following the test date.
5. If exams are given in the paper/pencil/scantron format, the following rules apply. YOUR NAME (Last name first please, as it is stated on the class roll), YOUR COMPLETE STUDENT ID NUMBER, AND ALL ANSWERS MUST BE BUBBLED WHEN TIME IS CALLED—YOU MAY NOT BUBBLE ANSWERS OR INFORMATION AFTER TIME IS CALLED. YOUR EXAM WILL NOT BE GRADED IF YOUR NAME AND ID NUMBER ARE NOT FILLED IN PROPERLY.
6. Examination scantrons must be filled out using a pencil. Pens are not allowed to be used to complete the scantron forms.
7. Students may write their name and answer on the exam copy as well as the answer sheet.

**Examination Process:**

1. Examinations will be held in the scheduled room for the course. If two rooms are deemed necessary for testing, room numbers will be posted on BB by the Friday prior to the scheduled exam. It is the student’s responsibility to locate this information on BB.
2. The only items allowed with the student during examinations are pencils, ear plugs and MAV card/student ID photo badges. All other items are to be left at the perimeter of the room. Telephones are to be turned off so that neither vibration noises nor rings will disturb test takers. Caps or hats with bills are not allowed to be worn. When entering the testing room, place all books, papers, and purses in the designated place.
3. Once a student leaves the testing room, they are expected not to congregate and talk outside the testing room. This disrupts students still taking the examination.
4. Students are expected to show their MAV ID and record their signatures on the Examination Class Roster when taking the exam.
5. Calculators will be furnished if needed for testing. The use of electronic devices such as PDAs, cellular phones, etc with calculators are not allowed during the examination. All electronic devices should be turned off during testing. Students are expected to keep their answer sheets covered at all times, and their eyes on their own papers. Students should keep both hands on their assigned desk while taking the examination. Placing at least one chair between each student if possible is preferred for testing.
6. Students are expected to remain in the test room during the exam. Therefore, students should use the bathroom prior to the exam.
7. Although faculty strives to provide a quiet learning/testing environment there may be noises and distractions in any testing environment that are beyond the control of the exam proctors.  If a student feels that the testing environment is unduly noisy or distracting for any reason, it is the responsibility of the student to report this to an exam proctor as soon as possible during the exam so corrective action may be taken.
8. Students wishing to discuss their performance on the exam may do so by individual appointment with the lead teacher. Individual test reviews will not be held. **No grades will be given out over the phone or via** **E-mail.**
9. A student tester that arrives late to the testing area, if allowed in, will only have until the predetermined end time of that exam to finish.

**Examination Review Policy**:

An exam review will be held for proctored examinations. The format may vary depending on whether the exam was administered in a computer or paper and pencil format. Course faculty will discuss the exam review format during the orientation session at the beginning of the course session. Course materials and talking are not allowed during the exam review. Students may respond to any test items of concern on a Student Concerns sheet provided for them. Exam scores will not be released until the exam psychometrics have been reviewed by course faculty. Grades will be posted on Blackboard no later than one week following the date of the test. Examination review is a privileged opportunity for learning. Students may ask questions for the purpose of understanding material and share their perceptions. Arguing is non-professional behavior and is not tolerated.

**Make-up Exam Policy**:

All students are expected to take exams at the scheduled time. If a student is unable to write the exam at the scheduled time, prior notice must be given to the lead instructor on or before the test date and time in order for the test to be made up. The student must furnish verification of the reason for missing the examination to the lead instructor (physician note or release form, obituary of loved one, airline ticket voucher, etc). When the lead instructor has determined that an absence is excused, a make-up exam will be given within one week, at the Lead Teacher’s discretion, or the student will receive a zero (0). The format may differ from the regularly schedule exam (may be short answer, discussion, essay, alternative question format, etc). Failure to take a scheduled examination at the assigned time without prior coordination with the lead teacher may result in a zero (F) for this specific test grade.

Examinations will not be rescheduled for the convenience of vacation, travel or work schedules. Students who miss an exam for these reasons would receive an un-excused absence. Exams missed for un-excused absences must be made up within one week of the original exam date, and will result in a 10 point deduction. If the exam is not made up within the designated time frame, a grade of “0” will be recorded.

**General Online and/or Unannounced Quiz Guidelines:**

Quizzes for this course may be given both as online posted on Blackboard and unannounced within the scheduled classroom setting. Online quizzes will be given only during a specified time period listed on the Course Schedule. This is different from the unannounced classroom quizzes.

All quizzes may be multiple choice, fill in the blank, or short answer. All quizzes will be set to 1.5 minutes per question. These are considered closed book quizzes. We trust you will uphold the moral and ethical standards of your future profession while taking quizzes. It is expected you will NOT use notes, books, or study templates to take your quiz at any time.

Missed quizzes are counted as 0%. Therefore, if a quiz is missed, a zero will be recorded for the student. Missed quizzes will not be made up. There are no exceptions to this policy. The lowest quiz grade (online and/or unannounced classroom) MAY be dropped at the end of the course session. Your course faculty will announce this during the course orientation session held on the first day of class.

Quizzes will include information from the assigned readings, assignments and lecture/online learning modules posted on BB. Online and Unannounced classroom quizzes are not included in the minimal weighted exam grade average of 70%.

**Quiz Integrity:**

As future nurses, you are guided by a set of practice expectations, even as a student. A very important part of these expectations is appropriate moral and ethical behavior. Therefore, it is expected that you will work alone and without notes to take each of the online quizzes. You are ***expected to maintain test security*** by not discussing the questions with your peers or attempting to copy the quizzes in any way. If you discuss quiz questions or content of quizzes with these students, this is a violation of test security, and will result in being reported for academic dishonesty. WE TAKE examination SECURITY very seriously at the College of Nursing. Violations in exam security are considered not just academic violations, but ethical violations, which is unacceptable behavior for future nursing professionals. Please refer to the UTA Academic Integrity policy.

**Online Quizzes:**

1. Review the online quiz instructions and take the Practice Quiz prior to attempting the first assigned quiz. The Practice Quiz (posted on BB) is not graded.
2. Since the quiz is timed, you will be unable to return to any skipped items and the instructor will be unable to restart the quiz for you. Remember to save your answers. The quiz will not be available online after the deadline and students not completing the quiz at that time will receive a “0”.
3. Your computer connection must be reliable for the scheduled online quizzes. If you know that you are cut off of the Internet every time you use it, do not rely on your home computer to take the test. There are many options for you to use a reliable computer with a reliable Internet connection, including the public library, the UTA library, the UTA College of Nursing Learning Resource Center and Internet cafes. Since missed quizzes are not made up, please make sure you have a reliable connection before you begin.
4. Each student will have different questions than other students, as the questions are scrambled. No two students will receive the same question in the same order.
5. During a quiz you will be unable to save or print the questions; this is for test security purposes.

**Unannounced Classroom Quizzes:**

1. Classroom quizzes may be given at any time during the scheduled class session. This includes the beginning, middle or end of class period.
2. If a student misses class, whether for an excused OR unexcused reason, the quiz for that day may not be made up and the missed quiz grade is recorded as zero.

If a student arrives late to class or after the quiz or activity has started, no extra time will be allowed. This includes students returning from a class break or leaving the class early before the session has ended. The student may take the classroom quiz until time is called.

**Course Assignments**

Course assignments will include a Wellness Contract (initial and final progress form), group health teaching project, and course participation activities. Course participation activities may include discussion board postings on BB, Review Questions, case studies and/ or other independent learning activities. Specific activities will be announced during the course orientation session on the first class day, listed in Course Schedule, and posted on BB.

**Required assignments must be submitted on time.**  If an assignment (traditional or online) is late, 10% of the assignment grade, per day, will be deducted until the assignment is turned in, not including weekends and holidays.

**Electronic Submission of Course Assignments**All course assignments are submitted electronically via the Blackboard Assignments Section. Assignments should NOT be emailed to the Course Instructor. For assistance with BB issues, please consult; 1) Blackboard (BB) Help- located on the BB Home Page,

2) BB Resources, 3) Students Section, 4) Learning to use BB.

**Policy on Missed Online Assignments**

**First Situation:** You realize you are unavailable on the days the assignment is due. For example, you may be scheduled for jury duty or have another legal situation (such as a citizenship interview) that you cannot reschedule. If this should occur, you must notify an instructor PRIOR TO THE online assignment. **Your assignment may be submitted early, not later than the scheduled due date/time.**

**Second Situation:** A personal or family illness or emergency could occur, rendering you unable to complete an online assignment on time. If this should happen, you are expected to contact the instructor via phone, phone message, or e-mail BEFORE THE ASSIGNMENT time has expired. If you cannot get to a phone or a computer, a phone message or e-mail will be accepted from an immediate family member or guardian to notify an instructor that you have had an emergency. Documentation of the emergency is required. Examples of documentation include a police report, or healthcare provider/hospital note. No medical or personal information will be required. When the instructor has seen documentation of your emergency, they will consider your case for making up the assignment.

If the second situation should occur and an instructor is not informed of your situation before the due date/time of the online assignment, two consequences could occur:

1. You will be allowed to make-up the online assignment within 5 days, and no points will be deducted from your score. This will occur if you can show documentation that you had an emergency or crisis situation.
2. If you cannot show documentation that you had an emergency or crisis, you will not be allowed to make up the online assignment and will receive a zero for the assignment.

**Grade Grievances:**

Any appeal of a grade in this course must follow the procedures and deadlines for grade-related grievances as published in the current University Catalog. <http://catalog.uta.edu/academicregulations/grades/#undergraduatetext>

**Drop Policy:** Students may drop or swap (adding and dropping a class concurrently) classes through self-service in MyMav from the beginning of the registration period through the late registration period. After the late registration period, students must see their academic advisor to drop a class or withdraw. Undeclared students must see an advisor in the University Advising Center. Drops can continue through a point two-thirds of the way through the term or session. It is the student's responsibility to officially withdraw if they do not plan to attend after registering. **Students will not be automatically dropped for non-attendance**. Repayment of certain types of financial aid administered through the University may be required as the result of dropping classes or withdrawing. For more information, contact the Office of Financial Aid and Scholarships (<http://wweb.uta.edu/aao/fao/>).

**Americans with Disabilities Act:** The University of Texas at Arlington is on record as being committed to both the spirit and letter of all federal equal opportunity legislation, including the *Americans with Disabilities Act (ADA)*. All instructors at UT Arlington are required by law to provide "reasonable accommodations" to students with disabilities, so as not to discriminate on the basis of that disability. Any student requiring an accommodation for this course must provide the instructor with official documentation in the form of a letter certified by the staff in the Office for Students with Disabilities, University Hall 102. Only those students who have officially documented a need for an accommodation will have their request honored. Information regarding diagnostic criteria and policies for obtaining disability-based academic accommodations can be found at [www.uta.edu/disability](http://www.uta.edu/disability) or by calling the Office for Students with Disabilities at (817) 272-3364.

**Title IX:** The University of Texas at Arlington is committed to upholding U.S. Federal Law “Title IX” such that no member of the UT Arlington community shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity. For more information, visit [www.uta.edu/titleIX](http://www.uta.edu/titleIX).

**Academic Integrity:** Students enrolled all UT Arlington courses are expected to adhere to the UT Arlington Honor Code:

*I pledge, on my honor, to uphold UT Arlington’s tradition of academic integrity, a tradition that values hard work and honest effort in the pursuit of academic excellence.*

*I promise that I will submit only work that I personally create or contribute to group collaborations, and I will appropriately reference any work from other sources. I will follow the highest standards of integrity and uphold the spirit of the Honor Code.*

UT Arlington faculty members may employ the Honor Code as they see fit in their courses, including (but not limited to) having students acknowledge the honor code as part of an examination or requiring students to incorporate the honor code into any work submitted. If any exams are administered in a non-proctored environment, I reserve the right, at any time, to require a student to take or re-take any or all exams in a proctored environment. If I deem this necessary, the student is responsible for making the proctoring arrangements, subject to my approval. This policy applies to any and all assignments required in this course.

Per UT System *Regents’ Rule* 50101, §2.2, which states *“Academic dishonesty includes, but is not limited to, cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts.”* suspected violations of university’s standards for academic integrity (including the Honor Code) will be referred to the Office of Community Standards. Being found responsible for violating Regents’ Rule 50101, §2.2 by the Office of Community standards will result in course failure. Violators will be disciplined in accordance with University policy, which may result in the student’s suspension or expulsion from the University.

**Plagiarism:** Copying another student’s paper or any portion of it is plagiarism. Additionally, copying a portion of published material (e.g., books or journals) without adequately documenting the source is plagiarism. If five or more words in sequence are taken from a source, those words must be placed in quotes and the source referenced with author’s name, date of publication, and page number of publication.  If the author’s ideas are rephrased, by transposing words or expressing the same idea using different words, the idea must be attributed to the author by proper referencing, giving the author’s name and date of publication.  If a single author’s ideas are discussed in more than one paragraph, the author must be referenced at the end of each paragraph. Authors whose words or ideas have been used in the preparation of a paper must be listed in the references cited at the end of the paper.  Students are encouraged to review the plagiarism module from the UT Arlington Central Library via <http://library.uta.edu/plagiarism/index.html>. Papers are now checked for plagiarism and stored in Blackboard.

**Student Support Services**:UT Arlington provides a variety of resources and programs designed to help students develop academic skills, deal with personal situations, and better understand concepts and information related to their courses. Resources include tutoring, major-based learning centers, developmental education, advising and mentoring, personal counseling, and federally funded programs. For individualized referrals, students may visit the reception desk at University College (Ransom Hall), call the Maverick Resource Hotline at 817-272-6107, send a message to [resources@uta.edu](mailto:resources@uta.edu), or view the information at [www.uta.edu/resources](http://www.uta.edu/resources).

**Electronic Communication:** UT Arlington has adopted MavMail as its official means to communicate with students about important deadlines and events, as well as to transact university-related business regarding financial aid, tuition, grades, graduation, etc. All students are assigned a MavMail account and are responsible for checking the inbox regularly. There is no additional charge to students for using this account, which remains active even after graduation. Information about activating and using MavMail is available at <http://www.uta.edu/oit/cs/email/mavmail.php>.

**Student Feedback Survey:** At the end of each term, students enrolled in classes categorized as “lecture,” “seminar,” or “laboratory” shall be directed to complete an online Student Feedback Survey (SFS). Instructions on how to access the SFS for this course will be sent directly to each student through MavMail approximately 10 days before the end of the term. Each student’s feedback enters the SFS database anonymously and is aggregated with that of other students enrolled in the course. UT Arlington’s effort to solicit, gather, tabulate, and publish student feedback is required by state law; students are strongly urged to participate. For more information, visit <http://www.uta.edu/sfs>.

**Final Review Week:** A period of five class days prior to the first day of final examinations in the long sessions shall be designated as Final Review Week. The purpose of this week is to allow students sufficient time to prepare for final examinations. During this week, there shall be no scheduled activities such as required field trips or performances; and no instructor shall assign any themes, research problems or exercises of similar scope that have a completion date during or following this week *unless specified in the class syllabus*. During Final Review Week, an instructor shall not give any examinations constituting 10% or more of the final grade, except makeup tests and laboratory examinations. In addition, no instructor shall give any portion of the final examination during Final Review Week. During this week, classes are held as scheduled. In addition, instructors are not required to limit content to topics that have been previously covered; they may introduce new concepts as appropriate.

**Emergency Exit Procedures:** Should we experience an emergency event that requires us to vacate the building, students should exit the room and move toward the nearest stairwell. When exiting the building during an emergency, one should never take an elevator but should use the stairwells. Faculty members and instructional staff will assist students in selecting the safest route for evacuation and will make arrangements to assist individuals with disabilities.

**Blackboard:**

Access is available to each student. The majority of course content and project materials are posted on Blackboard. Therefore, it is very important to remain in close contact with your instructor. ***Students should check Blackboard at a minimum of every 48 hours for updated course information.***

**Computer requirements to access optional online features of the class**

This course requires students have access to appropriate computer equipment and software. The computer and programs should be Windows based (XP or more current version is expected). Microsoft Office 2007 software such as Word, Excel and PowerPoint will be used with this course. Students will be expected to access the internet.

Students should have reliable internet access and fast connection speed, as you will be viewing some of the course content via learning modules (posted on Blackboard) and taking graded online quizzes.

**To get the most out of this class:**

1. Do all of the modular reading or textbook reading.
2. Participate in Blackboard and/or classroom discussions to ask questions or clarify understanding of course content.
3. Participate in online learning activities as assigned.
4. Communicate with your instructor as needed.
5. Ask the course peer mentors for help and study tips. Contact the Student Success Office for additional information.

Written assignments should exemplify professional appearance and communication, grammar, spelling, and punctuation, according to the *APA Publication Manual* (5th edition) and UTA CON guidelines found at the following link <http://www.uta.edu/nursing/bsn-program/> and clicking on the link titled BSN Student Handbook.

Classroom Conduct Guidelines and Clinical Dress Code consult the Student Handbook found at the following link <http://www.uta.edu/nursing/bsn-program/> and clicking on the link titled BSN Student Handbook. Students are expected to read the Student Handbook. This is essential knowledge for all students for the progression through the program and the course.

**Any questions concerning an exam, quiz or assignment must be addressed within 1 week of grade posting on Blackboard and/or grades distributed.**

**Teaching Methods:**

Lecture, including guest speakers

Reading & Written Assignments

Blackboard

Videos

Group Discussions and Presentations

Gaming; Role playing

Independent learning modules; Case studies

Wellness Contract

Computer utilization for email, access to course

**Group Teaching Project:**

Students will participate in a health promotion teaching project. Project groups and topics will be assigned by course faculty and posted by a designated time listed on the course schedule. Group meetings will be arranged outside of class time so student groups should plan accordingly. Project group members can meet in a variety of methods, including face to face, or via Blackboard discussion groups.

**The Teaching Project assigned during this course is considered group work. Therefore, students may collectively work together in their assigned groups to submit one assignment for their group health promotion teaching topic.** Any other assignments for this course are to be completed by each student alone, unless specifically designated by faculty. Cheating or collusion on these assignments will result in a N3333 Clinical failure (“F” for the course). You will also be referred to the UTA Office of Student Conduct.

**Project Group Accountability:**

It is expected all group members will participate equally in this project. An individual grade will be assigned to the student groups, however, individual grades may differ based on the participation and contribution of each member. Group process is part of the assigned teaching project. Problems and concerns need to be addressed within the group and with the faculty in a timely manner. A Peer Evaluation may be used to document individual group members’ contributions to the overall graded project assignment.

**LIBRARY INFORMATION: Peace Ossom Williamson, MLS, MS, AHIP**

Nursing Liaison Librarian, Central Library Office 216

<http://www.uta.edu/library> | [peace@uta.edu](mailto:peace@uta.edu)

Research information on nursing:

<http://libguides.uta.edu/nursing>

**Undergraduate**

**Support staff: Holly Woods, *Administrative Assistant I, Pre-nursing & Senior II***

660 Pickard Hall, (817) 272-7295

Email: [hwoods@uta.edu](mailto:hwoods@uta.edu)

**Suzanne Kyle*, Administrative Assistant I, Junior I through Senior I***

661 Pickard Hall, (817) 272-0367

Email: [skyle@uta.edu](mailto:skyle@uta.edu)

**COLLEGE OF NURSING INFORMATION:**

**STUDENT CODE OF ETHICS:**

The University of Texas at Arlington College of Nursing supports the Student Code of Ethics Policy. Students are responsible for knowing and complying with the Code. The Code can be found in the Student Handbook.

**CODE OF PROFESSIONAL CONDUCT**

Nursing students in the UTA CON are considered to be part of the nursing profession.  As members of the profession, students are expected to commit to and maintain high ethical standards.

Students are responsible and accountable for their own academic and professional behaviors and the resulting consequences.

Students will demonstrate self-discipline throughout all aspects of their nursing education, including meeting academic responsibilities and exhibiting professional conduct in the classroom and in the community, as outlined in the Texas Nurse Practice Act and Texas State Board of Nursing Policies.

It is each student’s responsibility to promote scholastic honesty and professional ethics by actively participating with faculty in maintaining a quality academic environment.  Students are expected to guard public safety by immediately reporting to faculty, any incident they observe or are aware of which would allow incompetent, unethical, or illegal practice by another individual. Having knowledge of and failing to report such behaviors constitutes a breach of both academic and professional responsibilities.

Refer to the Student Handbook for more information.

**APA FORMAT:**

*APA* style manual will be used by the UTACON with some specific requirements for the undergraduate courses. The sample title page & instructions, as well as a Manuscript Preparation document can be found in the Student Handbook which can be found by going to the following link and clicking on BSN Student Handbook: <http://www.uta.edu/nursing/bsn-program/>

**CLASSROOM CONDUCT GUIDELINES:**

The Faculty of the BSN Program believes that classroom teaching has two goals: the provision of content pertinent to the discipline of nursing and the socialization of students into the professional role. We are committed to providing the curriculum in an atmosphere conducive to student learning and in a manner that will prepare graduates to be successful in the health care workplace. Refer to the Student Handbook for more information.

**Honors College Credit:**

Students who are members of the Honors College may wish to take this course for Honors credit. If you wish to do so, please provide the Lead Teacher (or other designated faculty member) with an Honors Credit Contract (downloaded from http://honors.uta.edu/documents/credit.pdf). You and the Lead Teacher/faculty member will together determine an appropriate supplemental assignment to justify the awarding of Honors credit. If you are not in the Honors College and would like to learn more about the benefits of membership, visit the website at http://honors.uta.edu/, where you will find an application form for electronic submission.

**OBSERVANCE OF RELIGIOUS HOLY DAYS:**

Undergraduate Nursing faculty and students shall follow the University policy regarding Observance of Religious Holy Days: (<http://wweb.uta.edu/catalog/content/general/academic_regulations.aspx#6>

**No Gift Policy:**

In accordance with Regents Rules and Regulations and the UTA Standards of Conduct, the College of Nursing has a “no gift” policy. A donation to the UTA College of Nursing Scholarship Fund would be an appropriate way to recognize a faculty member’s contribution to your learning. For information regarding the Scholarship Fund, please contact the Dean’s office.

***The Student Handbook can be found by going to the following link:*** <http://www.uta.edu/nursing/bsn-program/> and clicking on the link titled BSN Student Handbook located in the lower left-hand corner.

**Emergency Phone Numbers**: In case of an on-campus emergency, call the UT Arlington Police Department at 817-272-3003 (non-campus phone), 2-3003 (campus phone). You may also dial 911.

See document on next page please.

**N3333**

**Health Promotion Across the Lifespan**

All students are requested to read the UTA College of Nursing Honor Code for N3333. Please provide the date and your signature. **This signed form MUST be turned in during the first day of class. Please DO NOT email this form to your Course Instructor.**

**Related to Activities on Blackboard**

1. I will not divulge my user ID or password to anyone
2. I and only I will post answers to course assignments using my user ID and password.
3. I and only I will take the online quizzes/exams\*\* using my user ID and password
4. I understand that the on-line quizzes/exams are closed book and I will not refer to my textbooks or references (this includes books, notes, study sheets, PDA’s internet search, individual or group interaction), while taking the quizzes/exams.
5. I will not print or attempt to copy in any manner any part of the exam or reproduce same in any way.
6. I will not divulge the content of the on-line quizzes/exams to any other student/individual, whether enrolled in the class or not.

\*\*To include Computerized quizzes/exams

**Related to Other Class Assignments**

1. I will not share content information about any in-class exam or assignment with another student or individual or use any electronic means of distributing information.
2. I will not receive content information about in class exams or assignments from another individual verbally, written, or electronically.
3. I understand that all assignments, quizzes, & exams are the product of my own work.

Having read the above statements, I understand that violation of this code will constitute an act of Academic Dishonesty and I will be subject to the appropriate sanctions of the University.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Print Name Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature

**This must be completed and submitted on the FIRST DAY OF CLASS. Failure to comply will result in a Zero. (Print this page).**