**THE UNIVERSITY OF TEXAS AT ARLINGTON**

**COLLEGE OF NURSING**

**RN-BSN PROGRAM**

**N-3425 HOLISTIC HEALTH ASSESSMENT Across the Lifespan**

**LEAD TEACHER:**

**Deana J. Furr, RN, MSN, WHNP-BC**

**Spring 2014**

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**The University of Texas at Arlington College of Nursing**

**NURS 3425-201: RN-BSN Holistic Health Assessment Across the Lifespan**

**Spring 2014**

Instructor(s): Deana Furr, RN, MSN, WHNP-BC

Office Number: 527

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Office hours: By Appointment, Wednesday 1200-1300

NOTE: While E-mail address is listed above, please use the Blackboard E-mail for normal course related correspondence with lead instructor. Occasionally Blackboard goes down, and then use the above E-mail address. For other instructors, please ask how they would like normal correspondence.

Time and Place of Class Meetings: Pickard Hall, Room 227, meets on Wednesday, per Master schedule

Description of Course Content: Theory and practice of holistic health assessment of individuals and families across the life span designed for the Registered Nurse (RN-BSN Students only). (4 semester hours)

Student Learning Outcomes:

|  |  |
| --- | --- |
| Performance Outcomes | Measurement Strategies |
| 1. Demonstrate appropriate techniques to conduct holistic health assessment across the lifespan.2. Identify normal, variations of normal and abnormal assessment finds based on variations across the lifespan.3. Conduct comprehensive assessments of individuals and families to include nutritional, physical, psychosocial, cultural and spiritual dimensions. | Course examinationsAssessment Summary PaperCourse examinationsAssessment Summary PaperCourse examinationsAssessment Summary Paper |

COURSE REQUIREMENTS: Course Prerequisite: N3645 Professional Nursing (may be enrolled concurrently).

1) Internet access 2) Blackboard ID & password (given to you)

Student Responsibilities:

1. Attendance in class is expected of each student. Students absent from class are responsible for the content and directives provided in class.

2. All students are expected to pursue their scholastic careers with honesty and integrity. Academic dishonesty includes, but is not limited to, cheating on a test or other course work, plagiarism

(offering the work of another as one’s own), and unauthorized collaboration with another person.

Students found guilty of dishonesty in their scholastic pursuits are subject to penalties which may include suspension or expulsion from the University. Please see the academic dishonesty section of this syllabus.

3. Students are responsible for contacting faculty members for consultation regarding a problem with, or questions about, the course. Any student with a grade of 70 or less on any test or assignment should contact the lead instructor to discuss their progress.

4. The textbook, course syllabus and, or class information packet may be used during class discussion.

TEACHING METHODS may include: Lecture

Films

Games

Role Playing

Blackboard

Human Patient simulation

TOPICS:

Interview Techniques Thorax & Lung

Nursing Process Heart, Neck, and Peripheral Vascular

Health History Abdomen

Nutritional Assessment Anus, Prostate, & Rectum Psychological Health Male & Female Genitalia Skin, Hair, Nails Neurological

Breast, Neck, Lymphatic, & Head Musculoskeletal

Culture & Spirituality Older Adult

Family Assessment Infants, Children, Adolescents

Eye & Ear Childbearing

Class: Students disruptive to class may be asked to leave. Bring your textbook, syllabus and clinical packet to each class. All due dates are listed in your syllabus or syllabus addendum to include RNBSN junior calendar. All written work is due dates posted in the RN-BSN Junior Schedule. There will be 5 points deducted per day for late submissions, with the time of 8:00 am established for each day. All work turned in late must be given to your clinical advisor or Pam Smith so that a time and date can be put on the paper by her to establish specific time of turn in.

Papers/Projects: Papers and projects are not optional. All papers must be turned in to pass the course. Papers must be turned in on time. Five points will be deducted per day for each day the paper is late. No papers or any parts of papers will be allowed to be re-written for extra points.

REQUIRED TEXTBOOKS:

1. Weber, J. & Kelley, J. (2010). Health assessment in nursing (4thed.). Philadelphia: Lippincott. \*\*\* Please note EBook does not have page numbers and previous students have preferred hardcopy due to the nature of assignments in the course\*\*\*.

2. Weber, J., Kelley, J., & Sprengel, A. (2010). Lab manual to accompany healthassessment in nursing(4th ed.). Philadelphia: Lippincott.

3. Ackley, B.J. & Ladwig, G.B. (2014). *Nursing diagnosis handbook: An evidence-based guide to planning care* (10th ed.). St. Louis, MO: Mosby. ISBN 978-0-323-08549-6

4. Nursing Bar-Chart Quick Study Series. ISBN # 1-57222-174-7 50395.

**SUPPLEMENTAL/OPTIONAL TEXTBOOKS:**

1. American Psychological Association. (2009). *Publication manual of the American Psychological Association*. ( 6th ed.). Washington, D.C.: American Psychological Association.

Descriptions of major assignments and examinations with due dates (see master schedule for due dates):

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Test 1 |  |  | 40% |  |
|  | Test 2 |  |  | 40% |  |
|  | Assessment Summary Paper |  |  | 20% |  |

**GRADING POLICY:**

In order to successfully complete an undergraduate nursing course at UTA, the following

minimum criteria must be met:

· 70% weighted average on proctored tests

· 70% weighted average on written assignments (i.e. non-proctored written, computerized assignments, etc.)

· 90% on medication test and practicum check off

In undergraduate nursing courses, all grade calculations will be carried out to two decimal places and there will be no rounding of grades.

Letter grades for tests, written assignments, end of course grades, etc. shall be:

|  |  |  |
| --- | --- | --- |
| A: | 90.00 - | 100.00 |
| B: | 80.00 - | 89.99 |
| C: | 70.00 - | 79.99 |
| D: | 60.00 - | 69.99 |

The existing rule of C or better to progress remains in effect; therefore to successfully

complete a nursing course students shall have a course grade of 70.00 or greater.

Students are expected to keep track of their performance throughout the semester and seek guidance from available sources (including the instructor) if their performance drops below satisfactory levels.

**Expectations for Out-of-Class Study:**

Beyond the time required to attend each class meeting, students enrolled in this course should expect to spend at least an additional 8 hours per week of their own time in course-related activities, including reading required materials, completing assignments, preparing for exams, etc.

TESTING GUIDELINES:

• Each student must bring his/her student ID to each exam and place under his/her chair.

These will be checked. Students must have student ID to take exam.

• The student must be on time for exams. They will begin promptly at the time scheduled.

A student will be unable to take an exam if he/she is late and another student has already finished the exam. In this case, the student would receive a “0” on the exam.

• A student must notify the instructor prior to the exam if he/she will not be there. If no notice is received, the student may be unable to make up exam. Make up exams may consist of short-answer and essay questions.

• All books, papers, and backpacks must be put on the side of the room.

• All cell phones, pagers, palm pilots, and laptop computers must be turned off and placed on the side of the room.

• All food items and drinks must be placed on the side of the room.

• No talking is allowed during exams. If a student is talking, he/she will receive a “0” on the exam.

• All testing materials must be returned at the end of the exam.

• The student must fill out his/her name and bubble on Scantron sheet first. Quizzes/exams without names will not be accepted. All answers must be put on Scantron sheet before the end of the exam. No extra time will be given at the end of the exam/quiz to fill out name/answers.

• No restroom breaks will be allowed after the first test is turned in.

• No items will be allowed out of the room during restroom breaks.

• Students must take off employee badges during exams.

Although faculty strives to provide a quiet learning/testing environment there may be noises and distractions in any testing environment that are beyond the control of the exam proctors. If a student feels that the testing environment is unduly noisy or distracting for any reason, it is the responsibility of the student to report this to an exam proctor as soon as possible during the exam so corrective action may be taken.

Exams: Exams may include multiple-choice, matching, and/or short answer questions. No extra credit questions are included. Important note: the student must pass the tests with an overall weighted average of 70 to pass the course. The final weighted average of the student’s combined test grades must be at least 70 to pass the course. All exams will be cumulative. The student must be on time for exams. If a 70 test average is not received, the student will either receive a “D” or an “F” in the class depending on other grades received. Students are required to bring their MAV ID badges as picture IDs on test dates.

Missed Exams: Students are expected to take exams as scheduled. If something unforeseen occurs, notify the instructor prior to class. Under normal circumstances, tests should be made up before the next class period. Tests may/will be revised for late takers and may consist of short answer questions. 5 points may be deducted from the grade automatically.

Electronic Devices: Any use of electronic devices must be approved prior to use by the lead instructor including but not limited to tape recorder, cell phones, palm organizers, electronic and programmable calculators, camera and/or videotaping.

**DROP POLICY:**

Students may drop or swap (adding and dropping a class concurrently) classes through self-

service in MyMav from the beginning of the registration period through the late registration period. After the late registration period, students must see their academic advisor to drop a class or withdraw. Undeclared students must see an advisor in the University Advising Center. Drops can continue through a point two-thirds of the way through the term or session. It is the student's responsibility to officially withdraw if they do not plan to attend after registering. Students will not be automatically dropped for non-attendance. Repayment of certain types of financial aid administered through the University may be required as the result of dropping classes or withdrawing. Contact the Financial Aid Office for more information.

As in the past, the last date to drop a RN-BSN course is adjusted. The adjusted date will now reflect a point two-thirds of the way through the course.

Adjusted drop dates in the Fall 2013 semester for Junior RN-BSN courses are as follows:

N3325 Care of Older Adults – DROP DATE: December 4, 2013

N3645 Professional Nursing – DROP DATE: October 21, 2013

N3425 Holistic Health Assessment Across the Lifespan – DROP DATE: ?? March 28,2014 (on UTA Cal)

N3335 Health Promotion – DROP DATE: November 22, 2013

**Americans with Disabilities Act:**

The University of Texas at Arlington is on record as being committed to both the spirit and letter

of all federal equal opportunity legislation, including the Americans with Disabilities Act (ADA). All instructors at UT Arlington are required by law to provide "reasonable accommodations" to students with disabilities, so as not to discriminate on the basis of that disability. Any student requiring an accommodation for this course must provide the instructor with official documentation in the form of a letter certified by the staff in the Office for Students with Disabilities, University Hall 102. Only those students who have officially documented a need for an accommodation will have their request honored. Information regarding diagnostic criteria and policies for obtaining disability-based academic accommodations can be found at [www.uta.edu/disability](http://www.uta.edu/disability) or by calling the Office for Students with Disabilities at (817) 272-3364.

**Academic Integrity:**

All students enrolled in this course are expected to adhere to the UT Arlington Honor Code:

*I pledge, on my honor, to uphold UT Arlington’s tradition of academic integrity, a tradition that values hard work and honest effort in the pursuit of academic excellence.*

*I promise that I will submit only work that I personally create or contribute to group collaborations, and I will appropriately reference any work from other sources. I will follow the highest standards of integrity and uphold the spirit of the Honor Code.*

Instructors may employ the Honor Code as they see fit in their courses, including (but not limited to) having students acknowledge the honor code as part of an examination or requiring students

to incorporate the honor code into any work submitted. Per UT System Regents’ Rule 50101,

§2.2, suspected violations of university’s standards for academic integrity (including the Honor

Code) will be referred to the Office of Student Conduct. Violators will be disciplined in accordance with University policy, which may result in the student’s suspension or expulsion from the University.

**Plagiarism:**

Copying another student’s paper or any portion of it is plagiarism. Additionally, copying a

portion of published material (e.g., books or journals) without adequately documenting the source is plagiarism. If five or more words in sequence are taken from a source, those words must be placed in quotes and the source referenced with author’s name, date of publication, and page number of publication. If the author’s ideas are rephrased, by transposing words or expressing the same idea using different words, the idea must be attributed to the author by proper referencing, giving the author’s name and date of publication. If a single author’s ideas are discussed in more than one paragraph, the author must be referenced at the end of each paragraph. Authors whose words or ideas have been used in the preparation of a paper must be listed in the references cited at the end of the paper. Students are encouraged to review the plagiarism module from the UT Arlington Central Library via <http://library.uta.edu/tutorials/Plagiarism>

**Student Support Services:**

UT Arlington provides a variety of resources and programs designed to help students develop academic skills, deal with personal situations, and better understand concepts and information related to their courses. Resources include tutoring, major-based learning centers, developmental education, advising and mentoring, personal counseling, and federally funded programs. For individualized referrals, students may visit the reception desk at University College (Ransom Hall), call the Maverick Resource Hotline at 817-272-6107, send a message to resources@uta.edu, or view the information at [www.uta.edu/resources.](http://www.uta.edu/resources)

**Electronic Communication Policy:**

The University of Texas at Arlington has adopted the University “MavMail” address as the sole

official means of communication with students. MavMail is used to remind students of important deadlines, advertise events and activities, and permit the University to conduct official transactions exclusively by electronic means. For example, important information concerning registration, financial aid, payment of bills, and graduation are now sent to students through the MavMail system. All students are assigned a MavMail account. Students are responsible for checking their MavMail regularly. Information about activating and using MavMail is available at [http://www.uta.edu/oit/email/.](http://www.uta.edu/oit/email/) There is no additional charge to students for using this account, and it remains active even after they graduate from UT Arlington.

To obtain your NetID or for logon assistance, visit https://webapps.uta.edu/oit/selfservice/. If you are unable to resolve your issue from the Self-Service website, contact the Helpdesk at helpdesk@uta.edu.

**Student Feedback Survey:**

At the end of each term, students enrolled in classes categorized as lecture, seminar, or

laboratory shall be directed to complete a Student Feedback Survey (SFS). Instructions on how to access the SFS for this course will be sent directly to each student through MavMail approximately 10 days before the end of the term. Each student’s feedback enters the SFS database anonymously and is aggregated with that of other students enrolled in the course. UT Arlington’s effort to solicit, gather, tabulate, and publish student feedback is required by state

law; students are strongly urged to participate. For more information, visit

[http://www.uta.edu/sfs.](http://www.uta.edu/sfs)

**Emergency Exit Procedures:**

Should we experience an emergency event that requires us to vacate the building, students should exit the room and move toward the nearest stairwell. When exiting the building during an emergency, one should never take an elevator but should use the stairwells. Faculty members and instructional staff will assist students in selecting the safest route for evacuation and will make arrangements to assist handicapped individuals.

**LIBRARY INFORMATION:** Antoinette Nelson,Nursing Librarian

 (817) 272-7433, E-mail: nelsona@uta.edu

Research information on Nursing: <http://libguides.uta.edu/nursing>

**RN-BSN PROGRAM**

**SUPPORT STAFF**: Pamela Smith, Administrative Assistant I

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(817) 272-2776 ext. 4814

Email: pamsmith@uta.edu

**COLLEGE OF NURSING INFORMATION**

UTA College of Nursing Policy

Effective for students entering the nursing program Fall 2009 (Jr I) and forward, the following policy applies:

Students within the program, enrolled in an upper division NURS course are permitted to drop the course one time. Upon attempting the course for the second time, the earned grade is retained. Students may drop no more than three upper division NURS courses during their undergraduate career. Elective and pre-nursing courses are exempt from this policy.

**APA FORMAT:**

*APA* style manual will be used by the UTACON with some specific requirements for the undergraduate courses. The sample title page & instructions, as well as a Manuscript Preparation document can be found in the Student Handbook which can be found by going to the following link and clicking on BSN Student Handbook: <http://www.uta.edu/nursing/bsn-program/>

**STUDENT CODE OF ETHICS:**

The University of Texas at Arlington College of Nursing supports the Student Code of Ethics Policy. Students are responsible for knowing and complying with the Code. The Code can be found in the Student Handbook.

**CLASSROOM CONDUCT GUIDELINES:**

The Faculty of the RN-BSN Program believes that classroom teaching has two goals: the

provision of content pertinent to the discipline of nursing and the socialization of students into the professional role. We are committed to providing the curriculum in an atmosphere conducive to student learning and in a manner that will prepare graduates to be successful in the health care workplace. Refer to the Student Handbook for more information.

**BLACKBOARD CONDUCT:**

The BLACKBOARD discussion board should be viewed as a public and professional forum for course related discussions.

Students are free to discuss academic matters and consult one another regarding academic resources. The tone of BLACKBOARD postings should be professional in nature.

It is not appropriate to post statements of a personal or political nature, or statements criticizing classmates or faculty.

Inappropriate statements/language will be deleted by the course faculty and may result in denied access to the Main Discussion board.

Refer to UTACON RN-BSN Student Handbook for more information.

Rules for Blackboard

1. It is the student’s responsibility to check Blackboard every day for course related information.

Blackboard Etiquette

1. Discussion postings are for class-related activities only. No political postings or non-related class postings are allowed. Separate discussion board is created by Pam Smith for discussions related to senior activities like pinning, Sigma Theta

Tau induction and/or Graduation information.

2. Questions posted on the discussion board by students will be answered in a timely manner. On weekends or evenings, questions may not be answered. Please post questions about exams early the day before the exam, as these may not be answered after 5:00 p.m. If a student has a question about an exam that may benefit the entire group, please post it on the discussion board.

**NO GIFT POLICY:**

In accordance with Regents Rules and Regulations and the UTA Standards of Conduct, the

College of Nursing has a “no gift” policy. A donation to the UTA College of Nursing Scholarship Fund would be an appropriate way to recognize a faculty member’s contribution to your learning. For information regarding the Scholarship Fund, please contact the Dean’s office.

**OBSERVANCE OF RELIGIOUS HOLY DAYS:**

Undergraduate Nursing faculty and students shall follow the University policy regarding Observance of Religious Holy Days: (<http://wweb.uta.edu/catalog/content/general/academic_regulations.aspx#6>

***The Student Handbook can be found by going to the following link:*** [**http://www.uta.edu/nursing/bsn-program/**](http://www.uta.edu/nursing/bsn-program/) **and clicking on the link titled BSN Student Handbook.**