**N 3325: Holistic Care of Older Adults**

Fall 2016

**Instructor(s): Shawn Tindell MSN, RN- section 500**

**Lynn Cope Ph.D, RN- section 503**

**Office Number: Pickard Hall, College of Nursing and Health Innovation**

**Office Telephone Number: College of Nursing** 817-272-2776  **Contact your Academic Coach before contacting your Instructor if possible. Email is the most effective method of reaching your Instructor**

**Email Address: Shawn Tindell-** [**Tindell@uta.edu**](mailto:Tindell@uta.edu)

**Lynn Cope- Cope@uta.edu**

**Faculty Profile:** see faculty profiles on the UTA website

**Office Hours: upon request**

**Section Information: NURS 3325 sections 500 and 503**

**Time and Place of Class Meetings: On Line**

**Description of Course Content:** Introduction to principles and standards of gerontologic nursing. Selected concepts and issues related to aging and its impact on society and health care. Registered nurse students only.

**Student Learning Outcomes:**

|  |  |
| --- | --- |
| **Course Performance Outcomes *At the end of this course,  the student should be able to:*** | **Performance Measurement** |
| * Promote adherence to the evidence-based practice of providing restraint-free care (both physical and chemical restraints). | Quizzes, and Assignments |
| * Implement strategies and use online guidelines to prevent and/or identify and manage geriatric syndromes | Quizzes, Discussion and Assignments |
| * Recognize the complex interaction of acute and chronic co-morbid physical and mental conditions and associated treatments common to older adults | Quizzes, Discussion , Assignments |
| * Identify actual or potential mistreatment (physical, mental, or financial abuse, and/or self neglect) in older adults and refer appropriately | **Q** Quizzes, Discussion , Assignments |
| * Assess barriers for older adults in receiving, understanding and giving of information | Life Review Assignment and reflections |
| * Facilitate ethical, non-coercive decision making by older adults and /or families/caregivers for maintaining everyday living, receiving treatment, initiating advance directives and implementing end of care | Discussion and assignments |
| * Recognize and respect the variations of care, the increased complexity and the increased use of healthcare resources in caring for older adults | Quizzes, exams |
| * Incorporate professional attitudes, values and expectations about physical and mental aging in the provision of patient centered care for older adults and their families | Quizzes, exams, discussion |
| * Implement and monitor strategies to prevent risk and promote quality and safety (eg., falls, medication mismanagement, pressure ulcers) in the nursing care of older adults with physical and cognitive needs | Quizzes, exams, assignment |
| * Utilize resources/programs to promote functional, physical and mental wellness in older adults. | Quizzes, exam, assignments |

Required Textbooks and Other Course Materials: NO REQUIRED Textbook

If the student wants to purchase a textbook , then the following ***optional*** book is recommended: Touhy, T & Jett, K. Ebersole and Hess' Gerontological Nursing & Healthy Aging, 4e , Mosby **ISBN-10:** 0323096069

**Attendance:** At The University of Texas at Arlington, taking attendance is not required but attendance is a critical indicator in student success. Each faculty member is free to develop his or her own methods of evaluating students’ academic performance, which includes establishing course-specific policies on attendance. As the instructor of this section, attendance will not be taken however the faculty will review participation on a regular basis. However, while UT Arlington does not require instructors to take attendance in their courses, the U.S. Department of Education requires that the University have a mechanism in place to mark when Federal Student Aid recipients “begin attendance in a course.” UT Arlington instructors will report when students begin attendance in a course as part of the final grading process. Specifically, when assigning a student a grade of F, faculty report the last date a student attended their class based on evidence such as a test, participation in a class project or presentation, or an engagement online via Blackboard. This date is reported to the Department of Education for federal financial aid recipients.

**Other Requirements:**

**Credit Hours and Clock Hours**

Credit hours (3-0)

**Placement in Curriculum**

Flexible in the RN-BSN program

**Course Prerequisites**

N3645 Transition to Professional Nursing

Composition I & II

Technical Writing (or co-requisite)

**Faculty Responsibilities**

The faculty will provide learning experiences designed to meet essential course content; collaborate with students to facilitate the learning process; support creative, independent learning; and provide guidelines for students in the pursuit of professional development.

Students will receive immediate feedback about exams, and timely feedback about written assignments.

Faculty Philosophy

The faculty believes in personal responsibility for learning. Every effort will be made to make your experience interesting and enjoyable, however you will only be successful if you participate fully in the readings and assignments. It is our intention for the student to immerse her/himself in the material and begin to imagine how it feels to age and how aging can affect the quality of our lives, for better or worse.

**Student Responsibilities**

The student is responsible for reading assigned materials, viewing the lecture videos, participating in the course discussions, completing assigned work, and reviewing other materials as necessary to support comprehension of course content. Students are responsible for all material provided online, including lecture notes, announcements, and material that results from group discussions. Students are responsible for communicating needs/concerns to their Academic Coach. As necessary, the Academic Coach will communicate with the course faculty member.

Students are expected to participate in the online discussions and students’ comments/responses should reflect academic preparation. All written presentations should follow APA format guidelines, using correct grammar, spelling, and punctuation.

**UTA Information**

**Academic Integrity**

All students enrolled in this course are expected to adhere to the UT Arlington Honor Code:

*I pledge, on my honor, to uphold UT Arlington’s tradition of academic integrity, a tradition that values hard work and honest effort in the pursuit of academic excellence.*

*I promise that I will submit only work that I personally create or contribute to group collaborations, and I will appropriately reference any work from other sources. I will follow the highest standards of integrity and uphold the spirit of the Honor Code.*

Instructors may employ the Honor Code as they see fit in their courses, including (but not limited to) having students acknowledge the honor code as part of an examination or requiring students to incorporate the honor code into any work submitted. Per UT System *Regents’ Rule* 50101, §2.2, suspected violations of university’s standards for academic integrity (including the Honor Code) will be referred to the Office of Student Conduct. Violators will be disciplined in accordance with University policy, which may result in the student’s suspension or expulsion from the University.

**Plagiarism:**

Copying another student’s paper or any portion of it is plagiarism. Additionally, copying a portion of published material (e.g., books or journals) without adequately documenting the source is plagiarism. If five or more words in sequence are taken from a source, those words must be placed in quotes and the source referenced with author’s name, date of publication, and page number of publication.  If the author’s ideas are rephrased, by transposing words or expressing the same idea using different words, the idea must be attributed to the author by proper referencing, giving the author’s name and date of publication.  If a single author’s ideas are discussed in more than one paragraph, the author must be referenced at the end of each paragraph. Authors whose words or ideas have been used in the preparation of a paper must be listed in the references cited at the end of the paper.  Students are encouraged to review the plagiarism module from the UT Arlington Central Library via <http://library.uta.edu/tutorials/Plagiarism>

**Teaching Methods**

**Readings and online videos**

**Video Lectures**

**Written Assignments**

Each student will conduct an interview with an Elder for the purpose of assisting that person in performing a **Life Review**. The guidelines for the interview and paper, as well as the grading rubric will be available ONLINE. Students are expected to work independently on this project. The Life Review Analysis will count as 20% of the total course grade.

**If the student has previously taken the course, previous work may not be submitted. Assignments must be work done during this course timeframe.**

Other assignments must be completed and submitted as directed in the courseware:

**Self-Assessment**

**Life Review Interview Consent Form/Schedule- the Life Review Assignment requires that the student find and conduct an interview with an elder age 70+ and not a relative. Guidelines for the scheduling of the interview are included in Module 1**

**Life Review Ego Integrity Research**

**Life Review Interview**

**Discussions**

**Discussion Boards**

The discussion board should be viewed as a public and professional forum for discussion. Students are free to discuss academic matters and consult one another regarding academic resources. The tone of postings on the discussion board should remain professional in nature. It is not appropriate to post statements of a personal or political nature, or statements criticizing classmates or faculty. Inappropriate statements will be deleted by the course faculty.

**Quizzes**

As nurses, we are guided by a set of practice expectations. A very important part of these expectations is appropriate moral and ethical behavior. Therefore, it is expected that you will work alone and without notes to take each of the online quizzes.. You are expected to maintain test security by not discussing the questions with your peers or attempting to copy the quizzes in any way. If you discuss quiz questions or content of quizzes with others this is a violation of test security, and will result in being reported for academic dishonesty. We take test-security very seriously at the College of nursing. Violations in test security are considered not just academic violations, but ethical violations, which is unacceptable behavior for nursing professionals.

Course quizzes will be posted online. Quizzes will be available to students during a specified time period listed on the course schedule. Quizzes will include information from the assigned course content/slide presentations and readings. Please review the online quiz instructions prior to attempting the quiz. Since the quiz is timed, you will be unable to return to any skipped items and the instructor/coach will be unable to restart the quiz for you. Remember to save your answers. The quiz will not be available online after the deadline and students not completing the quiz at that time will receive a “0”. Quizzes may be multiple choice, fill in the blank, or short answer. There will be no makeup quizzes.

**Modular online quizzes will be given, one at the end of each week’s content.** In addition, quizzes will be given as a part of a variety of assignments. Before taking an online quiz, you must acknowledge you have read, have understood and will comply with the following statement:

I certify these responses are entirely my own work. I have not copied the work of any other student (past *or present) or collaborated with anyone on this quiz. In addition, I will not share the questions or answers from this quiz with other students. I understand that academic dishonesty is grounds for dismissal from the program.*

All students are expected to take the quizzes during the scheduled time. In the event a student anticipates that he/she will not be able to meet the deadline for taking a quiz due to circumstances beyond his/her control, the student is expected to notify the Academic Coach **before** the deadline.

**UTA College of Nursing Grading Criteria**

In order to successfully complete an undergraduate nursing course at UTA, the following

minimum criteria must be met:

70% weighted average on proctored exams (there are no proctored exams in this course)

70% weighted average on major written assignments   
(i.e. non-written, computerized assignments, etc.)

90% on medication test and practicum check off (if applicable)

**In undergraduate nursing courses, all grade calculations will be carried out to two decimal places, and there will be no rounding of grades.** Letter grades for tests, written assignments, end-of-course grades, etc., shall be:

A:        90.00 - 100.00

B:        80.00 -   89.99

C:        70.00 -   79.99

D:        60.00 -   69.99

The existing rule of C or better to progress remains in effect; therefore, to successfully complete a nursing course, students shall have a course grade of 70.00 or greater.

Students are expected to keep track of their performance throughout the semester and seek guidance from available sources (including the instructor) if their performance drops below satisfactory levels.

The Final course grade will be calculated based on the following:

|  |  |
| --- | --- |
| **Components to Be Graded** | **%** |
| **Quizzes (5)** | 25%  (5 at 5% each) |
| **Participation**  **Self-Assessment**  **Discussions (5)**  **Life Review:**  **Interview Schedule Form,**  **Ego Integrity Research,**  **Interview Reflection**  **Consent Form**  **Life Review Analysis**  **Reflections**  **Immobility and Functional Decline Quiz**    **Grief and Final Reflections** | **5555555555533**55555555551  1%  25%  (5 at 5% each)  1111551  252%25  7%  6%  12%1  20%  6%  6% |
| **TOTAL** | **100%** |

**Online Conduct**

The discussion opportunities should be viewed as a public and professional forum for course-related discussions.

Students are free to discuss academic matters and consult one another regarding academic resources. The tone of online postings should be professional in nature.

It is not appropriate to post statements of a personal or political nature or statements criticizing classmates or faculty.

Inappropriate statements/language will be deleted by the course faculty and may result in denied access to the discussion board.

**Student Code of Ethics**

The University of Texas at Arlington College of Nursing supports the Student Code of Ethics Policy. Students are responsible for knowing and complying with the Code.   
The Code can be found in the UTACON Student Handbook.

**APA Format**

All nursing papers are expected to follow American Psychological Association (APA) format. In addition to the APA manual, a brief summary of commonly used APA information may be found under the UTACON Student Handbook.

The Student Handbook can be found by going to the following link: [**http://www.uta.edu/nursing/handbook/toc.php**](http://www.uta.edu/nursing/handbook/toc.php) or by going to the nursing website [**www.uta.edu/nursing**](http://www.uta.edu/nursing) and using the link provided under Current Students.

**Policy on Retaining Student Papers:**

According to policy in the UTAN Faculty Handbook, all examinations and other written work on which grades are based, unless returned to the student, will be kept for a period of one semester or summer beyond the end of the semester in which the work is performed. The decision whether to return written materials is the prerogative of the professor.

Faculty members reserve the right to make photocopies of student written materials for accreditation and other school-related purposes.

**Professional Conduct on Blackboard and Social Media Sites**

The Blackboard Discussion Board is to be viewed as a professional forum for student discussions. Students are free to discuss academic matters and consult one another regarding academic resources. The tone of postings on the Blackboard Discussion Board is to remain professional in nature at all times.  It is not appropriate to post statements of a personal or political nature, or statements criticizing classmates or faculty. Statements considered inappropriate will be deleted by course faculty.

Announcements from student organizations may be posted to the designated level discussion board (not associated with this course).

Students are to refrain from discussing this course, including clinical situations, written assignments, peers, or faculty on all social networking sites such as Facebook, Twitter, etc.

Failure to comply with these expectations may result in further action including but not limited to removal from the discussion board.

**Computer Requirements:**

All computers on campus will access Blackboard. If you choose to access from home you must have a computer and a quality Internet provider such as DSL, Cable, or Satellite (regular telephone is not adequate). Questions about adequate computer hardware should be directed to the UTA help desk at 817-272-2208 or [www.helpdesk@uta.edu](http://www.helpdesk@uta.edu) . They are open the same hours as the Library. Do not plan on completing this course using only a tablet or smart phone as there may be issues uploading assignments and taking quizzes.

**Your home computer’s compatibility with Blackboard is your responsibility. Neither the helpdesk nor your instructor is responsible for the functionality of your home computer’s configuration.**  If you have doubts about your own equipment you may wish to work at the many UTA Computer Labs on campus. **Please do not bring your technical problems to class. Your instructors are not available for technical support please call or contact the helpdesk.**

**YOU WILL NEED ACCESS TO A SCANNER IN ORDER TO UPLOAD YOUR SIGNED DOCUMENTS! Please make arrangements for use of a scanner prior to class starting. No faxed documents will be accepted.**

**Word of caution:**

**Do not** rely on employer’s computer system to access Blackboard. Students have encountered various problems (such as dropping them in the middle of an on-line quiz) due to the special filters, fire walls, program blocking programs, and barriers they put on their systems. It is advised to not take any on-line quizzes on a wireless system as students have also been dropped and used up their time trying to reconnect. Use a more stable system.

**Software**:

Your software (WORD, POWERPOINT, EXCEL and WINDOWS) should be up to date. As a student you may purchase the latest WINDOWS XP and OFFICE from the Computer Store in Ransom Hall for a very nominal fee. Please take advantage of this opportunity.

**Observance of Religious Holy Days:**

Undergraduate Nursing faculty and students shall follow the University policy regarding Observance of Religious Holy Days: <http://wweb.uta.edu/catalog/content/general/academic_regulations.aspx#6>

**Grade Grievances**: Any appeal of a grade in this course must follow the procedures and deadlines for grade-related grievances as published in the current University Catalog <http://catalog.uta.edu/academicregulations/grades/#undergraduatetext>;

**Drop Policy:** Students may drop or swap (adding and dropping a class concurrently) classes through self-service in MyMav from the beginning of the registration period through the late registration period. After the late registration period, students must see their academic advisor to drop a class or withdraw. Undeclared students must see an advisor in the University Advising Center. Drops can continue through a point two-thirds of the way through the term or session. It is the student's responsibility to officially withdraw if they do not plan to attend after registering. **Students will not be automatically dropped for non-attendance**. Repayment of certain types of financial aid administered through the University may be required as the result of dropping classes or withdrawing. For more information, contact the Office of Financial Aid and Scholarships (<http://wweb.uta.edu/aao/fao/>).

**Disability Accommodations:** UTArlington is on record as being committed to both the spirit and letter of all federal equal opportunity legislation, including *The Americans with Disabilities Act (ADA), The Americans with Disabilities Amendments Act (ADAAA),* and *Section 504 of the Rehabilitation Act.* All instructors at UT Arlington are required by law to provide “reasonable accommodations” to students with disabilities, so as not to discriminate on the basis of disability. Students are responsible for providing the instructor with official notification in the form of **a letter certified** by the Office for Students with Disabilities (OSD).Only those students who have officially documented a need for an accommodation will have their request honored. Students experiencing a range of conditions (Physical, Learning, Chronic Health, Mental Health, and Sensory) that may cause diminished academic performance or other barriers to learning may seek services and/or accommodations by contacting:

**The Office for Students with Disabilities, (OSD)** [www.uta.edu/disability](http://www.uta.edu/disability) or calling 817-272-3364. Information regarding diagnostic criteria and policies for obtaining disability-based academic accommodations can be found at [www.uta.edu/disability](http://www.uta.edu/disability).

Counseling and Psychological Services, (CAPS) [www.uta.edu/caps/](http://www.uta.edu/caps/) or calling 817-272-3671 is also available to all students to help increase their understanding of personal issues, address mental and behavioral health problems and make positive changes in their lives.

**Non-Discrimination Policy:** *The University of Texas at Arlington does not discriminate on the basis of race, color, national origin, religion, age, gender, sexual orientation, disabilities, genetic information, and/or veteran status in its educational programs or activities it operates. For more information, visit*[*uta.edu/eos*](http://www.uta.edu/hr/eos/index.php)*.*

**Title IX Policy:** The University of Texas at Arlington (“University”) is committed to maintaining a learning and working environment that is free from discrimination based on sex in accordance with Title IX of the Higher Education Amendments of 1972 (Title IX), which prohibits discrimination on the basis of sex in educational programs or activities; Title VII of the Civil Rights Act of 1964 (Title VII), which prohibits sex discrimination in employment; and the Campus Sexual Violence Elimination Act (SaVE Act). Sexual misconduct is a form of sex discrimination and will not be tolerated.*For information regarding Title IX, visit* [www.uta.edu/titleIX](http://www.uta.edu/titleIX) or contact Ms. Jean Hood, Vice President and Title IX Coordinator at (817) 272-7091 or [jmhood@uta.edu](file:///C:\Users\tindell\AppData\Local\Temp\jmhood@uta.edu).

**Academic Integrity:** Students enrolled all UT Arlington courses are expected to adhere to the UT Arlington Honor Code:

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**Electronic Communication:** UT Arlington has adopted MavMail as its official means to communicate with students about important deadlines and events, as well as to transact university-related business regarding financial aid, tuition, grades, graduation, etc. All students are assigned a MavMail account and are responsible for checking the inbox regularly. There is no additional charge to students for using this account, which remains active even after graduation. Information about activating and using MavMail is available at <http://www.uta.edu/oit/cs/email/mavmail.php>.

**Campus Carry:** Effective August 1, 2016, the Campus Carry law (Senate Bill 11) allows those licensed individuals to carry a concealed handgun in buildings on public university campuses, except in locations the University establishes as prohibited. Under the new law, openly carrying handguns is not allowed on college campuses. For more information, visit <http://www.uta.edu/news/info/campus-carry/>

**Student Feedback Survey:** At the end of each term, students enrolled in face-to-face and online classes categorized as “lecture,” “seminar,” or “laboratory” are directed to complete an online Student Feedback Survey (SFS). Instructions on how to access the SFS for this course will be sent directly to each student through MavMail approximately 10 days before the end of the term. Each student’s feedback via the SFS database is aggregated with that of other students enrolled in the course. Students’ anonymity will be protected to the extent that the law allows. UT Arlington’s effort to solicit, gather, tabulate, and publish student feedback is required by state law and aggregate results are posted online. Data from SFS is also used for faculty and program evaluations. For more information, visit <http://www.uta.edu/sfs>.

**Student Support Services**:UT Arlington provides a variety of resources and programs designed to help students develop academic skills, deal with personal situations, and better understand concepts and information related to their courses. Resources include [tutoring](http://www.uta.edu/universitycollege/current/academic-support/learning-center/tutoring/index.php), [major-based learning centers](http://www.uta.edu/universitycollege/resources/college-based-clinics-labs.php), developmental education, [advising and mentoring](http://www.uta.edu/universitycollege/resources/advising.php), personal counseling, and [federally funded programs](http://www.uta.edu/universitycollege/current/academic-support/mcnair/index.php). For individualized referrals, students may visit the reception desk at University College (Ransom Hall), call the Maverick Resource Hotline at 817-272-6107, send a message to [resources@uta.edu](mailto:resources@uta.edu), or view the information at <http://www.uta.edu/universitycollege/resources/index.php>.

**The IDEAS Center (**2nd Floor of Central Library) offers **free** tutoring to all students with a focus on transfer students, sophomores, veterans and others undergoing a transition to UT Arlington. To schedule an appointment with a peer tutor or mentor email [IDEAS@uta.edu](mailto:IDEAS@uta.edu) or call (817) 272-6593.

**The English Writing Center (411LIBR)**: The Writing Center Offers free tutoring in 20-, 40-, or 60-minute face-to-face and online sessions to all UTA students on any phase of their UTA coursework. Our hours are 9 am to 8 pm Mon.-Thurs., 9 am-3 pm Fri. and Noon-6 pm Sat. and Sun. Register and make appointments online at http://uta.mywconline.com. Classroom Visits, workshops, and specialized services for graduate students are also available. Please see [www.uta.edu/owl](http://www.uta.edu/owl) for detailed information on all our programs and services.

The Library’s 2nd floor Academic Plaza offers students a central hub of support services, including IDEAS Center, University Advising Services, Transfer UTA and various college/school advising hours. Services are available during the library’s hours of operation. <http://library.uta.edu/academic-plaza>

**Library Information**

**Peace Ossom Williamson, MLS, MS, AHIP**

Nursing Liaison Librarian, Central Library Office 216

<http://www.uta.edu/library> | [peace@uta.edu](mailto:peace@uta.edu)

Research information on nursing:

<http://libguides.uta.edu/nursing>

Research information on Nursing: [**http://libguides.uta.edu/nursing**](http://libguides.uta.edu/nursing)

**Library Home Page**[**library.uta.edu**](http://library.uta.edu/)

**Resources for Students**

**Academic Help**

Academic Plaza Consultation Services [library.uta.edu/academic-plaza](http://library.uta.edu/academic-plaza)

Ask Us [ask.uta.edu/](http://ask.uta.edu/)

Library Tutorials [library.uta.edu/how-to](http://library.uta.edu/how-to)

Subject and Course Research Guides [libguides.uta.edu](http://libguides.uta.edu/)

Subject Librarians [library.uta.edu/subject-librarians](http://library.uta.edu/subject-librarians)

**Resources**

A to Z List of Library Databases [libguides.uta.edu/az.php](http://libguides.uta.edu/az.php)

Course Reserves [pulse.uta.edu/vwebv/enterCourseReserve.do](http://pulse.uta.edu/vwebv/enterCourseReserve.do)

FabLab [fablab.uta.edu/](http://fablab.uta.edu/)

Special Collections [library.uta.edu/special-collections](http://library.uta.edu/special-collections)

Study Room Reservations [openroom.uta.edu/](http://openroom.uta.edu/)