ABNORMAL PSYCHOLOGY PSYC 3318-001, SPRING 2019

Meeting Time: Tuesday/Thursday 9:30-10:50 A.M. Room: Science & Engineering Innovation & Research (SEIR) Building 198

Instructor: Eric Salas

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Office Hours: Tuesday/Thursday 11 A.M-12:30 P.M. (Or by appointment)

Office: Life Sciences 306

Course Description:

This course is designed to provide information about the diagnostic assessment, major forms of psychopathology, classification, etiology, and treatment of major disorders.

Textbook(s) and Materials: Durand, Barlow, & Hoffmann, Essentials of Abnormal Psychology, 8th Edition

Attendance: At The University of Texas at Arlington, taking attendance is not required. Rather, each faculty member is free to develop his or her own methods of evaluating students' academic performance, which includes establishing course-specific policies on attendance. As the instructor of this section, I am not making attendance a requirement. However, attendance may be taken at random throughout the semester and used as extra credit. Although attendance is not required, I highly recommend attending class; students who have done so in the past typically perform much better than those who have not. However, while UT Arlington does not require instructors to take attendance in their courses, the U.S. Department of Education requires that the University have a mechanism in place to mark when Federal Student Aid recipients "begin attendance in a course." UT Arlington instructors will report when students begin attendance in a course as part of the final grading process. Specifically, when assigning a student a grade of F, faculty report the last date a student attended their class based on evidence such as a test, participation in a class project or presentation, or an engagement online via Blackboard. This date is reported to the Department of Education for federal financial aid recipients.

Grading/Final Grade Policy: Final grades will be determined by on the following criteria:

Journals (4 @ 15 points each)	60 points
Exams (4 @ 100 points each)	400 points
Total	460 points

Grading Scale	
Point Value	Letter Grade
412-460	A
366-411	В
320-365	С
274-319	D
273 and lower	F

Grades will be assigned on the basis of the final distribution of the sums of all students' total points. Criteria for each letter grade will be determined on the basis of this distribution, but sums in the range of 90-100% will always earn A range grades, sums in the range of 80-89% will always earn at least B range grades, sums in the range of 70-79% will always earn at least C range grades.

Journals: Students will find one academic journal related to any concept covered in the current unit and summarize the article. For each journal, students will need to summarize the source, indicate the researcher(s)' argument, include any methodology, and offer their personal opinion on the article. Journals will need to be at least one page in APA format. Per unit, students will be required to complete one journal. Journals will be due on exam days before 11:59 P.M. All journals must be submitted through Blackboard.

Exams: Exam grades will be determined by performance on four exams, and a final cumulative exam. Each exam will be given online through Blackboard and will utilize Respondus Lockdown Browser. Students will be allowed to drop lowest exam grade. Only the top four exam scores will be included in final grade calculations. All material presented in lecture, textbook, videos, and other class activities may appear on the exams. Students will not need to attend class on exam days.

Make-up Policy: Makeup exams may be offered only if documentation is provided indicating that circumstances beyond a student's control had prevented them from taking a scheduled exam. A note from a friend or family member is not acceptable documentation. A request for a makeup exam must be made before or no later than the next class period following the missed exam. Given that the final is optional, there will be no make-ups offered for the final.

Drop Policy: Students may drop or swap (adding and dropping a class concurrently) classes through self-service in MyMav from the beginning of the registration period through the late registration period. After the late registration period, students must see their academic advisor to drop a class or withdraw. Undeclared students must see an advisor in the University Advising Center. Drops can continue through a point two-thirds of the way through the term or session. It is the student's responsibility to officially withdraw if they do not plan to attend after registering. **Students will not be automatically dropped for non-attendance**. Repayment of certain types of financial aid administered through the University may be required as the result of dropping classes or withdrawing. For more information, contact the Office of Financial Aid and Scholarships (http://wweb.uta.edu/aao/fao/).

Disability Accommodations: UT Arlington is on record as being committed to both the spirit and letter of all federal equal opportunity legislation, including *The Americans with Disabilities Act (ADA)*, *The Americans with Disabilities Amendments Act (ADAAA)*, and *Section 504 of the Rehabilitation Act*. All instructors at UT Arlington are required by law to provide "reasonable accommodations" to students with disabilities, so as not to discriminate on the basis of disability. Students are responsible for providing the instructor with official notification in the form of a **letter certified** by the Office for Students with Disabilities (OSD). Only those students who have officially documented a need for an accommodation will have their request honored. Students experiencing a range of conditions (Physical, Learning, Chronic Health, Mental Health,

and Sensory) that may cause diminished academic performance or other barriers to learning may seek services and/or accommodations by contacting:

The Office for Students with Disabilities, (OSD) www.uta.edu/disability or calling 817-272-3364. Information regarding diagnostic criteria and policies for obtaining disability-based academic accommodations can be found at www.uta.edu/disability.

<u>Counseling and Psychological Services, (CAPS)</u> <u>www.uta.edu/caps/</u> or calling 817-272-3671 is also available to all students to help increase their understanding of personal issues, address mental and behavioral health problems and make positive changes in their lives.

Non-Discrimination Policy: The University of Texas at Arlington does not discriminate on the basis of race, color, national origin, religion, age, gender, sexual orientation, disabilities, genetic information, and/or veteran status in its educational programs or activities it operates. For more information, visit uta.edu/eos.

Title IX Policy: The University of Texas at Arlington ("University") is committed to maintaining a learning and working environment that is free from discrimination based on sex in accordance with Title IX of the Higher Education Amendments of 1972 (Title IX), which prohibits discrimination on the basis of sex in educational programs or activities; Title VII of the Civil Rights Act of 1964 (Title VII), which prohibits sex discrimination in employment; and the Campus Sexual Violence Elimination Act (SaVE Act). Sexual misconduct is a form of sex discrimination and will not be tolerated. *For information regarding Title IX, visit* www.uta.edu/titleIX or contact Ms. Jean Hood, Vice President and Title IX Coordinator at (817) 272-7091 or jmhood@uta.edu.

Academic Integrity: Students enrolled all UT Arlington courses are expected to adhere to the UT Arlington Honor Code:

I pledge, on my honor, to uphold UT Arlington's tradition of academic integrity, a tradition that values hard work and honest effort in the pursuit of academic excellence. I promise that I will submit only work that I personally create or contribute to group collaborations, and I will appropriately reference any work from other sources. I will follow the highest standards of integrity and uphold the spirit of the Honor Code.

UT Arlington faculty members may employ the Honor Code in their courses by having students acknowledge the honor code as part of an examination or requiring students to incorporate the honor code into any work submitted. Per UT System *Regents' Rule* 50101, §2.2, suspected violations of university's standards for academic integrity (including the Honor Code) will be referred to the Office of Student Conduct. Violators will be disciplined in accordance with University policy, which may result in the student's suspension or expulsion from the University. Additional information is available at https://www.uta.edu/conduct/.

Electronic Communication: UT Arlington has adopted MavMail as its official means to communicate with students about important deadlines and events, as well as to transact university-related business regarding financial aid, tuition, grades, graduation, etc. All students

are assigned a MavMail account and are responsible for checking the inbox regularly. There is no additional charge to students for using this account, which remains active even after graduation. Information about activating and using MavMail is available at http://www.uta.edu/oit/cs/email/mavmail.php.

Campus Carry: Effective August 1, 2016, the Campus Carry law (Senate Bill 11) allows those licensed individuals to carry a concealed handgun in buildings on public university campuses, except in locations the University establishes as prohibited. Under the new law, openly carrying handguns is not allowed on college campuses. For more information, visit http://www.uta.edu/news/info/campus-carry/

Student Feedback Survey: At the end of each term, students enrolled in face-to-face and online classes categorized as "lecture," "seminar," or "laboratory" are directed to complete an online Student Feedback Survey (SFS). Instructions on how to access the SFS for this course will be sent directly to each student through MavMail approximately 10 days before the end of the term. Each student's feedback via the SFS database is aggregated with that of other students enrolled in the course. Students' anonymity will be protected to the extent that the law allows. UT Arlington's effort to solicit, gather, tabulate, and publish student feedback is required by state law and aggregate results are posted online. Data from SFS is also used for faculty and program evaluations. For more information, visit http://www.uta.edu/sfs.

Final Review Week: for semester-long courses, a period of five class days prior to the first day of final examinations in the long sessions shall be designated as Final Review Week. The purpose of this week is to allow students sufficient time to prepare for final examinations. During this week, there shall be no scheduled activities such as required field trips or performances; and no instructor shall assign any themes, research problems or exercises of similar scope that have a completion date during or following this week *unless specified in the class syllabus*. During Final Review Week, an instructor shall not give any examinations constituting 10% or more of the final grade, except makeup tests and laboratory examinations. In addition, no instructor shall give any portion of the final examination during Final Review Week. During this week, classes are held as scheduled. In addition, instructors are not required to limit content to topics that have been previously covered; they may introduce new concepts as appropriate.

Emergency Exit Procedures: Should we experience an emergency event that requires us to vacate the building, students should exit the room and move toward the nearest exit, which is located in the front of the classroom. When exiting the building during an emergency, one should never take an elevator but should use the stairwells. Faculty members and instructional staff will assist students in selecting the safest route for evacuation and will make arrangements to assist individuals with disabilities. Evacuation plans may be found at http://www.uta.edu/campus-ops/ehs/fire/Evac_Maps_Buildings.php.

Student Support Services: UT Arlington provides a variety of resources and programs designed to help students develop academic skills, deal with personal situations, and better understand concepts and information related to their courses. Resources include <u>tutoring</u>, <u>major-based</u> <u>learning centers</u>, developmental education, <u>advising and mentoring</u>, personal counseling, and <u>federally funded programs</u>. For individualized referrals, students may visit the reception desk at

University College (Ransom Hall), call the Maverick Resource Hotline at 817-272-6107, send a message to resources@uta.edu, or view the information at http://www.uta.edu/universitycollege/resources/index.php.

Class Schedule – Spring 2019

Date	Material
Jan 15	Introduction/Syllabus
Jan 17	Chapter 1: Abnormal Behavior in Historical Context
Jan 22	
Jan 24	Chapter 2: An Integrative Approach to
Jan 29	Psychopathology
Jan 31	Chapter 3: Clinical Assessment, Diagnosis, and
Feb 5	Research in Psychopathology
Feb 7	Exam 1/Journal Due
Feb 12	Chapter 4: Anxiety, Trauma- and Stressor- Related,
Feb 14	and Obsessive-Compulsive and Related Disorders
Feb 19	Chapter 5: Somatic Symptom and Related Disorders
Feb 21	and Dissociative Disorders
Feb 26	Chapter 6: Mood Disorders and Suicide
Feb 28	
Mar 5	Exam 2/Journal Due
Mar 7	Chapter 7: Physical Disorders and Health
	Psychology
Mar 11-16	Spring Break-No Classes
Mar 11-16 Mar 19	Spring Break-No Classes Chapter 7: Physical Disorders and Health
Mar 19	Spring Break-No Classes Chapter 7: Physical Disorders and Health Psychology
Mar 19 Mar 21	Spring Break-No Classes Chapter 7: Physical Disorders and Health
Mar 19 Mar 21 Mar 26	Spring Break-No Classes Chapter 7: Physical Disorders and Health Psychology Chapter 8: Eating and Sleep-Wake Disorders
Mar 19 Mar 21 Mar 26 Mar 28	Spring Break-No Classes Chapter 7: Physical Disorders and Health Psychology Chapter 8: Eating and Sleep-Wake Disorders Chapter 9: Sexual Dysfunctions, Paraphilic
Mar 19 Mar 21 Mar 26 Mar 28 Apr 2	Spring Break-No Classes Chapter 7: Physical Disorders and Health Psychology Chapter 8: Eating and Sleep-Wake Disorders Chapter 9: Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria
Mar 19 Mar 21 Mar 26 Mar 28 Apr 2 Apr 4	Spring Break-No Classes Chapter 7: Physical Disorders and Health Psychology Chapter 8: Eating and Sleep-Wake Disorders Chapter 9: Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria Exam 3/Journal Due
Mar 19 Mar 21 Mar 26 Mar 28 Apr 2 Apr 4 Apr 9	Spring Break-No Classes Chapter 7: Physical Disorders and Health Psychology Chapter 8: Eating and Sleep-Wake Disorders Chapter 9: Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria Exam 3/Journal Due Chapter 10: Substance-Related, Addictive, and
Mar 19 Mar 21 Mar 26 Mar 28 Apr 2 Apr 4 Apr 9 Apr 11	Spring Break-No Classes Chapter 7: Physical Disorders and Health Psychology Chapter 8: Eating and Sleep-Wake Disorders Chapter 9: Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria Exam 3/Journal Due Chapter 10: Substance-Related, Addictive, and Impulse-Control Disorders
Mar 19 Mar 21 Mar 26 Mar 28 Apr 2 Apr 4 Apr 9 Apr 11 Apr 16	Spring Break-No Classes Chapter 7: Physical Disorders and Health Psychology Chapter 8: Eating and Sleep-Wake Disorders Chapter 9: Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria Exam 3/Journal Due Chapter 10: Substance-Related, Addictive, and
Mar 19 Mar 21 Mar 26 Mar 28 Apr 2 Apr 4 Apr 9 Apr 11 Apr 16 Apr 18	Spring Break-No Classes Chapter 7: Physical Disorders and Health Psychology Chapter 8: Eating and Sleep-Wake Disorders Chapter 9: Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria Exam 3/Journal Due Chapter 10: Substance-Related, Addictive, and Impulse-Control Disorders Chapter 11: Personality Disorders
Mar 19 Mar 21 Mar 26 Mar 28 Apr 2 Apr 4 Apr 9 Apr 11 Apr 16 Apr 18 Apr 23	Spring Break-No Classes Chapter 7: Physical Disorders and Health Psychology Chapter 8: Eating and Sleep-Wake Disorders Chapter 9: Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria Exam 3/Journal Due Chapter 10: Substance-Related, Addictive, and Impulse-Control Disorders Chapter 11: Personality Disorders Chapter 12: Schizophrenia Spectrum and Other
Mar 19 Mar 21 Mar 26 Mar 28 Apr 2 Apr 4 Apr 9 Apr 11 Apr 16 Apr 18 Apr 23 Apr 25	Spring Break-No Classes Chapter 7: Physical Disorders and Health Psychology Chapter 8: Eating and Sleep-Wake Disorders Chapter 9: Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria Exam 3/Journal Due Chapter 10: Substance-Related, Addictive, and Impulse-Control Disorders Chapter 11: Personality Disorders Chapter 12: Schizophrenia Spectrum and Other Psychotic Disorders
Mar 19 Mar 21 Mar 26 Mar 28 Apr 2 Apr 4 Apr 9 Apr 11 Apr 16 Apr 18 Apr 23	Spring Break-No Classes Chapter 7: Physical Disorders and Health Psychology Chapter 8: Eating and Sleep-Wake Disorders Chapter 9: Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria Exam 3/Journal Due Chapter 10: Substance-Related, Addictive, and Impulse-Control Disorders Chapter 11: Personality Disorders Chapter 12: Schizophrenia Spectrum and Other Psychotic Disorders Exam 4/Journal Due
Mar 19 Mar 21 Mar 26 Mar 28 Apr 2 Apr 4 Apr 9 Apr 11 Apr 16 Apr 18 Apr 23 Apr 25	Spring Break-No Classes Chapter 7: Physical Disorders and Health Psychology Chapter 8: Eating and Sleep-Wake Disorders Chapter 9: Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria Exam 3/Journal Due Chapter 10: Substance-Related, Addictive, and Impulse-Control Disorders Chapter 11: Personality Disorders Chapter 12: Schizophrenia Spectrum and Other Psychotic Disorders

The instructors reserve the right to adjust this schedule in any way that serves the educational needs of the students enrolled in this course. Adjustments will be communicated via blackboard or in class.

Final Exam Schedule: http://www.uta.edu/records/calendars/final-exams.php