HEED 4320
The University of Texas at Arlington
College of Nursing
Healthy Aging (Fall 2018) online

Instructor
Dr. Beckey Crow

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For reasons of web security, faculty, staff, and students must use their **official** UT Arlington e-mail address for all university-related business.

Faculty Profile
https://www.uta.edu/profiles/rebecca-crow

Office Hours
Fall & Spring semesters-Mondays & Wednesday 10-11am., Summer-By Appointment

Maximum Timeframe for Responding to Student Communication
Faculty will have up to 24-48 hours to respond to any email communication. Grading of assignments should occur within five business days of submitting any given assignment.

Section Information
HEED 4320-002

Time and Place of Class Meetings
Online Course

Description of Course Content
Emphasis on complex issues associated with aging and death. Topics include changes/losses related to specific stages of life; are-giving to the dying; pertinent legal issues; medical gerontology; other salient issues and problems concerning aging and death. This course is especially helpful to those students who plan careers in the medical profession. (There are no course prerequisites)

Student Learning Outcomes
1.   Discuss strategies to empower elders and those who are associated (spouse, child, other relatives) to make informed decisions about their health & health care
2.   Elaborate on issues related to aging.

3.   Describe ways in which elders can enhance their well-being physically, socially, emotionally, intellectually, occupationally and spiritually.

Required Textbooks and Other Course Materials
Health in the Later years (5th ed), Ferrini & Ferrini, published by McGraw Hill.
ISBN 9780078028496

Descriptions of major assignments and examinations with due dates

4320-Course Schedule Fall 2018

Lesson	Topic	Reading	Discussion Post*	Discussion Due**	Exam Due Date***	
Lesson 1	Introduction/Our Nation's Elders	Chapter 1	August 27, 2018	September 3, 2018	September 4, 2018	
Lesson 2	Biologic Aging Theories & Longevity	Chapter 2	September 3, 2018	September 10, 2018	September 4, 2018	
Lesson 3	Changes in the Body with Age	Chapter 3	September 10, 2018	September 17, 2018	September 11, 2018	
Lesson 4	Chronic Illnesses: The Top 5 Killers	Chapter 4	September 17, 2018	September 24, 2018	September 18, 2018	
Lesson 5	Other Chronic Diseases & Conditions	Chapter 5	September 24, 2018	October 1, 2018	September 25, 2018	
Lesson 6	Acute Illnesses & Accidents	Chapter 6	October 1, 2018	October 8, 2018	October 2, 2018	
Lesson 7	Mental Health & Mental Disorders	Chapter 7	October 8, 2018	October 15, 2018	October 9, 2018	
Lesson 8	Medication Use	Chapter 8	October 15, 2018	October 22, 2018	October 16, 2018	
Lesson 9	Physical Activity	Chapter 9	October 22, 2018	October 29, 2018	October 23, 2018	
Lesson 10	Nutrition	Chapter 10	October 29, 2018	November 5, 2018	October 30, 2018	
Lesson 11	Sexuality	Chapter 11	November 5, 2018	November 12, 2018	November 6, 2018	
Lesson 12	Prevention & Health Promotion	Chapter 12	November 12, 2018	November 19, 2018	November 13, 2018	
Lesson 13	Medical Care	Chapter 13	November 19, 2018	November 26, 2018	November 20, 2018	
Lesson 14	Long-Term Care	Chapter 14	November 26, 2018	December 3, 2018	November 27, 2018	

Lesson 15	Dying, Death, & Grief	Chapter 15	December 3, 2018	December 10, 2018	December 4, 2018	
Final Exam (Parts 1 & 2)					December 11, 2018	

The **last day to drop classes** is November 2, 2018
*The initial discussion post by the instructor
**the discussion closes at noon on this date
***quizzes close at 11:55pm

Attendance Policy

At The University of Texas at Arlington, taking attendance is not required. As the instructor of this online course section, I will not take attendance, but regular online participation through the Blackboard discussion board is expected of all students.

Other Requirements

This course is offered in entirety as an online format through Blackboard. It is a requirement and responsibility of each student to have access to a computer and a high speed Internet connection on a daily basis. Review UT Arlington's hardware recommendations: http://www.uta.edu/oit/cs/hardware/student-laptop-recommend.php and Blackboard's browser requirements: http://www.uta.edu/blackboard/browsertest/browsertest.php.

You will use your Netid and password to login to Blackboard at https://elearn.uta.edu/. It is your responsibility to become familiar with Blackboard and how to access course components. There are several Blackboard resources for students including http://www.uta.edu/blackboard/students/index.php and http://help.blackboard.com/.

Tests

- There are 2 Parts to the Final Exam this semester.
- Part 1 can be completed after Lessons 1-15. Part 1 is open August 22, 2018 at 12:01 am-December 11, 2018 at 11:55 pm. You will have 1.5 hours to complete 40 Multiple Choice questions.
- Part 2 can be completed December 4, 2018 at 12:01 am-December 11, 2018 at 11:55 pm. You will have 1 hour to complete 5 Short Answer questions. Be thorough in your Short Answer responses. (100 points possible for each test)

Reopening a Quiz or Test

- I will reopen a quiz or test **ONCE** for everyone **IF** it is before the due date and time deadline. (See Course Schedule). This would be applicable in cases where you lost your internet connection, computer crash, etc., during the taking of the quiz/test. (This is not to retake a quiz or test with a low score). You must retake the quiz or test when reopened, within 24 hours.

Viewing a Completed Quiz or Test
- **A one-time view of all completed quizzes/tests is available after all quizzes/tests are graded.** (Directions on how to access your completed quizzes/tests are on the Blackboard announcement page.

Extra Credit
- I will count 12 out of the 15 quizzes in your course grade. If you take all 15 quizzes, you may receive up to 30 points earned as extra credit.

Email Reminders
- Check your UTA email daily as I will send out reminders for quiz, test and discussion due dates. If you receive a reminder it means you have not completed the assignment. I send out the reminders in advance to allow you time to complete the assignment.

Honor Code
- The Honor Code applies for all quizzes, tests & discussion posts....meaning do your own work. (No texting, emailing, calling, copying from the Internet, or any assistance from others).

Discussions
- You will need to participate in a discussion 3 times per week. Respond once to my post and at least twice to your classmates, for the 20 possible weekly discussion points. There are 15 discussions=300 points.
- The comments you make and any material you may add to the discussion forum need to be original not taken from the internet without being cited.I check submissions via Safe Assign.
- To receive the full possible points for each discussion, you will need to answer the discussion question(s) that I post with a minimum of 200 words in your initial post, and then respond to at least 2 of your classmate's posts (100+ words to each), using their names so we know who you are addressing. Just completing the above requirements does not ensure full points. That will be determined by content, adding something new to the discussion versus rephrasing other's comments.
- Use the word count feature on your Blackboard main page to assist you.
- I will be grading your discussion according to the Discussion Grading Rubric.
- All discussions open Monday afternoon (12:30pm). Your initial post is due by Thursday night, and all posts are due Monday at noon (the Deadline).

Textbook
- You will need to have the current textbook. An earlier version will not be adequate and may result in many wrong answers on the quizzes and tests.

Grading Policy
Students are expected to keep track of their performance throughout the semester and seek guidance from available sources (including the instructor) if their performance drops below satisfactory levels.

Course Grading Scale
Total Points-620
A = 90-100%   620-558 points
B = 80-89%   557-496 points
C = 70-79%   495-434 points
D = 60 -69%   433-372 points
F = below 59%   371 points

Required Components for Course Credit	Weight / Percentage Value Within the Course
15 Chapter Quizzes (10 points each) *	120 points 19.35%
15 Discussion Boards (20 points each)	300 points 48.38%
2 Tests (100 points each)	200 points 32.25%
*12 out of the 15 Chapter Quizzes will be calculated in the course grade. Up to 30 points are available for Extra Credit if all 15 chapter Quizzes are completed.	

Grade Grievances
Any appeal of a grade in this course must follow the procedures and deadlines for grade-related grievances as published in the current University Catalog. For undergraduate courses, see http://wweb.uta.edu/catalog/content/general/academic_regulations.aspx#10.
For student complaints, see http://www.uta.edu/deanofstudents/student-complaints/index.php.

Late Assignments:
Late Discussion Boards will be graded according to the Discussion Grading Rubric. Quizzes and tests must be started, completed, and submitted prior to the submission due date and time. Any quiz or test questions submitted after the due date and time will not be counted in your grade.

Make-up Quizzes or Tests
A valid reason must be presented to makeup a missed quiz or test.
Documentation will be needed to support an absence during a regularly scheduled exam time.
The documentation will need to detail the event that kept you from taking the quiz or test

Expectations of Out-of-Class Study
Students enrolled in this course should expect to spend at least an additional 3-5 hours per week of their own time in course-related activities, including reading required materials, completing assignments, preparing for exams, etc.

Drop Policy
Regulations pertaining to adding or dropping courses are described below. Adds and drops may be made through late registration either on the Web at MyMav or in person through the student's academic department. Drops can continue through a point two-thirds of the way through the term or session. It is the student's responsibility to officially withdraw if they do not plan to attend after registering. **Students will not be automatically dropped for non-attendance**. Repayment of certain types of financial aid administered through the University may be required as the result of dropping classes or withdrawing. Contact the Office of Financial Aid and Scholarships at http://www.uta.edu/fao/ . The last day to drop a course is listed in the Academic Calendar available at http://www.uta.edu/uta/acadcal.php?session=20166.

1. A student may not add a course after the end of late registration.
2. A student dropping a graduate course after the Census Date but on or before the last day to drop may, receive a grade of W. Students dropping a course must:
   (1) Contact your graduate advisor to obtain the drop form and further instructions before the last day to drop.

> **Census Day: September 7, 2018**
> **Last day to drop or withdraw November 2, 2018 by 4:00 p.m.**

Disability Accommodations
UT Arlington is on record as being committed to both the spirit and letter of all federal equal opportunity legislation, including *The Americans with Disabilities Act (ADA), The Americans with Disabilities Amendments Act (ADAAA),* and *Section 504 of the Rehabilitation Act.* All instructors at UT Arlington are required by law to provide "reasonable accommodations" to students with disabilities, so as not to discriminate on the basis of disability. Students are responsible for providing the instructor with official notification in the form of **a letter certified** by the Office for Students with Disabilities (OSD). Only those students who have officially documented a need for an accommodation will have their request honored. Students experiencing a range of conditions (Physical, Learning, Chronic Health, Mental Health, and Sensory) that may cause diminished academic performance or other barriers to learning may seek services and/or accommodations by contacting:

The Office for Students with Disabilities, (OSD) www.uta.edu/disability or calling 817-272-3364. Information regarding diagnostic criteria and policies for obtaining disability-based academic accommodations can be found at www.uta.edu/disability.

Counseling and Psychological Services, (CAPS) www.uta.edu/caps/ or calling 817-272-3671 is also available to all students to help increase their understanding of personal issues, address mental and behavioral health problems and make positive changes in their lives.

Non-Discrimination Policy

The University of Texas at Arlington does not discriminate on the basis of race, color, national origin, religion, age, gender, sexual orientation, disabilities, genetic information, and/or veteran status in its educational programs or activities it operates. For more information, visit [uta.edu/eos](uta.edu/eos).

Title IX Policy: The University of Texas at Arlington ("University") is committed to maintaining a learning and working environment that is free from discrimination based on sex in accordance with Title IX of the Higher Education Amendments of 1972 (Title IX), which prohibits discrimination on the basis of sex in educational programs or activities; Title VII of the Civil Rights Act of 1964 (Title VII), which prohibits sex discrimination in employment; and the Campus Sexual Violence Elimination Act (SaVE Act). Sexual misconduct is a form of sex discrimination and will not be tolerated. *For information regarding Title IX, visit* www.uta.edu/titleIX or contact Ms. Michelle Willbanks, Title IX Coordinator at (817) 272-4585 or titleix@uta.edu

Academic Integrity

All students enrolled in this course are expected to adhere to the UT Arlington Honor Code:

> *I pledge, on my honor, to uphold UT Arlington's tradition of academic integrity, a tradition that values hard work and honest effort in the pursuit of academic excellence.*

> *I promise that I will submit only work that I personally create or contribute to group collaborations, and I will appropriately reference any work from other sources. I will follow the highest standards of integrity and uphold the spirit of the Honor Code.*

UT Arlington faculty members may employ the Honor Code as they see fit in their courses, including (but not limited to) having students acknowledge the honor code as part of an examination or requiring students to incorporate the honor code into any work submitted.

Per UT System Regents' Rule 50101, §2.2, suspected violations of university's standards for academic integrity (including the Honor Code) will be referred to the Office of Student Conduct. Violators will be disciplined in accordance with the University policy, which may result in the student's suspension or expulsion from the University. Additional information is available at https://www.uta.edu/conduct/.

"Scholastic dishonesty includes but is not limited to cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts."

As a licensed registered nurse, graduate students are expected to demonstrate professional conduct as set forth in the Texas Board of Nursing rule **§215.8. in the event that a graduate student holding an RN license is found to have engaged in academic dishonesty, the college may report the nurse to the Texas BON using rule §215.8 as a guide.**

Plagiarism
Copying another student's paper or any portion of it is plagiarism. Copying a portion of published material (e.g., books or journals) without adequately documenting the source is plagiarism. Consistent with APA format, if five or more words in sequence are taken from a source, those words must be placed in quotes and the source referenced with author's name, date of publication, and page number of publication. If the author's ideas are rephrased, by transposing words or expressing the same idea using different words, the idea must be attributed to the author by proper referencing giving the author's name and date of publication. If a single author's ideas are discussed in more than one paragraph, the author must be referenced, according to APA format. Authors whose words or ideas have been used in the preparation of a paper must be listed in the references cited at the end of the paper. Students are expected to review the plagiarism module from the UT Arlington Central Library via http://library.uta.edu/plagiarism/index.html.

Student Support Services
UT Arlington provides a variety of resources and programs designed to help students develop academic skills, deal with personal situations, and better understand concepts and information related to their courses. Resources include tutoring, major-based learning centers, developmental education, advising and mentoring, personal counseling, and federally funded programs. For individualized referrals, students may visit the reception desk at University College (Ransom Hall), call the Maverick Resource Hotline at 817-272-6107, send a message to resources@uta.edu, or view the information at http://www.uta.edu/universitycollege/resources/index.php.

The English Writing Center (411LIBR)
The Writing Center Offers free tutoring in 20-, 40-, or 60-minute face-to-face and online sessions to all UTA students on any phase of their UTA coursework. Our hours are 9 am to 8 pm Mon.-Thurs., 9 am-3 pm Fri. and Noon-6 pm Sat. and Sun. Register and make appointments online at http://uta.mywconline.com. Classroom Visits, workshops, and specialized services for graduate students are also available. Please see www.uta.edu/owl for detailed information on all our programs and services.

The Library's 2nd floor Academic Plaza offers students a central hub of support services, including IDEAS Center, University Advising Services, Transfer UTA and various college/school advising hours. Services are available during the library's hours of operation. http://library.uta.edu/academic-plaza

Campus Carry
Effective August 1, 2016, the Campus Carry law (Senate Bill 11) allows those licensed individuals to carry a concealed handgun in buildings on public university campuses, except in locations the University establishes as prohibited. Under the new law, openly carrying handguns is not allowed on college campuses. For more information, visit http://www.uta.edu/news/info/campus-carry/

Electronic Communication

UT Arlington has adopted MavMail as its official means to communicate with students about important deadlines and events, as well as to transact university-related business regarding financial aid, tuition, grades, graduation, etc. **All students are assigned a MavMail account and are responsible for checking the inbox regularly.** There is no additional charge to students for using this account, which remains active even after graduation. Information about activating and using MavMail is available at http://www.uta.edu/oit/cs/email/mavmail.php.

If you are unable to resolve your issue contact the Helpdesk at helpdesk@uta.edu.

Student Feedback Survey

At the end of each term, students enrolled in face-to-face and online classes categorized as "lecture," "seminar," or "laboratory" are directed to complete an online Student Feedback Survey (SFS). Instructions on how to access the SFS for this course will be sent directly to each student through MavMail approximately 10 days before the end of the term. Each student's feedback via the SFS database is aggregated with that of other students enrolled in the course. Students' anonymity will be protected to the extent that the law allows. UT Arlington's effort to solicit, gather, tabulate, and publish student feedback is required by state law and aggregate results are posted online. Data from SFS is also used for faculty and program evaluations. For more information, visit http://www.uta.edu/sfs.

"As the instructor for this course, I reserve the right to adjust this schedule in any way that serves the educational needs of the students enrolled in this course. –Beckey Crow."

UTA College of Nursing and Health Innovation - Additional Information:

Student Code of Ethics

The University of Texas at Arlington College of Nursing and Health Innovation supports the Student Code of Ethics Policy. Students are responsible for knowing and complying with the Code. The Code can be found in the student handbook online:
http://www.uta.edu/conhi/students/msn-resources/index.php

No Gift Policy

In accordance with Regent Rules and Regulations and the UTA Standards of Conduct, the College of Nursing and Health Innovation has a "no gift" policy. A donation to one of the UTA College of Nursing and Health Innovation Scholarship Funds, found at the following link: is http://www.uta.edu/conhi/students/scholarships/index.php would be an appropriate way to recognize a faculty member's contribution to your learning. For information regarding Scholarship Funds, please contact the Dean's office.

Online Conduct

The discussion board should be viewed as a public and professional forum for course-related discussions. Students are free to discuss academic matters and consult one another regarding academic resources. The tone of postings should be professional in nature.

It is not appropriate to post statements of a personal or political nature, or statements criticizing classmates or faculty. Inappropriate statements/language will be deleted by the course faculty and may result in denied access to the Discussion boards. Refer to UTA CONHI Graduate Student Handbook for more information.

For this course Blackboard communication tools, discussion boards, and UTA MAV email will be used extensively and should be checked often.

Emergency Phone Numbers: In case of an on-campus emergency, call the UT Arlington Police Department at 817-272-3003 (non-campus phone), 2-3003 (campus phone). You may also dial 911. For non-emergencies, call 817-272-3381.

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