

**THE UNIVERSITY OF TEXAS
AT ARLINGTON
COLLEGE OF NURSING**

RN-BSN PROGRAM

**N-3425 HOLISTIC HEALTH ASSESSMENT
Across the Lifespan**

**LEAD TEACHER:
JACKIE LALL MICHAEL, PhD, ANP, WHNP-BC**

Fall, 2012

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The University of Texas at Arlington College of Nursing
NURS 3425-201: RN-BSN Holistic Health Assessment Across the Lifespan
Fall 2012

Instructor(s): Jacqueline Lall Michael, PhD, RN, WHNP-BC
 Asst. Clinical Professor
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 Office hours: By Appointment, Wednesday 1200-1300

NOTE: While E-mail address is listed above, please use the **Blackboard E-mail for normal course related correspondence with lead instructor.** Occasionally Blackboard goes down, and then use the above E-mail address. For other instructors, please ask how they would like normal correspondence.

Time and Place of Class Meetings: Pickard Hall, Room 227,
 meets on Wednesday, per Master schedule

Description of Course Content: Theory and practice of holistic health assessment of individuals and families across the life span designed for the Registered Nurse (RN-BSN Students only). (4 semester hours)

Student Learning Outcomes:

Performance Outcomes	Measurement Strategies
1. Demonstrate appropriate techniques to conduct holistic health assessment across the lifespan.	Course examinations Assessment Summary Paper
2. Identify normal, variations of normal and abnormal assessment finds based on variations across the lifespan.	Course examinations Assessment Summary Paper
3. Conduct comprehensive assessments of individuals and families to include nutritional, physical, psychosocial, cultural and spiritual dimensions.	Course examinations Assessment Summary Paper

COURSE REQUIREMENTS: Course Prerequisite: N3645 Professional Nursing (may be enrolled concurrently).

1) Internet access 2) Blackboard ID & password (given to you)

Student Responsibilities:

- Attendance in class is expected of each student. Students absent from class are responsible for the content and directives provided in class.
- All students are expected to pursue their scholastic careers with honesty and integrity. Academic dishonesty includes, but is not limited to, cheating on a test or other course work, plagiarism

(offering the work of another as one's own), and unauthorized collaboration with another person. Students found guilty of dishonesty in their scholastic pursuits are subject to penalties which may include suspension or expulsion from the University. Please see the academic dishonesty section of this syllabus.

3. Students are responsible for contacting faculty members for consultation regarding a problem with, or questions about, the course. Any student with a grade of 70 or less on any test or assignment should contact the lead instructor to discuss their progress.
4. The textbook, course syllabus and, or class information packet may be used during class discussion.

TEACHING METHODS may include:

Lecture
Films
Games
Role Playing
Blackboard
Human Patient simulation

TOPICS:

Interview Techniques	Thorax & Lung
Nursing Process	Heart, Neck, and Peripheral Vascular
Health History	Abdomen
Nutritional Assessment	Anus, Prostate, & Rectum
Psychological Health	Male & Female Genitalia
Skin, Hair, Nails	Neurological
Breast, Neck, Lymphatic, & Head	Musculoskeletal
Culture & Spirituality	Older Adult
Family Assessment	Infants, Children, Adolescents
Eye & Ear	Childbearing

Class: Students disruptive to class may be asked to leave. Bring your textbook, syllabus and clinical packet to each class. All due dates are listed in your syllabus or syllabus addendum to include RNBSN junior calendar. All written work is due dates posted in the RN-BSN Junior Schedule. There will be **5 points deducted per day for late submissions**, with the time of 8:00 am established for each day. All work turned in late must be given to your clinical advisor or Pam Smith so that a time and date can be put on the paper by her to establish specific time of turn in.

Papers/Projects: Papers and projects are not optional. All papers must be turned in to pass the course. Papers must be turned in on time. **Five points will be deducted per day** for each day the paper is late. **No papers or any parts of papers will be allowed to be re-written for extra points.**

REQUIRED TEXTBOOKS:*Required reading/materials:*

1. Weber, J. & Kelley, J. (2010). Health assessment in nursing (4th ed.). Philadelphia: Lippincott.
2. Weber, J., Kelley, J., & Sprengel, A. (2010). Lab manual to accompany health assessment in nursing (4th ed.). Philadelphia: Lippincott.
3. Ackley, B.J. & Ladwig, G.B. (2009) or latest edition. *Nursing diagnosis handbook: A guide to planning care* (7th ed.). St. Louis, MO: Mosby.
4. Nursing Bar-Chart Quick Study Series. ISBN # 1-57222-174-7 50395.

SUPPLEMENTAL/OPTIONAL TEXTBOOKS:

1. American Psychological Association. (2001). *Publication manual of the American Psychological Association*. (6th ed.). Washington, D.C.: American Psychological Association.

Descriptions of major assignments and examinations with due dates (see master schedule for due dates):

Test 1	40%
Test 2	40%
Assessment Summary Paper	20%

GRADING POLICY:

In order to successfully complete an undergraduate nursing course at UTA, the following minimum criteria must be met:

- 70% weighted average on proctored tests
- 70% weighted average on written assignments (i.e. non-proctored written, computerized assignments, etc.)
- 90% on medication test and practicum check off

In undergraduate nursing courses, all grade calculations will be carried out to two decimal places and there will be no rounding of grades.

Letter grades for tests, written assignments, end of course grades, etc shall be:

A:	90.00 - 100.00
B:	80.00 - 89.99
C:	70.00 - 79.99
D:	60.00 - 69.99

The existing rule of C or better to progress remains in effect; therefore to successfully complete a nursing course students shall have a course grade of 70.00 or greater.

Students are expected to keep track of their performance throughout the semester and seek guidance from available sources (including the instructor) if their performance drops below satisfactory levels.

Expectations for Out-of-Class Study:

Beyond the time required to attend each class meeting, students enrolled in this course should expect to spend at least an **additional 8** hours per week of their own time in course-related activities, including reading required materials, completing assignments, preparing for exams, etc.

TESTING GUIDELINES:

- Each student **must** bring his/her student ID to each exam and place under his/her chair. These will be checked. **Students must have student ID to take exam.**
- The student must be on time for exams. They will begin promptly at the time scheduled. A student will be unable to take an exam if he/she is late and another student has already finished the exam. In this case, the student would receive a “0” on the exam.
- A student must notify the instructor **prior** to the exam if he/she will not be there. If no notice is received, the student may be unable to make up exam. **Make up exams may consist of short-answer and essay questions.**
- All books, papers, and backpacks must be put on the side of the room.
- All cell phones, pagers, palm pilots, and laptop computers must be turned off and placed on the side of the room.
- All food items and drinks must be placed on the side of the room.
- No talking is allowed during exams. If a student is talking, he/she will receive a “0” on the exam.
- All testing materials must be returned at the end of the exam.
- The student must fill out his/her name and bubble on Scantron sheet first. Quizzes/exams without names will not be accepted. All answers must be put on Scantron sheet before the end of the exam. No extra time will be given at the end of the exam/quiz to fill out name/answers.
- No restroom breaks will be allowed after the first test is turned in.
- No items will be allowed out of the room during restroom breaks.
- Students must take off employee badges during exams.

Although faculty strives to provide a quiet learning/testing environment there may be noises and distractions in any testing environment that are beyond the control of the exam proctors. If a student feels that the testing environment is unduly noisy or distracting for any reason, it is the responsibility of the student to report this to an exam proctor as soon as possible during the exam so corrective action may be taken.

Exams: Exams may include multiple-choice, matching, and/or short answer questions. No extra credit questions are included. ***Important note: the student must pass the tests with an overall weighted average of 70 to pass the course. The final weighted average of the student's combined test grades must be at least 70 to pass the course.*** All exams will be cumulative. The student must be on time for exams. If a 70 test average is not received, the student will either receive a “D” or an “F” in the class depending on other grades received. **Students are required to bring their MAV ID badges as picture IDs on test dates.**

Missed Exams: Students are expected to take exams as scheduled. If something unforeseen occurs, notify the instructor **prior** to class. Under normal circumstances, tests should be made up before the next class period. Tests may/will be revised for late takers and may consist of short answer questions. 5 points may be deducted from the grade automatically.

Electronic Devices: Any use of electronic devices must be approved prior to use by the lead instructor including but not limited to tape recorder, cell phones, palm organizers, electronic and programmable calculators, camera and/or videotaping.

DROP POLICY:

Students may drop or swap (adding and dropping a class concurrently) classes through self-service in MyMav from the beginning of the registration period through the late registration period. After the late registration period, students must see their academic advisor to drop a class or withdraw. Undeclared students must see an advisor in the University Advising Center. Drops can continue through a point two-thirds of the way through the term or session. It is the student's responsibility to officially withdraw if they do not plan to attend after registering. **Students will not be automatically dropped for non-attendance.** Repayment of certain types of financial aid administered through the University may be required as the result of dropping classes or withdrawing. Contact the Financial Aid Office for more information.

As in the past, the last date to drop a RN-BSN course is adjusted. The adjusted date will now reflect a point two-thirds of the way through the course.

Adjusted drop dates in the Fall 2012 semester for Junior RN-BSN courses are as follows:

N3325 Care of Older Adults – **DROP DATE: December 5, 2012**

N3645 Professional Nursing – **DROP DATE: October 22, 2012**

N3425 Holistic Health Assessment Across the Lifespan – DROP DATE: October 24, 2012

N3335 Health Promotion – **DROP DATE: November 30, 2012**

Americans with Disabilities Act:

The University of Texas at Arlington is on record as being committed to both the spirit and letter of all federal equal opportunity legislation, including the *Americans with Disabilities Act (ADA)*. All instructors at UT Arlington are required by law to provide "reasonable accommodations" to students with disabilities, so as not to discriminate on the basis of that disability. Any student requiring an accommodation for this course must provide the instructor with official documentation in the form of a letter certified by the staff in the Office for Students with Disabilities, University Hall 102. Only those students who have officially documented a need for an accommodation will have their request honored. Information regarding diagnostic criteria and policies for obtaining disability-based academic accommodations can be found at www.uta.edu/disability or by calling the Office for Students with Disabilities at (817) 272-3364.

Academic Integrity:

All students enrolled in this course are expected to adhere to the UT Arlington Honor Code:

I pledge, on my honor, to uphold UT Arlington's tradition of academic integrity, a tradition that values hard work and honest effort in the pursuit of academic excellence.

I promise that I will submit only work that I personally create or contribute to group collaborations, and I will appropriately reference any work from other sources. I will follow the highest standards of integrity and uphold the spirit of the Honor Code.

Instructors may employ the Honor Code as they see fit in their courses, including (but not limited to) having students acknowledge the honor code as part of an examination or requiring students to incorporate the honor code into any work submitted. Per UT System *Regents' Rule* 50101,

§2.2, suspected violations of university's standards for academic integrity (including the Honor Code) will be referred to the Office of Student Conduct. Violators will be disciplined in accordance with University policy, which may result in the student's suspension or expulsion from the University.

Plagiarism:

Copying another student's paper or any portion of it is plagiarism. Additionally, copying a portion of published material (e.g., books or journals) without adequately documenting the source is plagiarism. If five or more words in sequence are taken from a source, those words must be placed in quotes and the source referenced with author's name, date of publication, and page number of publication. If the author's ideas are rephrased, by transposing words or expressing the same idea using different words, the idea must be attributed to the author by proper referencing, giving the author's name and date of publication. If a single author's ideas are discussed in more than one paragraph, the author must be referenced at the end of each paragraph. Authors whose words or ideas have been used in the preparation of a paper must be listed in the references cited at the end of the paper. Students are encouraged to review the plagiarism module from the UT Arlington Central Library via <http://library.uta.edu/tutorials/Plagiarism>

Student Support Services:

UT Arlington provides a variety of resources and programs designed to help students develop academic skills, deal with personal situations, and better understand concepts and information related to their courses. Resources include tutoring, major-based learning centers, developmental education, advising and mentoring, personal counseling, and federally funded programs. For individualized referrals, students may visit the reception desk at University College (Ransom Hall), call the Maverick Resource Hotline at 817-272-6107, send a message to resources@uta.edu, or view the information at www.uta.edu/resources.

Electronic Communication Policy:

The University of Texas at Arlington has adopted the University "MavMail" address as the sole official means of communication with students. MavMail is used to remind students of important deadlines, advertise events and activities, and permit the University to conduct official transactions exclusively by electronic means. For example, important information concerning registration, financial aid, payment of bills, and graduation are now sent to students through the MavMail system. All students are assigned a MavMail account. ***Students are responsible for checking their MavMail regularly.*** Information about activating and using MavMail is available at <http://www.uta.edu/oit/email/>. There is no additional charge to students for using this account, and it remains active even after they graduate from UT Arlington.

To obtain your NetID or for logon assistance, visit <https://webapps.uta.edu/oit/selfservice/>. If you are unable to resolve your issue from the Self-Service website, contact the Helpdesk at helpdesk@uta.edu.

Student Feedback Survey:

At the end of each term, students enrolled in classes categorized as lecture, seminar, or laboratory shall be directed to complete a Student Feedback Survey (SFS). Instructions on how to access the SFS for this course will be sent directly to each student through MavMail approximately 10 days before the end of the term. Each student's feedback enters the SFS database anonymously and is aggregated with that of other students enrolled in the course. UT Arlington's effort to solicit, gather, tabulate, and publish student feedback is required by state

law; students are strongly urged to participate. For more information, visit <http://www.uta.edu/sfs>.

LIBRARY INFORMATION: Helen Hough, Nursing Librarian
(817) 272-7429, E-mail: hough@uta.edu
Research information on Nursing:
<http://libguides.uta.edu/nursing>

**RN-BSN PROGRAM
SUPPORT STAFF:**

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COLLEGE OF NURSING INFORMATION

UTA College of Nursing Policy

Effective for students entering the nursing program Fall 2009 (Jr I) and forward, the following policy applies:

Students within the program, enrolled in an upper division NURS course are permitted to drop the course one time. Upon attempting the course for the second time, the earned grade is retained. Students may drop no more than three upper division NURS courses during their undergraduate career. Elective and pre-nursing courses are exempt from this policy.

APA FORMAT:

APA style manual will be used by the UTACON with some specific requirements for the undergraduate courses. The sample title page & instructions, as well as a Manuscript Preparation document can be found at: www.uta.edu/nursing/handbook/bsn_policies.php#apa

STUDENT CODE OF ETHICS:

The University of Texas at Arlington College of Nursing supports the Student Code of Ethics Policy. Students are responsible for knowing and complying with the Code. The Code can be found in the Student Handbook.

CLASSROOM CONDUCT GUIDELINES:

The Faculty of the RN-BSN Program believes that classroom teaching has two goals: the provision of content pertinent to the discipline of nursing and the socialization of students into the professional role. We are committed to providing the curriculum in an atmosphere conducive to student learning and in a manner that will prepare graduates to be successful in the health care workplace. Refer to the Student Handbook for more information.

BLACKBOARD CONDUCT:

The BLACKBOARD discussion board should be viewed as a public and professional forum for course related discussions.

Students are free to discuss academic matters and consult one another regarding academic resources. The tone of BLACKBOARD postings should be professional in nature.

It is not appropriate to post statements of a personal or political nature, or statements criticizing classmates or faculty.

Inappropriate statements/language will be deleted by the course faculty and may result in denied access to the Main Discussion board.

Refer to UTACON RN-BSN Student Handbook for more information.

Rules for Blackboard

1. It is the student's responsibility to check Blackboard every day for course related information.

Blackboard Etiquette

1. Discussion postings are for class-related activities only. No political postings or non-related class postings are allowed. Separate discussion board is created by

Pam Smith for discussions related to senior activities like pinning, Sigma Theta Tau induction and/or Graduation information.

2. Questions posted on the discussion board by students will be answered in a timely manner. On weekends or evenings, questions may not be answered. Please post questions about exams early the day before the exam, as these may not be answered after 5:00 p.m. If a student has a question about an exam that may benefit the entire group, please post it on the discussion board.

NO GIFT POLICY:

In accordance with Regents Rules and Regulations and the UTA Standards of Conduct, the College of Nursing has a “no gift” policy. A donation to the UTA College of Nursing Scholarship Fund would be an appropriate way to recognize a faculty member’s contribution to your learning. For information regarding the Scholarship Fund, please contact the Dean’s office.

EMERGENCY COVERAGE FOR NEEDLE-STICK INJURIES & POLICY ON INVASIVE PROCEDURES:

These policies may be found on the College of Nursing Website under the Student Handbook.

The Student Handbook can be found by going to the following link:

<http://www.uta.edu/nursing/handbook/toc.php> or by going to the nursing website www.uta.edu/nursing and using the link provided under Current Students.

Holistic Health Assessment and Blackboard (RN-BSN) Fall 2012

1. Log on to Blackboard. Click on Holistic Health Assessment N3425- instructor Jackie Michael
2. On the homepage, you will find eight areas which include:
 - a. Course content and related materials
 - b. Final paper information
 - c. Syllabus
 - d. Communication tools
 - e. Related Websites
 - f. Current Course Grade
3. Under course content and related materials, you will find the weekly notes for Holistic Health Assessment (under icon Lecture Notes). Notes will be posted at least the week before the subject is covered. If they are not there at least the week before, notes will be provided in class. The lead instructor's notes will be in either outline format or PowerPoint handout format and will be titled by the book chapters or content. Also under this section, there is an icon for Sample of Mental Status, which can be downloaded for the neuro exam/mental status lecture. There is also an icon for Exam Blueprints. Blueprints for the exam will be posted here at least a week prior to the exam. You will also see chapter objectives/outline. Each chapter or topic will have objectives and an outline posted here. Also, you can find the course schedule posted under schedule.
4. Final paper information contains:
 - a. Schedule and Class information packet with addendum syllabus and assignment information. This is the Class Information Packet you may have purchased from the copy center.
5. If you click on the syllabus icon, you will bring up the syllabus. You can print if you would like.
6. Communication tools contain a discussion board, mail, and chat room. On the discussion board, you will have messages posted by the instructor. Make sure you check this **daily**. All students have access to this discussion board. You can read only or post a question, if you like. There is also a place where you can post a question for a Holistic Health Assessment mentor. There is another section for mail. You can email the lead instructor here. For all other clinical faculty and GTA's who may be assigned to teach the course, please email them using the email they supply you. You can also email other students in this area. The chat room is an area you can have discussions with students who are currently on-line or have group meetings.
7. Related websites contain websites that might be useful for this class. Make sure you check this section.
8. To check your grades, look under current course grades. You will be able to review your grades under this section after the instructor has released them to the class.

If you have any questions, please let me know.