



## **THE UNIVERSITY OF TEXAS AT ARLINGTON UNDERGRADUATE PROGRAM**

### **NURS 3261 Nursing of Older Adults**

#### **Course Description**

Selected concepts and issues related to aging and its impact on society and health care. Introduction to gerontologic nursing principles. Clinical application in diverse settings across the continuum of care. This course is an off-campus course and is entirely online utilizing Blackboard.

#### **Credit Hours and Clock Hours**

Credit hours (2-0)

#### **Placement in Curriculum:**

Junior 2 (JR2)

#### **Course Prerequisites/Corequisites**

NURS 3632 Clinical Nursing Foundations

NURS 3320 Holistic Health Assessment Across the Lifespan

#### **Faculty**

Denise Cauble, PhD(c), RN  
Lead Teacher

[dcauble@uta.edu](mailto:dcauble@uta.edu)

<b>Course Performance Outcomes</b> <i>At the end of this course, the student should be able to:</i>	<b>Performance Measurement</b>
<ul style="list-style-type: none"> <li>Promote adherence to the evidence-based practice of providing restraint-free care (both physical and chemical restraints).</li> </ul>	Quizzes and Assignments
<ul style="list-style-type: none"> <li>Implement strategies and use online guidelines to prevent and/or identify and manage geriatric syndromes</li> </ul>	Quizzes, Discussion and Assignments
<ul style="list-style-type: none"> <li>Recognize the complex interaction of acute and chronic co-morbid physical and mental conditions and associated treatments common to older adults</li> </ul>	Quizzes, Discussion , Assignments
<ul style="list-style-type: none"> <li>Identify actual or potential mistreatment (physical, mental, or financial abuse, and/or self neglect) in older adults and refer appropriately</li> </ul>	Quizzes, Discussion , Assignments
<ul style="list-style-type: none"> <li>Assess barriers for older adults in receiving, understanding and giving of information</li> </ul>	Life Review Assignment and reflections
<ul style="list-style-type: none"> <li>Facilitate ethical, non-coercive decision making by older adults and /or families/caregivers for maintaining everyday living, receiving treatment, initiating advance directives and implementing end of care</li> </ul>	Discussion and assignments
<ul style="list-style-type: none"> <li>Recognize and respect the variations of care, the increased complexity and the increased use of healthcare resources in caring for older adults</li> </ul>	Quizzes and assignments

<ul style="list-style-type: none"><li>• Incorporate professional attitudes, values and expectations about physical and mental aging in the provision of patient centered care for older adults and their families</li></ul>	Quizzes, discussion and assignments
<ul style="list-style-type: none"><li>• Implement and monitor strategies to prevent risk and promote quality and safety (e.g., falls, medication mismanagement, pressure ulcers) in the nursing care of older adults with physical and cognitive needs</li></ul>	Quizzes and assignments
<ul style="list-style-type: none"><li>• Utilize resources/programs to promote functional, physical and mental wellness in older adults.</li></ul>	Quizzes, assignments

## Teaching and Evaluation Methods

### Readings

### Video Lectures and online resources

### Small-Group Activities such as weekly Discussion Boards

### Written Assignments

Each student will conduct an **interview with an older adult (age 70+)** for the purpose of assisting that person in performing a **Life Review**. The guidelines for the interview and paper, as well as the grading rubric will be available ONLINE. Students are expected to work independently on this project. The Life Review Project will represent 33% of the total course grade.

Other assignments must be completed and submitted as directed in the courseware:

#### **Self-Assessment**

#### **Life Review Interview Consent Form/Schedule**

#### **Life Review Ego Integrity Research**

#### **Life Review Interview**

#### **Reflections - Immobility and Functional Decline**

#### **Reflections - Grief and Final Reflections**

#### **Quizzes**

**All written assignments must be completed in order to pass the course. If assignments are not completed a grade of “F” will be assigned to the final course grade**

### Discussion Boards

The discussion board should be viewed as a public and professional forum for discussion. Students are free to discuss academic matters and consult one another regarding academic resources. The tone of postings on the discussion board should remain professional in nature. It is not appropriate to post statements of a personal or political nature, or statements criticizing classmates or faculty. Inappropriate statements will be deleted by the course faculty.

### Quizzes

As future nurses, you are guided by a set of practice expectations, even as a student. A very important part of these expectations is appropriate moral and ethical behavior. Therefore, it is expected that you will work alone to take each of the online quizzes. You are expected to maintain test security by not discussing the questions with your peers or attempting to copy the quizzes in any way. If you discuss quiz questions or content of quizzes with these students, this is a violation of test security, and will result in being reported for academic dishonesty. We take test-security very seriously at the College of Nursing. Violations in test security are considered not just academic violations, but ethical violations, which is unacceptable behavior for future nursing professionals.

Course quizzes will be posted online. Quizzes will be available to students during a specified time period listed on the course schedule. Quizzes will include information from the assigned course content/slide presentations and readings. Please review the online quiz instructions prior to attempting the quiz. Since the quiz is timed, you will be unable to return to any skipped items and the instructor will be unable to restart the quiz for you. Remember to save your answers. The quiz will not be available online after the deadline and students not completing the quiz at that time will receive a “0”. Quizzes may be multiple choice, fill in the blank, or short answer. There will be no makeup quizzes. Online quizzes are not included in the minimal weighted exam grade average of 70%.

**Weekly online quizzes will be given.** Before taking an online quiz, you must acknowledge you have read, have understood and will comply with the following statement:

*I certify these responses are entirely my own work. I have not copied the work of any other student (past or present) or collaborated with anyone on this quiz. In addition, I will not share the questions or answers from this quiz with other students. I understand that academic dishonesty is grounds for dismissal from the program.*

All students are expected to take the quizzes during the scheduled time. In the event a student anticipates that he/she will not be able to meet the deadline for taking a quiz due to circumstances beyond his/her control, the student is expected to notify the Faculty **before** the deadline.

**UTA College of Nursing Grading Criteria**

In order to successfully complete an undergraduate nursing course at UTA, the following minimum criteria must be met:

70% weighted average on proctored exams (N/A for this class)

70% weighted average on major written assignments  
(i.e. non-written, computerized assignments, etc.)

90% on medication test and practicum check off (if applicable)

**In undergraduate nursing courses, all grade calculations will be carried out to two decimal places, and there will be no rounding of grades.** Letter grades for tests, written assignments, end-of-course grades, etc., shall be:

- A: 90.00 - 100.00
- B: 80.00 - 89.99
- C: 70.00 - 79.99
- D: 60.00 - 69.99

The existing rule of C or better to progress remains in effect; therefore, to successfully complete a nursing course, students shall have a course grade of 70.00 or greater.

**Evaluation**

Components to Be Graded	%
Quizzes	35% (5 at 7% each)
Proctored Exams	N/A
Life Review Project Life Review: Interview Analysis Reflection Ego Integrity Research Interview Consent Form/Schedule Signed Consent Form	40%  30% 3% 3% 2% 2%
Participation  Self-Assessment Discussions  Reflections	25%  2% 15% (5 at 3% each)

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Immobility and Functional Decline Grief and Final	4%
	4%
	<b>100%</b>

## NURS 3261 Nursing of Older Adults

Successful completion of the course requires reading the readings, viewing the videos, interacting in the online discussions, completing the required assignments, and participation in course activities.

All participation will be electronically monitored. **Late assignments may be penalized up to 5 points for every day late after the date and time due to a maximum of 5 days unless prior arrangements have been made with the faculty.** Quiz questions will be oriented toward evaluation of application and analysis. Failure to complete a quiz as scheduled may result in an “F” for the quiz unless **prior** arrangements have been made with the faculty. Students not taking the quiz or exam on the designated day and time will be required to notify the faculty **on or before** the test day and make arrangements to take the test within five calendar days of the test date. The makeup test will be at the discretion of the faculty member.

### Course Planning Calendar

	Task	Due Date
<b>JR2 Week 1</b> (Week 1 of course)	Self-Assessment	<b>2359 WED</b> <b>JR2 Week 1</b>
	Discussion	First postby <b>2359 THURS JR 2 Week 1;</b> Reply by <b>2359 TUES of JR2 Week 2</b>
	Assignment – <i>Life Review: Interview Appointment Date confirmation</i>	<b>2359 TUES</b> <b>JR2 Week 2</b>
	Quiz 1	<b>2359 Sat</b> <b>JR2 Week 1</b>
<b>JR2 Week 2</b> (Week 2 of course)	Discussion	First postby <b>2359 THURS JR 2 Week 2;</b> Reply by <b>2359 TUES of JR2 Week 3</b>
	Assignments 1 & 2 – <i>Immobility and Functional Decline and Life Review: Ego Integrity Research</i>	<b>2359 TUES</b> <b>JR2 Week 3</b>
	Quiz 2	<b>2359 Saturday</b> <b>JR2 Week 2</b>

<b>JR2 Week3</b> (Week 3 of course)	Discussion	First postby <b>2359 THURS JR 2 Week 3;</b> Reply by <b>2359 TUES of JR2 Week 4</b>
	Assignment – <i>Life Review Interview Reflections</i>	<b>2359 TUES</b> <b>JR2 Week4</b>
	Quiz 3	<b>2359 Saturday</b> <b>JR2 Week3</b>
<b>JR2 Week4</b> (Week 4 of course)	Discussion	First postby <b>2359 THURS JR 2 Week 4;</b> Reply by <b>2359 TUES of JR2 Week 5</b>
	Assignment – <i>Life Review Analysis and Life Review: Signed Interview Consent Form</i>	<b>2359 TUES</b> <b>JR2 Week5</b>
	Quiz 4	<b>2359 TUES</b> <b>JR2 Week4</b>
<b>JR2 Week5</b> (Week 5 of course)	Discussion	First postby <b>2359 THURS JR 2 Week 5;</b> Reply by <b>2359 SAT of J2 Week 5</b>
	Assignment – <i>Grief and Final Reflections</i>	<b>2359 SAT</b> <b>JR2 Week5</b>
	Quiz 5	<b>2359 SAT</b> <b>JR2 Week5</b>
	Course Evaluation	<b>2359 SAT</b> <b>JR2 Week5</b>



## **Required Textbook**

Toughy, T., & Jett, L. (2012). *Ebersole and Hess' Toward Healthy Aging-Human Needs and Nursing Response*. (8th. Ed.). St. Louis, M.O. Mosby.

## **Student Evaluation of Teaching**

At the end of the course, you will be asked to complete an evaluation form of the course content and the faculty's effectiveness.

## **Faculty Responsibilities**

The faculty will provide learning experiences designed to meet essential course content; collaborate with students to facilitate the learning process; support creative, independent learning; and provide guidelines for students in the pursuit of professional development.

Students will receive immediate feedback about exams and timely feedback about written assignments.

## **Student Responsibilities**

The student is responsible for reading assigned materials, viewing the lecture videos, participating in the course discussions, completing assigned work, and reviewing other materials as necessary to support comprehension of course content. Students are responsible for all material provided online, including lecture notes, announcements, and material that results from group discussions. Students are responsible for communicating needs/concerns to their Academic Coach. As necessary, the Academic Coach will communicate with the course faculty member.

Students are expected to participate in the online discussions and students' comments/responses should reflect academic preparation. All written presentations should follow APA format guidelines, using correct grammar, spelling, and punctuation.

## **Library Information**

**Peace Ossom Williamson**, Nursing Librarian

Email: [peace@uta.edu](mailto:peace@uta.edu)

Research information on Nursing: <http://www.uta.edu/library/research/rt-nursing.html>

## **UTA Information**

### **Student Code of Ethics**

The University of Texas at Arlington College of Nursing supports the Student Code of Ethics Policy. Students are responsible for knowing and complying with the Code. The Code can be found in the UTACON Student Handbook.

### **Academic Integrity**

Students enrolled in this course are expected to adhere to the UT Arlington Honor Code:

*I pledge, on my honor, to uphold UT Arlington's tradition of academic integrity, a tradition that values hard work and honest effort in the pursuit of academic excellence.*

*I promise that I will submit only work that I personally create or contribute to group collaborations, and I will appropriately reference any work from other sources. I will follow the highest standards of integrity and uphold the spirit of the honor code.*

UT Arlington faculty members may employ the Honor Code as they see fit in their courses, including (but not limited to) having students acknowledge the honor code as part of an

examination or requiring students to incorporate the honor code into any work submitted. Per UT System *Regents' Rule* 50101, § 2.2, suspected violations of university's standards for academic integrity (including the Honor Code) will be referred to the Office of Student Conduct. Violators will be disciplined in accordance with University policy, which may result in the student's suspension or expulsion from the University.

**A Note About Plagiarism:** Copying another student's paper or any portion of it is plagiarism. Additionally, copying a portion of published material (e.g., books or journals) without adequately documenting the source is plagiarism. If five or more words in sequence are taken from a source, those words must be placed in quotes and the source referenced with author's name, date of publication, and page number of publication. If the author's ideas are rephrased, by transposing words or expressing the same idea using different words, the idea must be attributed to the author by proper referencing, giving the author's name and date of publication. If a single author's ideas are discussed in more than one paragraph, the author must be referenced at the end of each paragraph. Authors whose words or ideas have been used in the preparation of a paper must be listed in the references cited at the end of the paper. Students are encouraged to review the plagiarism module from the UT Arlington Central Library via <http://library.uta.edu/tutorials/Plagiarism>

### **Americans with Disabilities Act**

The University of Texas at Arlington is on record as being committed to both the spirit and letter of all federal equal opportunity legislation, including the *Americans with Disabilities Act (ADA)*. All instructors at UTA Arlington are required by law to provide "reasonable accommodations" to students with disabilities, so as not to discriminate on the basis of that disability. Any student requiring an accommodation for this course must provide the instructor with official documentation in the form of a letter certified by the staff in the Office for Students with Disabilities, University Hall, Room 102. Only those students who have officially documented a need for an accommodation will have their request honored. Information regarding diagnostic criteria and policies for obtaining disability-based academic accommodations can be found at [www.uta.edu/disability](http://www.uta.edu/disability) or by calling the Office for Students with Disabilities at (817) 272-3364.

### **Title IX:**

The University of Texas at Arlington is committed to upholding U.S. Federal Law "Title IX" such that no member of the UT Arlington community shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity. For more information, visit [www.uta.edu/titleIX](http://www.uta.edu/titleIX).

### **The Writing Center:**

The Writing Center, 411 Central Library, offers individual 40 minute sessions to review assignments, *Quick Hits* (5-10 minute quick answers to questions), and workshops on grammar and specific writing projects. Visit <https://uta.mywconline.com/> to register and make appointments. For hours, information about the writing workshops we offer, scheduling a classroom visit, and descriptions of the services we offer undergraduates, graduate students, and faculty members, please visit our website at [www.uta.edu/owl/](http://www.uta.edu/owl/).

- Library Home Page ..... <http://www.uta.edu/library>
- Subject Guides ..... <http://libguides.uta.edu>
- Subject Librarians..... <http://www.uta.edu/library/help/subject-librarians.php>
- Database List ..... <http://www.uta.edu/library/databases/index.php>
- Course Reserves..... <http://pulse.uta.edu/vwebv/enterCourseReserve.do>

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Library Tutorials .....	<a href="http://www.uta.edu/library/help/tutorials.php">http://www.uta.edu/library/help/tutorials.php</a>
Connecting from Off- Campus .....	<a href="http://libguides.uta.edu/offcampus">http://libguides.uta.edu/offcampus</a>
Ask A Librarian .....	<a href="http://ask.uta.edu">http://ask.uta.edu</a>

The following URL houses a page where we have gathered many commonly used resources needed by students in online courses: <http://www.uta.edu/library/services/distance.php>.

### **Student Support Services**

UT Arlington provides a variety of resources and programs designed to help students develop academic skills, deal with personal situations, and better understand concepts and information related to their courses. Resources included tutoring, major-based learning centers (UTACON LRC and Student Success Center, first floor of Pickard Hall), developmental education, advising and mentoring, personal counseling, and federally funded programs. For individualized referrals, students may visit the reception desk at University College (Ransom Hall), call the Maverick Resource Hotline at (817) 272-6107, send a message to [resources@uta.edu](mailto:resources@uta.edu), or view the information at [www.uta.edu/resources](http://www.uta.edu/resources).

### **Online Conduct**

The discussion opportunities should be viewed as a public and professional forum for course-related discussions.

Students are free to discuss academic matters and consult one another regarding academic resources. The tone of online postings should be professional in nature.

It is not appropriate to post statements of a personal or political nature or statements criticizing classmates or faculty.

Inappropriate statements/language will be deleted by the course faculty and may result in denied access to the discussion board.

### **Electronic Communication**

UT Arlington has adopted MavMail as its official means to communicate with students about important deadlines and events, as well as to transact university-related business regarding financial aid, tuition, grades, graduation, etc. All students are assigned a MavMail account and are responsible for checking the inbox regularly. There is no additional charge to students for using this account, which remains active even after graduation. Information about activating and using MavMail is available at <http://www.uta.edu/oit/cs/email/mavmail.php>.

Students are responsible for checking discussion board(s) and e-mail on a daily basis. All communications (email, DB, texts, etc.) for this course are expected to be professional in tone and content to peers and instructors. Any student that is not professional in communications with peers and instructors can be subject to counseling / disciplinary action. Blackboard is the only venue expected to be used for this course. No communications for this course are allowed on Facebook or any other social media.

### **Access to Blackboard:**

If you have pre-registered for the course you should be able to access Blackboard approximately 1 week before school begins. You are encouraged to access the site and become familiar with the various resources.

### **Computer Requirements:**

All computers on campus will have access to BLACKBOARD. If you choose to access Blackboard from home you must have a computer and a quality Internet provider such as DSL, Cable, or Satellite (regular telephone is not adequate). Questions about adequate computer hardware should be directed to the UTA help desk at 817-272-2208 or

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[www.helpdesk@uta.edu](http://www.helpdesk@uta.edu). **Your home computer's compatibility with BLACKBOARD is your responsibility. Neither the helpdesk nor your instructor is responsible for the functionality of your home computer's configuration. Please do not bring your technical problems to class. Your instructors are not available for technical support, please call or contact the helpdesk.**

**Word of caution:** Do not rely on your employer's computer system to access Blackboard. Students have encountered various problems (such as dropping them in the middle of an on-line quiz) due to the special filters, fire walls, blocking of programs, and barriers they put on their systems. Papers have been distorted in format and various problems have been noted with quiz access with a MAC computer. You are also advised to **not take any on-line quizzes on a wireless system** as students have also been dropped and used up their time trying to reconnect. Mozilla Firefox is the best interface for accessing Blackboard for quizzes and paper submissions.

### **Drop Policy**

Students may drop or swap (adding and dropping a class concurrently) classes through self-service in My Mav from the beginning of the registration period through the late registration period. After the late registration period, students must see their academic advisor to drop a class or withdraw. Drops can continue through a point two-thirds of the way through the term or session. It is the student's responsibility to officially withdraw if they do not plan to attend after registering. Students will not be automatically dropped for non-attendance. Repayment of certain types of financial aid administered through the University may be required as the result of dropping classes or withdrawing. For more information, contact the Office of Financial Aid and Scholarships (<http://www.uta.edu/aao/fao/>).

The drop date for this course is June 22, 2015.

### **College of Nursing Information**

#### **APA Format**

All nursing papers are expected to follow American Psychological Association (APA) format. In addition to the APA manual, a brief summary of commonly used APA information may be found under the UTASON Student Handbook.

The Student Handbook can be found by going to the following link:

**<http://www.uta.edu/nursing/handbook/toc.php>** or by going to the nursing website **[www.uta.edu/nursing](http://www.uta.edu/nursing)** and using the link provided under Current Students.

#### **No Gift Policy**

In accordance with Regents Rules and Regulations and the UTA Standards of Conduct, the College of Nursing has a "no gift" policy. A donation to the UTA College of Nursing Scholarship Fund would be an appropriate way to recognize an Academic Coach or faculty member's contribution to your learning. For information regarding the Scholarship Fund, please contact the Dean's office.

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>WEEK 1</b> <b>Fill in dates</b>	1 <sup>st</sup> day of class		Attestation due Self Assessment due 2359	Wk 1 Quiz opens at 0800 Wk 1 Discussion- 1 <sup>st</sup> post due by 2359		Wk 1 Quiz to be completed 2359
<b>WEEK 2</b>		Peer reply to Wk 1 Discussion due 2359 <b>Wk 1 Assignments due 2359</b>		Wk 2 Quiz opens at 0800 Wk 2 Discussion- 1 <sup>st</sup> post due by 2359		Wk 2 Quiz to be completed by 2359
<b>WEEK 3</b>		Peer reply to Wk 2 Discussion due 2359 <b>Wk 2 Assignments due by 2359</b>		Wk 3 Quiz opens at 0800  Wk 3 Discussion- 1 <sup>st</sup> post due by 2359		Wk 3 Quiz to be completed by 2359
<b>WEEK 4</b>		Peer reply to Wk 3 Discussion due 2359  <b>Wk 3 Assignments due by 2359</b>		Wk 4 Quiz opens at 0800  Wk 4 Discussion- 1 <sup>st</sup> post due by 2359		Wk 4 Quiz to be completed by 2359

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<b>WEEK 5</b>		Peer reply to Wk 4 Discussion due 2359  <b>Wk 4 Assignment s due by 2359</b>		Wk 5 Quiz opens at 0800  Wk 5 Discussion- 1 <sup>st</sup> post due by 2359		Wk 5 Quiz to be completed by 2359  Peer reply to Discussion due 2359  Wk 5 Assignment due by 2359  Course Evaluation due 2359
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