

**THE UNIVERSITY OF TEXAS
AT ARLINGTON
COLLEGE OF NURSING**

RN-BSN PROGRAM

**N3315 HOLISTIC HEALTH ASSESSMENT
Across the Lifespan**

**LEAD TEACHER:
Deana J. Furr, PhD, RN**

Fall 2018

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The University of Texas at Arlington College of Nursing
NURS 3315-201: RN-BSN Holistic Health Assessment Across the Lifespan

Fall 2018

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Office hours: By Appointment, Wednesday 1200-1300

Time and Place of Class Meetings: UTA at the Ft. Worth campus at 1401 Jones Street, Room 111 (just behind the Sheraton Hotel). Class meets on Wednesday, per Master schedule

Description of Course Content: Theory and practice of holistic health assessment of individuals and families across the life span designed for the Registered Nurse (RN-BSN Students only). (3 semester hours)

Student Learning Outcomes:

Performance Outcomes	Measurement Strategies
1. Demonstrate appropriate techniques to conduct holistic health assessment, patient health history, and ability to document findings across the lifespan.	Quizzes Assessment Assignments
2. Identify normal, variations of normal and abnormal assessment findings based on variations across the lifespan, and document these appropriately.	Quizzes Assessment Assignments
3. Conduct comprehensive assessments of individuals and families to include nutritional, physical, psychosocial, cultural and spiritual dimensions and demonstrate ability to document such assessments.	Quizzes Assessment Assignments

COURSE REQUIREMENTS: Course Prerequisite: N3645 Professional Nursing (may be enrolled concurrently).

- 1) Internet access
- 2) Blackboard ID & password

ATTENDANCE:

At The University of Texas at Arlington, taking attendance is not required. Rather, each faculty member is free to develop his or her own methods of evaluating students' academic performance, which includes establishing course-specific policies on attendance. As the instructor of this course: **Attendance in class is expected of each student. Students absent from class are responsible for the content and directives provided in class.**

Student Responsibilities:

1. All students are expected to pursue their scholastic careers with honesty and integrity. Academic dishonesty includes, but is not limited to, cheating on a test or other course work, plagiarism (offering the work of another as one's own), and unauthorized collaboration with another person. Students found guilty of dishonesty in their scholastic pursuits are subject to penalties which may include suspension or expulsion from the University. Please see the academic dishonesty section of this syllabus.
2. Students are responsible for contacting faculty members for consultation regarding a problem with, or questions about, the course. Any student with a grade of 70 or less on any assignment should contact the lead instructor to discuss their progress.
3. The textbook, course syllabus and, or class information packet may be used during class discussion.

TEACHING METHODS may include:

Lecture
Films
Games
Role playing
Blackboard
Human patient simulation

TOPICS:

Interview Techniques	Thorax & Lung
Nursing Process	Heart, Neck, and Peripheral Vascular
Health History	Abdomen
Nutritional Assessment	Anus, Prostate, & Rectum
Psychological Health	Male & Female Genitalia
Skin, Hair, Nails	Neurological
Breast, Neck, Lymphatic, & Head	Musculoskeletal
Culture & Spirituality	Older Adult
Family Assessment	Infants, Children, Adolescents
Eye & Ear	Childbearing

Class: Students disruptive to class may be asked to leave. Bring your textbook to each class. Written work due dates posted in the RN-BSN Junior Schedule on Blackboard. There will be 5 points deducted per day for late submissions. All assignments are to be uploaded to Blackboard.

REQUIRED TEXTBOOKS:

1. Weber, J. & Kelley, J. (2014). Health assessment in nursing (5th ed.). Philadelphia: Lippincott. *** Please note EBook does not have page numbers and some students have preferred hardcopy because of that. There are, however, linked resources available with the e-book that do not come with the hard copy. Either option is acceptable, and we advise you to use the format with which you are most comfortable.

Descriptions of major assignments and examinations (see master schedule for due dates):

Component	% of grade
Weekly quiz	All quizzes together = 40%
Assignments (9 total assignments worth 5% each.)	Module 1: (1 assignment) Module 2: (2 assignments) Module 3: (2 assignments) Module 4: (2 assignments) Module 5: (2 assignments) Module 6: (2 assignments) Total assignment grade = 55%
Discussion Boards	Module 1 – 3: 2.5% Module 4 – 6: 2.5%
Total	100%

GRADING POLICY:

In order to successfully complete an undergraduate nursing course at UTA, the following minimum criteria must be met:

- 70% weighted average on proctored tests (none in this class)
- 70% weighted average on written assignments ·

In undergraduate nursing courses, all grade calculations will be carried out to two decimal places and there will be no rounding of grades.

Letter grades for tests, written assignments, end of course grades, etc. shall be:

A:	90.00 - 100.00
B:	80.00 - 89.99
C:	70.00 - 79.99
D:	60.00 - 69.99

The existing rule of C or better to progress remains in effect; therefore to successfully complete a nursing course students shall have a course grade of 70.00 or greater.

Students are expected to keep track of their performance throughout the semester and seek guidance from available sources (including the instructor) if their performance drops

below satisfactory levels.

Expectations for Out-of-Class Study:

Beyond the time required to attend each class meeting, students enrolled in this course should expect to spend at least an additional 8 hours per week of their own time in course-related activities, including reading required materials, completing assignments, preparing for exams, etc.

TESTING GUIDELINES:

- Each student must bring his/her student ID to each exam and place under his/her chair. These will be checked. Students must have student ID to take exam.
- The student must be on time for quizzes.
A student will be unable to take an exam if he/she is late and another student has already finished the exam. In this case, the student would receive a "0" on the exam/quiz.
- If you miss a quiz, the grade for that quiz is 0. No make-up quizzes are given without clinician documentation or police report (for accident) or other documentation as appropriate.
- All books, papers, and backpacks must be put on the side of the room for testing and quizzes.
- All cell phones, pagers, palm pilots, and laptop computers must be turned off and placed on the side of the room.
- All food items and drinks must be placed on the side of the room.
- No talking is allowed during exams. If a student is talking, he/she will receive a "0" on the exam/quiz.
- All testing materials must be returned at the end of the exam/quiz.
- The student must fill out his/her name and bubble on Scantron sheet first. Quizzes/exams without names will not be accepted. All answers must be put on Scantron sheet before the end of the exam. No extra time will be given at the end of the exam/quiz to fill out name/answers.
- No restroom breaks will be allowed after the first test is turned in.
- Students must take off employee badges during exams.

Although faculty strives to provide a quiet learning/testing environment there may be noises and distractions in any testing environment that are beyond the control of the exam proctors. If a student feels that the testing environment is unduly noisy or distracting for any reason, it is the responsibility of the student to report this to an exam proctor as soon as possible during the exam so corrective action may be taken.

Electronic Devices: Any use of electronic devices must be approved prior to use by the lead instructor including but not limited to tape recorder, cell phones, palm organizers, electronic and programmable calculators, camera and/or videotaping.

GRADE GRIEVANCES:

Any appeal of a grade in this course must follow the procedures and deadlines for grade-related grievances as published in the current University Catalog.

<http://catalog.uta.edu/academicregulations/grades/#undergraduatetext>

DROP POLICY:

Students may drop or swap (adding and dropping a class concurrently) classes through self-

service in MyMav from the beginning of the registration period through the late registration period. After the late registration period, students must see their academic advisor to drop a class or withdraw. Undeclared students must see an advisor in the University Advising Center. Drops can continue through a point two-thirds of the way through the term or session. It is the student's responsibility to officially withdraw if they do not plan to attend after registering. Students will not be automatically dropped for non-attendance. Repayment of certain types of financial aid administered through the University may be required as the result of dropping classes or withdrawing. Contact the Financial Aid Office for more information.

As in the past, the last date to drop a RN-BSN course is adjusted. The adjusted date will now reflect a point two-thirds of the way through the course.

Adjusted drop dates in the Fall 2018 semester for Junior RN-BSN courses are as follows:

N3315 Holistic Health Assessment Across the Lifespan – DROP DATE: October 5, 2018

Disability Accommodations:

UT Arlington is on record as being committed to both the spirit and letter of all federal equal opportunity legislation, including *The Americans with Disabilities Act (ADA)*, *The Americans with Disabilities Amendments Act (ADAAA)*, and *Section 504 of the Rehabilitation Act*. All instructors at UT Arlington are required by law to provide “reasonable accommodations” to students with disabilities, so as not to discriminate on the basis of disability. Students are responsible for providing the instructor with official notification in the form of a **letter certified** by the Office for Students with Disabilities (OSD). Only those students who have officially documented a need for an accommodation will have their request honored. Students experiencing a range of conditions (Physical, Learning, Chronic Health, Mental Health, and Sensory) that may cause diminished academic performance or other barriers to learning may seek services and/or accommodations by contacting:

The Office for Students with Disabilities, (OSD) www.uta.edu/disability or calling 817-272-3364. Information regarding diagnostic criteria and policies for obtaining disability-based academic accommodations can be found at www.uta.edu/disability.

Counseling and Psychological Services, (CAPS) www.uta.edu/caps/ or calling 817-272-3671 is also available to all students to help increase their understanding of personal issues, address mental and behavioral health problems and make positive changes in their lives.

Non-Discrimination Policy:

The University of Texas at Arlington does not discriminate on the basis of race, color, national origin, religion, age, gender, sexual orientation, disabilities, genetic information, and/or veteran status in its educational programs or activities it operates. For more information, visit uta.edu/eos.

Title IX Policy: The University of Texas at Arlington (“University”) is committed to maintaining a learning and working environment that is free from discrimination based on sex in accordance with Title IX of the Higher Education Amendments of 1972 (Title IX), which prohibits discrimination on the basis of sex in educational programs or activities; Title VII of the Civil Rights Act of 1964 (Title VII), which prohibits sex discrimination in employment; and the Campus Sexual Violence Elimination Act (SaVE Act). Sexual misconduct is a form of sex discrimination and will not be

tolerated. For information regarding Title IX, visit www.uta.edu/titleIX or contact Ms. Michelle Willbanks, Title IX Coordinator at (817) 272-4585 or titleix@uta.edu

Academic Integrity:

Students enrolled all UT Arlington courses are expected to adhere to the UT Arlington Honor Code:

I pledge, on my honor, to uphold UT Arlington's tradition of academic integrity, a tradition that values hard work and honest effort in the pursuit of academic excellence. I promise that I will submit only work that I personally create or contribute to group collaborations, and I will appropriately reference any work from other sources. I will follow the highest standards of integrity and uphold the spirit of the Honor Code.

UT Arlington faculty members may employ the Honor Code in their courses by having students acknowledge the honor code as part of an examination or requiring students to incorporate the honor code into any work submitted. Per UT System *Regents' Rule* 50101, §2.2, suspected violations of university's standards for academic integrity (including the Honor Code) will be referred to the Office of Student Conduct. Violators will be disciplined in accordance with University policy, which may result in the student's suspension or expulsion from the University. Additional information is available at <https://www.uta.edu/conduct/>.

Plagiarism:

Copying another student's paper or any portion of it is plagiarism. Additionally, copying a portion of published material (e.g., books or journals) without adequately documenting the source is plagiarism. If five or more words in sequence are taken from a source, those words must be placed in quotes and the source referenced with author's name, date of publication, and page number of publication. If the author's ideas are rephrased, by transposing words or expressing the same idea using different words, the idea must be attributed to the author by proper referencing, giving the author's name and date of publication. If a single author's ideas are discussed in more than one paragraph, the author must be referenced at the end of each paragraph. Authors whose words or ideas have been used in the preparation of a paper must be listed in the references cited at the end of the paper. Students are encouraged to review the plagiarism module from the UT Arlington Central Library via <http://library.uta.edu/tutorials/Plagiarism>

Student Support Services:

UT Arlington provides a variety of resources and programs designed to help students develop academic skills, deal with personal situations, and better understand concepts and information related to their courses. Resources include [tutoring](#), [major-based learning centers](#), developmental education, [advising and mentoring](#), personal counseling, and [federally funded programs](#). For individualized referrals, students may visit the reception desk at University College (Ransom Hall), call the Maverick Resource Hotline at 817-272-6107, send a message to resources@uta.edu, or view the information at <http://www.uta.edu/universitycollege/resources/index.php>.

The IDEAS Center (2nd Floor of Central Library) offers **free** tutoring to all students with a focus on transfer students, sophomores, veterans and others undergoing a transition to UT Arlington. To schedule an appointment with a peer tutor or mentor email IDEAS@uta.edu or call (817) 272-6593.

The English Writing Center (411LIBR): [Optional.] The Writing Center Offers free tutoring in 20-, 40-, or 60-minute face-to-face and online sessions to all UTA students on any phase of their UTA coursework. Our hours are 9 am to 8 pm Mon.-Thurs., 9 am-3 pm Fri. and Noon-6 pm Sat. and Sun. Register and make appointments online at <http://uta.mywconline.com>. Classroom Visits, workshops, and specialized services for graduate students are also available. Please see www.uta.edu/owl for detailed information on all our programs and services.

The Library's 2nd floor Academic Plaza offers students a central hub of support services, including IDEAS Center, University Advising Services, Transfer UTA and various college/school advising hours. Services are available during the library's hours of operation.

<http://library.uta.edu/academic-plaza>

Electronic Communication Policy:

The University of Texas at Arlington has adopted the University "MavMail" address as the sole official means of communication with students. MavMail is used to remind students of important deadlines, advertise events and activities, and permit the University to conduct official transactions exclusively by electronic means. For example, important information concerning registration, financial aid, payment of bills, and graduation are now sent to students through the MavMail system. All students are assigned a MavMail account. Students are responsible for checking their MavMail regularly. Information about activating and using MavMail is available at <http://www.uta.edu/oit/email/>. There is no additional charge to students for using this account, and it remains active even after they graduate from UT Arlington.

To obtain your NetID or for logon assistance, visit <https://webapps.uta.edu/oit/selfservice/>. If you are unable to resolve your issue from the Self-Service website, contact the Helpdesk at helpdesk@uta.edu.

Campus Carry:

Effective August 1, 2016, the Campus Carry law (Senate Bill 11) allows those licensed individuals to carry a concealed handgun in buildings on public university campuses, except in locations the University establishes as prohibited. Under the new law, openly carrying handguns is not allowed on college campuses. For more information, visit <http://www.uta.edu/news/info/campus-carry/>

Student Feedback Survey:

At the end of each term, students enrolled in classes categorized as lecture, seminar, or laboratory shall be directed to complete a Student Feedback Survey (SFS). Instructions on how to access the SFS for this course will be sent directly to each student through MavMail approximately 10 days before the end of the term. Each student's feedback enters the SFS database anonymously and is aggregated with that of other students enrolled in the course. UT Arlington's effort to solicit, gather, tabulate, and publish student feedback is required by state law; students are strongly urged to participate. For more information, visit <http://www.uta.edu/sfs>.

Emergency Exit Procedures:

Should we experience an emergency event that requires us to vacate the building, students should exit the room and move toward the nearest stairwell. When exiting the building during an emergency, one should never take an elevator but should use the stairwells. Faculty members and instructional staff will assist students in selecting the safest route for evacuation and will make

arrangements to assist handicapped individuals.

LIBRARY INFORMATION:

UTA Library: <http://www.uta.edu/library/help/subject-librarians.php>

Nursing Librarians:

Gretchen Trkay gtrkay@uta.edu

Peace Ossom Williamson peace@uta.edu

Lydia Pyburn llpyburn@uta.edu

Heather Scalf scalf@uta.edu

RaeAnna Jeffers raeanna.jeffers@uta.edu

Research Information on Nursing: <http://libguides.uta.edu/nursing>

RN-BSN PROGRAM

SUPPORT STAFF:

Pamela Smith, *Coordinator III, Special Programs*
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COLLEGE OF NURSING INFORMATION

UTA College of Nursing Policy

Effective for students entering the nursing program Fall 2009 (Jr I) and forward, the following policy applies:

Students within the program, enrolled in an upper division NURS course are permitted to drop the course one time. Upon attempting the course for the second time, the earned grade is retained. Students may drop no more than three upper division NURS courses during their undergraduate career. Elective and pre-nursing courses are exempt from this policy.

STUDENT CODE OF ETHICS:

The University of Texas at Arlington College of Nursing supports the Student Code of Ethics Policy. Students are responsible for knowing and complying with the Code. The Code can be found in the Student Handbook.

CLASSROOM CONDUCT GUIDELINES:

The Faculty of the RN-BSN Program believes that classroom teaching has two goals: the provision of content pertinent to the discipline of nursing and the socialization of students into the professional role. We are committed to providing the curriculum in an atmosphere conducive to student learning and in a manner that will prepare graduates to be successful in the health care workplace. Refer to the Student Handbook for more information.

BLACKBOARD CONDUCT:

The BLACKBOARD discussion board should be viewed as a public and professional forum for course related discussions.

Students are free to discuss academic matters and consult one another regarding academic resources. The tone of BLACKBOARD postings should be professional in nature.

It is not appropriate to post statements of a personal or political nature, or statements criticizing classmates or faculty.

Inappropriate statements/language will be deleted by the course faculty and may result in denied access to the Main Discussion board.

Refer to UTACON RN-BSN Student Handbook for more information.

Rules for Blackboard

1. It is the student's responsibility to check Blackboard every day for course related information.

Blackboard Etiquette

1. Discussion postings are for class-related activities only. No political postings or non-related class postings are allowed. Separate discussion board is created by Pam Smith for discussions related to senior activities like pinning, Sigma Theta Tau induction and/or Graduation information.
2. Questions posted on the discussion board by students will be answered in a timely manner. On weekends or evenings, questions may not be answered. Please post questions about exams early the day before the exam, as these may not be answered after 5:00 p.m. If a student has a question about an exam that may benefit the entire group, please post it on the discussion board.

NO GIFT POLICY:

In accordance with Regents Rules and Regulations and the UTA Standards of Conduct, the College of Nursing has a "no gift" policy. A donation to the UTA College of Nursing Scholarship Fund would be an appropriate way to recognize a faculty member's contribution to your learning. For information regarding the Scholarship Fund, please contact the Dean's office.

OBSERVANCE OF RELIGIOUS HOLY DAYS:

Undergraduate Nursing faculty and students shall follow the University policy regarding Observance of Religious Holy Days:

(http://web.uta.edu/catalog/content/general/academic_regulations.aspx#6)

The Student Handbook can be found by going to the following link:

<http://www.uta.edu/nursing/bsn-program/> and clicking on the link titled BSN Student Handbook.

Emergency Phone Numbers: In case of an on-campus emergency, call the UT Arlington Police Department at **817-272-3003** (non-campus phone), **2-3003** (campus phone). You may also dial 911. Non-emergency number 817-272-3381